




City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: <i>Kashina Groves</i>		
Board/Commission Name: <i>Seattle Bicycle Advisory Board</i>		Position Title: <i>Member 2</i>
<input type="checkbox"/> Appointment OR <input checked="" type="checkbox"/> Reappointment	Council Confirmation required? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Appointing Authority: <input checked="" type="checkbox"/> Council <input type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i>	Term of Position: * 9/1/2020 to 8/31/2022 <input type="checkbox"/> <i>Serving remaining term of a vacant position</i>	
Residential Neighborhood: <i>Beacon Hill</i>	Zip Code: <i>98144</i>	Contact Phone No.: [REDACTED]
Background: <i>Kashina is a Beacon Hill biking mom and palliative care nurse practitioner. She first fell in love with biking in Seattle in 2008 and hasn't hit the brakes since. After being hit by a pickup truck while biking home one night through a notoriously dangerous intersection she got involved with Beacon Hill Safe Streets (BHSS), a volunteer group in her neighborhood organizing for safer transportation infrastructure. Through volunteering with BHSS and the city-wide Seattle Neighborhood Greenways in partnership with other government and grassroots organizations, she has witnessed transformations of dangerous routes into All Ages and Abilities routes while seeing other streets left behind. Kashina recognizes that there are many voices often left out of the mainstream bicycle movement including those of people of color, older adults, women/trans/femme/nonbinary, and children, and she hopes to center these voices in her second term on the Seattle Bicycle Advisory Board.</i>		
Authorizing Signature (original signature): 	Appointing Signatory: <i>Councilmember Alex Pedersen</i>	
Date Signed (appointed):		

*Term begin and end date is fixed and tied to the position and not appointment date.

Kashina Groves, MSN, GNP-BC, ARNP, ACHPN

Licenses and Certifications

- Washington State Advanced Registered Nurse Practitioner License, full prescriptive authority, first issued November 2011, current.
- Drug Enforcement Administration License, Schedules II-V, issued February 2012, current
- Geriatric Nurse Practitioner- Board Certified by American Nurses Credentialing Center, October 2011, current.
- Advanced Certified Hospice and Palliative Nurse, issued by the National Board for Certification of Hospice and Palliative Nurses. September 2012, current
- Basic Life Support, current.

Education

- Seattle University, Seattle, Washington June 2009 – August 2011
 - Master of Science in Nursing, Gerontological Nurse Practitioner Specialization
- University of Washington, Seattle, Washington September 2002 – June 2006
 - Bachelor of Arts in Philosophy and Environmental Health with a minor in Medical History and Ethics

Advanced Registered Nurse Practitioner Experience

Palliative Care Nurse Practitioner

Swedish Ambulatory Palliative Care Clinic | Seattle, Washington

May 2015 - Present

- Provide symptom management and goals of care discussions for seriously ill patients and their families.
- Provide palliative care services in the Swedish Neuroscience Institutes weekly multidisciplinary ALS clinic.
- Prepare and deliver lectures on palliative care topics including symptom management, advance care planning, communication, and death and dying to health care providers.

Geriatric Primary Care Nurse Practitioner

JADA Health Medical Housecalls | Seattle, Washington | January 2014 – January 2015

- Independently served as primary care practitioner for a panel of 50-60 homebound older adults in King County, including complete assessment and management of each patient's health needs within the scope of practice of the nurse practitioner.
- Collaborated with home health agencies, hospice agencies, pharmacies, and paid caregivers to deliver care to homebound older adults.
- Provided geriatric consultation services at Horizon House, a continuing care community in Seattle.

House Calls Practitioner

United HealthCare | King County, Washington | September 2013 – May 2014

- Independently performed 6-8 comprehensive wellness assessments per day for Medicare Advantage members in private residences.
- Provided health education focusing on geriatric syndromes.

Hospice and Palliative Care Nurse Practitioner

Hospice of Kitsap County | February 2012 — July 2013 | Kitsap County, Washington

- Independently acted as attending provider, medical management of a 15-bed freestanding hospice inpatient unit with average daily census of 3-5 acutely symptomatic hospice patients. Conducted family meetings to provide education and facilitate goals of care discussions. Develop and carry out care plans for patients in coordination with interdisciplinary team.
- Took on and improved quality of provider face-to-face visit program for hospice re-certification for compliance with Affordable Care Act, improving on-time completion to 100% since assuming responsibility of the program.
- Provided telephone and in-person consultation for nurses caring for complex patients with challenging symptoms across the agency, average daily census 60-80.
- Independently conducted home visits through palliative care house calls program, managed palliative care needs of patients with serious illnesses who were not on hospice services. Included conducting goals of care discussions and
- Founding member and interim chair of agency Medical Ethics Committee, participating in creating policies and procedures, providing case analysis and staff education.

Previous Work Experience

Patient Care Coordinator

Planned Parenthood of the Great Northwest | Seattle, Washington | July 2008 — May 2009

- Provided formal patient education and administrative support as part of a team of health care professionals in a busy reproductive health clinic
- Received extensive training in patient-centered, nonjudgmental communication and motivational interviewing.

Science Teacher

Pacific Science Center | Seattle, Washington | January 2007 — July 2008

- Traveled to Washington State elementary schools to delivery day-long science curriculum.
- Created and delivered staff continuing education modules.
- Authored curriculum revision for cellular biology lesson.

Professional Affiliations

- American Geriatrics Society, June 2013 – Present
- Hospice and Palliative Nurses Association, March 2012 – Present
- American Association of Nurse Practitioners, March 2013 – Present
- ARNPs United of Washington, December 2012 – Present

Seattle Bicycle Advisory Board

12 Members: Pursuant to Resolution 25534, all members subject to City Council confirmation, 2-year terms:

- 7 Mayor- appointed
- 5 City Council- appointed

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
		4	1.	Member	Yasir Alfarag	9/1/2019	8/31/2021	1	Mayor
2	F	5	2.	Member	Kashina Groves	9/1/2020	8/31/2022	2	City Council
1	M	3	3.	Member	Alexander Lew	9/1/2019	8/31/2021	2	Mayor
1	F	4	4.	Member	Andrea Lai	9/1/2019	8/31/2021	1	City Council
6	F	6	5.	Member	Emily Paine	9/1/2019	8/31/2021	2	Mayor
	M	7	6.	Member	Benjamin Estes	9/1/2019	8/31/2021	1	City Council
6	M	2	7.	Member	Andrew Dannenberg	9/1/2020	8/31/2022	2	Mayor
6	F	1	8.	Member	Meredith Hall	9/1/2020	8/31/2022	2	City Council
			9.	Member	Sarah Udelhofen	9/1/2020	8/31/2022	2	Mayor
6	M	2	10.	Member	Patrick W. Taylor	9/1/2020	8/31/2022	2	City Council
		3	11.	Member	Maimooma Rahim	9/1/2020	8/31/2022	1	Mayor
			12.	Get Engaged Member	Jose Ulises Nino Rivera	9/1/2020	8/31/2021	1	Mayor

SELF-IDENTIFIED DIVERSITY CHART

					(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Male	Female	Transgender	NB/ O/ U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	2	1			1					2			
Council	2	3			1	1				2			
Other													
Total	4	4			2	1				4			

Key:

*D List the corresponding *Diversity Chart* number (1 through 9)

**G List *gender*, M= Male, F= Female, T= Transgender, NB= Non-Binary, O= Other, U= Unknown

RD Residential Council District number 1 through 7 or N/A

Diversity information is self-identified and is voluntary.