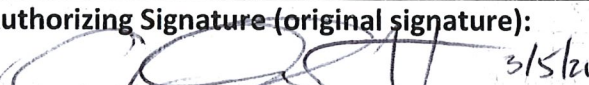




# City of Seattle Boards & Commissions Notice of Appointment

<b>Appointee Name:</b> <i>Carol Redfield</i>		
<b>Board/Commission Name:</b> Community Involvement Commission		<b>Position Title:</b> <i>Commissioner</i>
<input type="checkbox"/> Appointment <b>OR</b> <input checked="" type="checkbox"/> Reappointment	<b>City Council Confirmation required?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Appointing Authority:</b> <input type="checkbox"/> City Council <input type="checkbox"/> Mayor <input checked="" type="checkbox"/> Other: <i>Commission</i>	<b>Term of Position: *</b> 6/1/2020 <b>to</b> 5/31/2022  <input type="checkbox"/> <i>Serving remaining term of a vacant position</i>	
<b>Residential Neighborhood:</b> <i>Phinney Ridge/Greenlake</i>	<b>Zip Code:</b> <i>98103</i>	<b>Contact Phone No.:</b> <i>Business phone # - NOT personal phone #</i>
<p><b>Background:</b> Carol Redfield went to teach at Seattle Pacific University in 1998 after having served a Clinical Appointment position at the University of Washington (Dept of Physiological Nursing) since 1985. Clinical focus since 1979 has been predominately oncology as: Staff Oncology Nurse, Clinical Nurse Specialist, Oncology Service Coordinator-Educator, and Nurse Clinician. While teaching with undergraduate nursing students and precepting graduate students at SPU, oncology clinical work continued and but interest in the Older Adult population grew. Carol conducted a research involving nursing students and community-dwelling Older Adults whereby the results were published. Carol returned to school in 2015 to re-focus on gerontology and health policy at the University of Utah as a Noorda-Hartford Fellow, whereby she gained a Doctor of Nursing Practice (DNP) degree and a Graduate Certificate in Gerontology.</p> <p>Carol's current community involvement includes the following: Washington State Senior Citizen's Lobby, Washington Center for Nursing's Transition-to-Practice Subcommittee, Advance Care Planning Facilitator Group (Snohomish County Health Leadership Coalition), Washington State Fall Prevention Program, Hearthstone Retirement Community Board, Aging Options Network and Advisory.</p> <p><b>Statement for Community Involvement Commission, Seattle.</b> I am honored to be part of the City of Seattle's Community Involvement Commission. I hope to bring to the table conversations related to older adult population factors, aging issues, and related health policy items. I believe in sharing information because education can empower, elevate, and move all of us forward towards action and health.</p>		
<b>Authorizing Signature (original signature):</b>  3/5/21		<b>Appointing Signatory:</b> <i>Chris Maykut</i>

\*Term begin and end date is fixed and tied to the position and not the appointment date.

FILED  
CITY OF SEATTLE  
21 MAR 16 AM 11:55  
CITY CLERK

**Date Signed (appointed):**

3/5/21

*Co-Chair, Community Involvement Commission*

## CURRICULUM VITAE

Carol Redfield RN, BSN, MN, DNP



### ACADEMIC AND PROFESSIONAL EDUCATION (reverse chronologic order)

- 2015-2017 Doctor of Nursing Practice, Gerontology and Health Policy, College of Nursing, University of Utah, Salt Lake City, Utah
- 2012-2014 Non-matriculated Student, Seattle Pacific University, Seattle, Washington
- 1981-1983 Master's Degree in Nursing, Oncology Pathway Department of Physiological Nursing, University of Washington, Seattle, Washington
- 1976-1980 Baccalaureate Degree, Sciences in Nursing, University of British Columbia, Vancouver, British Columbia, Canada

