

City of Seattle Boards & Commissions Notice of Appointment

Appointee Name:									
Dr. Paula Houston									
Board/Commission Name:		Position Title:							
Seattle Housing Authority Board of Com		Board Commissioner							
		Council Con	ouncil Confirmation required?						
Appointment OR Reappointm	ment	⊠ Yes	·						
		□ No							
Appainting Authority	Data								
Appointing Authority:		Appointed:	Term of Position: *						
Council	9/21/	2020	3/21/2020						
X Mayor			to						
Other: Fill in appointing authority			3/20/	/2024					
			□ 6.						
Decidential Neighborhood	7in Ca	- do.		rving remaining term of a vacant position					
Residential Neighborhood: Rainier Beach	Zip Co 98178		Contact Phone No.:						
	981/8	3							
Background:									
Dr. Paula Houston has over 20 years of le				1 0					
human services field and has served on the				S .					
keen interest in Seattle Housing Authority		_							
leadership role, currently serving as Vice				· ·					
Director of Healthcare Equity in the Office of the Chief Medical Officer at University of Washington									
Medicine. Prior to this position, Dr. Houston served as the CEO of Sound Generations, where she lead a									
\$16.4 million agency of 220 staff to provide support to approximately 70,000 seniors and families									
throughout King County. In conjunction with her ample experience working with large agencies &									
budgets, and her broad range of past experiences, Dr. Houston will continue to bring a bigpicture,									
strategic perspective to the SHA Board.									
Authorizing Signature (original signature	e):		Appointing Signatory:						
θ 10 1		Jenny A. Durkan							
Jenny A. Durker		Mayor of :	Mayor of Seattle						

^{*}Term begin and end date is fixed and tied to the position and not the appointment date.

BIO

Paula L. Houston, Ed.D.

Dr. Paula L. Houston is currently the CEO of Sound Generations in Seattle, Washington, the largest non-profit in the state providing services and programs to seniors and those who care for them. Previously to assuming the top leadership role at Senior Services, she spent eight years as the Executive Director for the Meredith Mathews East Madison YMCA, a vibrant urban branch of the YMCA of Greater Seattle and was the Association Director of Public Affairs. Her other professional experience is in public health and community health administration. She also has a background in the fitness industry.

Immediately prior to her tenure with the YMCA, Dr. Houston was the Clinic Manager at Carolyn Downs Family Medical Center, part of the community clinic system in Seattle. She spent seven years with Public Health, Seattle & King County as interim Division Manager for the Division of Alcoholism and Substance Abuse Services and District Administrator for the Central Region Special Health Services. Additionally, she was business entrepreneur and owned her own fitness and wellness center for two years.

Dr. Houston is an active community leader, particularly in Central and Southeast Seattle. She has a passion for supporting programs that focus on improving quality of life for a lifetime, in the effort to strengthen the overall health and well-being of the community. She is currently a member of Seattle Rotary #4, where she has held an officer position, sits on the board of the Alzheimer's Association and is a member of the Seattle Art Museum's Education and Community Engagement Committee. She has also been a member of numerous other non-profit boards and served two terms on the Seattle Women's Commission.

Dr. Houston's zeal for helping communities attain and maintain optimal health and well-being stems from her personal commitment to physical fitness and the spiritual and emotional strength that being active and fit creates. She fulfills this passion by being a competitive powerlifter. Dr. Houston is an eleven time national and five time world champion powerlifter. In addition to being an elite athlete within powerlifting, she is a state and national official, past Washington State Chair of USA Powerlifting, and has served on national USA Powerlifting committees. She has also been a volunteer for Special Olympics powerlifting for over 15 years, coordinating their summer games event. In 2006 and again in 2010, Dr. Houston was Washington's state's powerlifting Athlete of the Year. She is a member of the Washington State Powerlifting Hall of Fame and in 2012 was inducted in the USA Powerlifting National Hall of Fame.

Finally, Dr. Houston has a B.S. from Syracuse University, a master's degree in Health Administration from the University of Washington and earned her Doctorate in Educational Leadership from Seattle University in 2014.

Seattle Housing Authority Board

7 Members: Pursuant to *Resolution 29821 and RCW 35.82, all* members subject to City Council confirmation, 4-year terms:

- # City Council-appointed
- 7 Mayor-appointed
- # Other Appointing Authority-appointed (specify):

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
2	F	N/A	1.	Resident	Twyla Minor	10/01/18	9/30/22	1	Mayor
2	М	N/A	2.	Commissioner	Gerald Smiley	3/20/19	03/19/23	2	Mayor
6	М	N/A	3.	Commissioner, Chair	Paul Purcell	12/02/18	12/01/22	2	Mayor
2	М	N/A	4.	Commissioner	Robert Crutchfield	12/01/18	12/01/22	2	Mayor
2	F	N/A	5.	Commissioner, Vice-Chair	Paula L. Houston	3/21/20	3/20/24	2	Mayor
3	M	N/A	6.	Resident	Michael Diaz	3/21/19	3/20/23	1	Mayor
6	F	N/A	7.	Commissioner	Deborah Canavan Thiele	3/21/17	3/20/21	1	Mayor

SELF-IDENTIFIED DIVERSITY CHART					(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Male	Female	Transgender	NB/O/U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non- Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	4	3				4	1			2			
Council													
Other													
Total	4	3				4	1			2			

Key:

^{*}D List the corresponding *Diversity Chart* number (1 through 9)

^{**}G List gender, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown

RD Residential Council District number 1 through 7 or N/A