



# City of Seattle Boards & Commissions Notice of Appointment

<b>Appointee Name:</b> <i>Kristina M. Sawyckyj</i>		
<b>Board/Commission Name:</b> <i>Seattle Commission for People with DisAbilities</i>		<b>Position Title:</b> <i>Member</i>
<input checked="" type="checkbox"/> <b>Appointment</b> OR <input type="checkbox"/> <b>Reappointment</b>		<b>Council Confirmation required?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Appointing Authority:</b> <input checked="" type="checkbox"/> Council <input type="checkbox"/> Mayor <input type="checkbox"/> Other:	<b>Date Appointed:</b> 9/5/2018	<b>Term of Position: *</b> 5/1/2018 to 4/30/2020  <input checked="" type="checkbox"/> <i>Serving remaining term of a vacant position</i>
<b>Residential Neighborhood:</b> <i>Homeless</i>	<b>Zip Code:</b> <i>N/A</i>	<b>Contact Phone No.:</b>
<b>Background:</b> <i>Kristina is interested in working on policies and legislation that affects individuals and families with disabilities. She wants to work on the barriers that individuals with disabilities struggle with and suggest policies and ideas that can help remove them and promote inclusion. She sees a disparity in Seattle and hopes to bring these issues to the light and get involved in bridging gaps and providing equity to individuals like herself. She loves Seattle and wants to help make it a better place for all people that call Seattle their home or place of employment. She is dedicated to this work and she will be a strong member of the commission.</i>		
<b>Authorizing Signature (original signature):</b> 	<b>Appointing Signatory:</b> <i>Councilmember Lisa Herbold</i> <i>Seattle City Council, on behalf of the commission</i>	

\*Term begin and end date is fixed and tied to the position and not the appointment date.

# KRISTINA M. SAWYCKYJ, LPN

## EDUCATION

Community College of Denver  
Licensed Practical Nurse 2003

Seattle Central College  
Transfer credits 2018  
Estimated graduation date

Applying for transfer to either University of Washington, Seattle Pacific University or Seattle University.

Red Rocks Community College & Federal Emergency Management Agency  
Classes in Disaster Management including Emergency Planning, Exercise design, EOC Management and Operations, and Disaster Leadership classes.

## MILITARY EXPERIENCE-HOSPITALCORPSMAN –EMT/CPR INSTRUCTOR, EMERGENCY ROOM & FIELD MEDICAL TRIANING, FIRE FIGHTING EXPERINCE, PERSONNEL MANAGEMENT

USNAVY June 1987 – August 1987  
USNAVY June 1988 – September 1988  
USNAVY RESERVES May 1987 – November 1992

## VETERANS AFFAIRS RATED 70% SERVICE CONNECTED

## VOLUNTEER EXPERIENCE

Disability Right's Washington-Mental Health Advisory Council-Chair 2014-Current

Washington State Mental Health Advisory Council 2014-Current

Phi Theta Kappa-Honor Society 2015-Current

Washington Low Income Housing Alliance-Resident Action Network  
& Emerging Advocates Network 2015-Current  
Co-chair

Seattle Central College-Student Government Associated Student Council 2016-2017  
Communication representative

Seattle Central College-Student Veterans Association 2015-2017  
President-2016-2017  
Treasurer-2015-2016 Student Organization of the Year at Seattle Central

Colorado Cross Disability Coalition (CCDC)-Board Member 2009-2012  
CCDC advocates for Social Justice for people with all types of disabilities.

National Alliance for the Mental Illness (NAMI)-Colorado NAMI Veterans Council Representative 2008-2011

National Alliance for the Mental Illness (NAMI)-Colorado Springs Board Member &  
Colorado NAMI Veterans Council Representative 2007-2008  
NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need.

Parent to Parent of Colorado-Advisory Board Member 2007-2012

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Parent to Parent of Colorado is a non-profit organization committed to quality parent to parent support across Colorado.

<b>Colorado State Mental Health Planning Council- Family Board Member</b>	<b>2011</b>
<b>El Paso County Department of Human Services-Community Advisory Board</b>	<b>2010-2011</b>
<b>Colorado Department of Vocational Rehabilitation-State Rehab Council (SRC)</b> The SRC is to review analyze, and advise the Division of Vocational Rehabilitation regarding the performance of its responsibilities under the Rehabilitation Act.	<b>2004-2006</b>
<b>Federation of Families for Children's Mental Health-Denver/Aurora Chapter –Board Member</b>	<b>2001-2002</b>
<b>Colorado Springs Early Intervention Council</b>	<b>2004-2007</b>
<b>People United for Families-Board Member</b> Non-profit dedicated to advocacy and protection of programs for low-income Americans.	<b>1999-2004</b>
<b>Arizona Behavioral Health Consumer and Family Council</b>	<b>1996-1999</b>

#### RELATED EXPERIENCE

Citizens Emergency Response Trained-2013

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations.