### PROFESSIONAL EXPERIENCE (reverse chronologic order)

- 2017- Present Assistant Professor of Nursing, School of Health Sciences, Seattle Pacific University, Seattle, Washington
- 2017-Present Advisory Group for WA State Older Adult Fall Prevention Action Plan
- 2017-Present Advance Care Planning Facilitator, Snohomish County Health Leadership Coalition
- 2017-Present Board, Hearthstone Community Living, Seattle, Washington
- 2016-Present Transition-to-Practice Subcommittee Member, Washington Center for Nursing, Seattle, Washington
- 2015-2017 Noorda-Hartford Fellow, University of Utah, Salt Lake City, Utah
- 2016 Summer Fellow, National Council on Aging (NCOA), Washington DC
- 2015-2017 Affiliate Faculty, Seattle Pacific University, Seattle Washington
- 2015-2017 LTC Ombudsman, Seattle, Washington
- 2013-2015 Regular Faculty (0.7 FTE), School of Health Sciences, Seattle Pacific University, Seattle, Washington

- 2006 – 2013 Fulltime Faculty, School of Health Sciences, Seattle Pacific University, Seattle, Washington
- 2005 – 2006 Half-time Faculty, School of Health Sciences, Seattle Pacific University, Seattle, Washington
- 1998 – 2006 Adjunct Faculty, School of Health Sciences, Seattle Pacific University, Seattle, Washington
- 2013-2016 Medical Oncology Nurse, Swedish Cancer Institute, Seattle Washington
- 1989 – 2013 Nurse Clinician, Puget Sound Cancer Center, Seattle, Washington (acquisition by Swedish Cancer Institute, Seattle Washington, July 1<sup>st</sup>, 2013)
- 1985-1998 Clinical Appointment, Department of Physiological Nursing, University of Washington, Seattle, Washington
- 1992-1995 Childbirth Educator, Northwest Hospital, Seattle, Washington
- 1987-1988 Lecturer, Department of Community Health Care Systems, University of Washington, Seattle, Washington
- 1986-1989 Clinical Nurse Specialist, Everett Hematology-Oncology Clinic, Everett, Washington
- 1985-1986 Clinical Nurse Coordinator in Medical and Radiation Oncology Outpatient Services, Tumor Institute, Swedish Hospital Medical Center, Seattle, Washington
- 1983-1985 Clinical Nurse Specialist/Oncology Service Coordinator for Inpatient and Outpatient Units, Riverton Hospital, Seattle, Washington  
(Committee Involvement: Inservice Education, Professional Recognitions, Medical Ethics, Orientation, Tumor Board, Outpatient Services; Support Group Facilitator in Cancer Support Group and Mastectomy Self-Help Group)
- 1980-1981 Oncology Staff Nurse, Cancer Control Agency of British Columbia, Inpatient, Vancouver, BC, Canada
- 1978-1980 Medical-Surgical Staff Nurse, Vancouver General Hospital, Vancouver, BC, Canada

SHORT BIOGRAPHIC RESUME WHILE AT SEATTLE PACIFIC UNIVERSITY  
(1998-2015)

Responsibilities:

Clinical Instructor and Lecturer: sophomore level then junior level (when school changed from 7 quarter to 6 quarter program) in basic nursing practicum, community health theory (2006-2013), health promotion and assessment, human sexuality (2013), Older Adult Partnership Project (2009-Present). Committee: Junior Team (1989-2015)

Coordinator for Older Adult Partnership Project (2009-2015).

Clinical Instructor: community health practicum and synthesis internship, senior level, Committee: Senior Team (2002-2013)

Community Health Placement Coordinator : assisted Dr. Kathy Stetz while she was on sabbatical (Jan.-Aug, 2006; Nov-Mar, 2012)

Service Learning Experience with Dr. E. Hitchins (2006-2008)

Skills Lab Coordinator (2006-2012): increase skill practice (and staffing) in lab at all levels of simulation (standardized patient, low-, mid-, high-fidelity simulation); help senior nursing students “peer teach” junior students in open skills to enhance collaboration; work with faculty to institute ATI self-learning modules for junior students Fall 2008; work with various vendors to acquire up-to-date equipment and supplies for lab; work with staff nurse 1 day per year at contracted hospital partners to update.

