



SEATTLE  
HUMAN  
SERVICES

# Age-Friendly Community

## City Council Committee on Human Services and Public Health

---

Wednesday, March 30, 2016 | Seattle Human Services Department | Catherine Lester, Director

Mayor Ed Murray  
Deputy Mayor Kate Joncas  
Deputy Mayor Hyeok Kim

# Briefing Objectives

---

## 1. Background & Context

- Human Services, Aging & Disability Services

## 2. Age-Friendly Community Framework

## 3. Age-Friendly in Action

- Voices from the Community: Aging & Disability Services Advisory Council

# Human Services Department

---

**Youth & Family  
Empowerment**



**Community  
Support &  
Assistance**



**Aging &  
Disability  
Services**



**Leadership &  
Administration**



**Healthy Communities, Healthy Families**

# Aging & Disability Services

---

- Area Agency on Aging (AAA) for Seattle/King County
- ADS funded services reach 40,000 individuals each year.
- Case management services to 10,700 people/month
- Support and wraparound services (i.e. food and meal services, family caregiver, depression prevention, etc.)
- 170 staff, \$41.5 M budget, 124 contracts
- ADS Advisory Council and Sponsors

# A Great Place to Grow Up and Grow Old

---

“The most successful and vibrant communities of the future will be those that allow for and actively encourage greater mobility, productivity, optimal health and well-being. An age-friendly community works for residents of all ages and is also one in which leaders understand the needs and preferences of older adults.”

*--Grantmakers in Aging*

# The Age Wave



By **2040**, the percent of residents age 60 and older in King County is projected to grow to nearly

**25%**



# What is an Age-Friendly Community?

---

- A framework to address environmental, economic and social factors that influence health and well-being of older adults
- Criteria developed by World Health Organization (WHO)
- Portland and New York were first two cities in U.S. to achieve WHO Age Friendly designation
- AARP supports network of communities/cities in North America

# Eight Domains of Livability



## Outdoor spaces and buildings

NW Universal Design: <http://www.environmentsforall.org/>



## Transportation

Move Seattle: <http://www.seattle.gov/transportation/>



## Housing

HALA: <http://www.seattle.gov/hala>



## Social participation

Senior Centers: <http://seniorservices.org/>



## Respect and social inclusion

Re-Thinking Aging: <http://www.frameworksinstitute.org/aging.html>



## Civic participation and employment

MOSC: <http://www.seattle.gov/humanservices/>



## Communication and information

Community Living Connections: <http://www.clconnections.org/>



## Community support and health services

ADS: <http://www.agingkingcounty.org/>



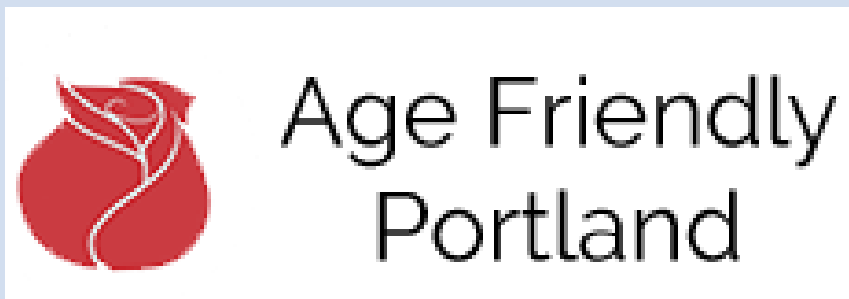
# Successful Strategies

[agefriendlynyc.org](http://agefriendlynyc.org)



NYC's *Safe Streets for Seniors* program helped decrease pedestrian fatalities by 21%.

[agefriendlyportland.org](http://agefriendlyportland.org)



Certified Age Friendly  
Business Directory

# Process for Joining the Age-Friendly Network

## Step 1: Prepare & Launch

Secure  
Political  
Commitment

Organize  
Stakeholders

## Step 2: Assess & Plan

Conduct  
Assessment

Develop  
Action Plan

## Step 3: Implement & Evaluate

Measure  
Progress

Engage in  
Continuous  
Improvement

# Local Partners

---

- Government
- Business community
- Aging and human services providers
- Housing Providers
- Advocacy organizations and coalitions
- Villages and neighborhood networks
- Healthcare and Behavioral Health systems
- Transportation providers / systems
- Research institutions
- Philanthropy

# Opportunities

---

- Create a coordinated and comprehensive action plan to integrate an aging focus into local/regional initiatives and strategic plans
  - City initiatives: HALA, Move Seattle
  - Equity / Social Justice
  - County initiatives: Vets and Human Services Levy, Accountable Communities of Health
- Create educational and engagement opportunities to discuss aging friendly-preparedness

# Age-Friendly in Action

---

Voices from the community on rethinking aging and reconsidering how our community can best serve and benefit from this growing population.