Denver, CO

Depression and Bipolar Alliance of Colorado Springs-2009 Parent Group Leader

#### TRAININGS

- ◆ American Red Cross Trainings-Trained in Mass Care 1( 1995), Emergency Assistance to Families 1 & 2 (1996), Financial Assistance (1996), International Social Services (1996), Referral to Military Aid Societies (1996), Disaster Public Affairs 1 (1996), Public Affairs 1 (1996), Disaster Action team Workshop (2000), and Disaster Liaison 1 (2000).
- ◆ Parents Anonymous-Parent Educator-1995-1998
- ◆ Family Support Facilitator-Northern Arizona State University 1998
- ◆ Partner's in Policymaking-Arizona training 1998  
Training in advocacy for parents with special needs children.
- ◆ NAMI Young Family Facilitator Training 1998
- ◆ City and County of Denver-Citizens Police Academy 2001
- ◆ The Advocacy Project with Lee Mizer 2000-2001  
Advocacy training
- ◆ Partner's in Leadership-Colorado training 2001-2002  
Training in advocacy for parents with special needs children.
- ◆ The Coaching Project 11 weeks Training 2003
- ◆ Resident Leadership Facilitation by Annie E. Casey Foundation 2004
- ◆ 0-3 Early Intervention Training-Peak Parent Center 2005  
Training in early intervention services for kids birth to 3
- ◆ Colorado Cross Disability Coalition Advocacy training-2007
- ◆ NAMI Family to Family Facilitator Training 2008  
Training for NAMI's program for working with families with members with mental illness.

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- ◆ Leaderships Pikes Peak-Women's Community Leadership Incentive Program-2009
- ◆ NAMI Vision's Facilitator Training 2009  
Training for NAMI's program for working with young families with members with mental illness.
- ◆ City and County of Denver-Citizen's Emergency Responder (CERT)certified-2013

#### MEMBERSHIPS

Paralyzed Veterans of America-Lifetime Member  
Disabled American Veterans-Lifetime Member  
National Alliance of Mental Illness-Member 1992-current  
9 to 5 Alliance for Working Women-Member 1999-currrent  
Service Woman's Action Network-2012/2013 Participant  
Project Wise (Women empowerment support)-Member 1999-2014

# Seattle Commission for People with Disabilities

## August 2018

21 Members: Pursuant to *SMC 3.14.920*, all members subject to City Council confirmation,  
2-year terms:

- 8 City Council-appointed
- 9 Mayor-appointed (includes 1 Get-engaged Mayor position)
- 4 Other Appointing Authority-appointed (specify): Commission-appointed

**Roster:**

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
6	F	4	1.	Member	Rebecca A. Craemer	5/01/17	4/30/19	1	Mayor
6	F	3	2.	Member	Diana Harnett Chaikin	5/01/17	4/30/19	1	City Council
6	M	7	3.	Member	Eric L. Scheir	5/01/17	4/30/19	1	Mayor
6	M	6	4.	Member	Jayson Morris	5/01/17	4/30/19	1	City Council
2	NB	2	5.	Member	Dorian L. Esper-Taylor	11/1/17	10/31/19	1	Mayor
			6.	Member	VACANT	11/1/17	10/31/19	1	City Council
2	NB	5	7.	Member	ChrisTiana ObeySumner	11/1/17	10/31/19	2	Mayor
6	F	4	8.	Member	Dianne Laurine	11/1/17	10/31/19	2	Commission
4	F		9.	Member	Kristina Sawyckyj	5/01/18	4/30/20	1	City Council
2	F	3	10.	Member	Anquida Adams	5/01/18	4/30/20	1	Mayor
6	F	7	11.	Member	Jessica Williams-Hall	5/01/18	4/30/20	1	City Council
6	M	7	12.	Member	Matt Kanter	5/01/18	4/30/20	1	Mayor
6	M	3	13.	Member	VACANT	11/1/16	10/31/18	1	City Council
			14.	Member	VACANT	11/1/16	10/31/18	1	Mayor
			15.	Member	VACANT	11/1/16	10/31/18	1	City Council
6	F	7	16.	Get Engaged	Leah Miller	9/1/18	8/31/19	1	Mayor
			17.	Member	VACANT	5/01/18	4/30/20	1	City Council
			18.	Member	VACANT	11/1/18	10/31/20	1	Mayor
1	M	2	19.	Member	Daniel Kogita	5/01/18	4/30/20	1	Commission
6	NB	7	20.	Member	Shaun Bickley	11/1/18	10/31/20	1	Commission
			21.	Member	VACANT	5/01/18	4/30/20	1	Commission

**SELF-IDENTIFIED DIVERSITY CHART**

	(1)		(2)		(3)		(4)		(5)		(6)		(7)		(8)		(9)	
	Male	Female	Transgender	NB/ O/ U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial					
Mayor	2	3		2		3				4								
Council	2	3						1		4								
Other	1	1		1	1					2								
<b>Total</b>	<b>5</b>	<b>7</b>		<b>3</b>	<b>1</b>	<b>3</b>		<b>1</b>		<b>10</b>								

**Key:**

- \*D List the corresponding *Diversity Chart* number (1 through 9)
- \*\*G List *gender*, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown
- RD Residential Council District number 1 through 7 or N/A

*Diversity information is self-identified and is voluntary.*

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