Gero Liaison for SPU with Northwest Coalition for Excellence in Geriatric Nursing Education (2006-2010): attend coalition meetings annually, involved in steering and education committees, implementing goals of gero integration within our university

Curriculum Education Committee (2007-2013): add gero framework to junior practicum curriculum in the beginning of quarter; assist in revamping of curriculum change in junior practicum Fall 2008; obtain more lab practice hours for junior students; evaluating infusing of more simulation labs throughout 6 quarters

Academic Student Affairs Committee (2011-2015): student applications and student affairs

Advising students (2007-Present): freshmen, sophomore, transfer and currently enrolled nursing students

Learning Resource Committee (2007-2011)

Conferences and Scholarly Activities: (chronological order)

Video: Eating Healthy for Life, Student Internship Product (2007)

Video: The Good News About Fall Prevention, Student Internship Product (2008)

WIN Conference, Salt Lake City (2009)

Video: Taking Control of Your Future: Tips for Successful Aging, Student Internship product (2011)

WIN Conference, Portland, OR (2012)

Video: Hope for Lifespan Connections: Bridging the Intergenerational Divide (2013)

Research Activities:

SHARE program evaluations analyzed with Dr. Kathy Stetz (2003)

OAPP survey analysis with graduate students, under Dr. Susan Casey (2010-2014)

Assessing Psychosocial Processes in the Older Adult Partnership Program (2013-2016)

Conferences/Workshops/CE Attended:

Oncology Nursing Society's Annual Congress (2000, 2005)  
OCNE Conference, Eugene, WA, (2006)  
Infusion of Gerontology Curriculum,(2006)  
WCN Conference (P. Benner), Seattle, WA, (2007)  
Advancing Gerontological Nursing Innovative Approaches in Practice and Academic Settings (2008)  
GNEC Institute, San Diego, (2009)  
WIN Conference, Salt Lake City (2009)  
Healthier Aging for Wa State (2009)  
A Work of Heart: Implementing Excellence in Gerontologic Nursing Education, PLU (2010)  
CDSMP Facilitator Training (2010)  
WIN Conference, Portland (2012)  
PSONS-Fertility and Cancer (Sept2012)  
ONS-Quality Measures: From Development to Practice Change (Sept2012)  
Teens and Sex, Chap Clark, Fuller Seminary (Oct2012)  
The Future of Nursing leadership and Education by Patricia Benner (Oct 2012)  
Psi-at-Large Chapter, Celebrating 50 years (Puget Sound region)  
Evening Grand Rounds with Michelle Holmes MD, DrPH, MPH (Nov 2012)  
ASA and Breast Cancer Survival; Exercise and Breast Cancer Survivorship  
Cancer Navigation: Reducing Barriers to Timely Care (CE676 Gannett Education) (Apr 2013)  
Working Together for Elder Friendly Futures, UW Gerontology Conference (Sept 2013, Oct 2014)  
Washington State Senior Citizens' Lobby Day, Olympia, Washington (Feb 26, 2015)  
King County Long Term Care Ombudsman Training (May-June, 2015)  
13<sup>th</sup> Annual Rocky Mountain Geriatrics Conference, "The Aging Brain: Exploring the Intersection of Behavioral and Cognitive Disorders", Salt Lake City (August, 2015)  
New Developments on Falls Prevention, Renton, Washington (Oct 15, 2015)  
Authentic Partnerships in Dementia Care, University of Washington (Oct 19, 2015)  
Urban Institute: Longevity, Washington DC, June 2016  
Brookings Institute; Chronic Conditions & Medicare, Washington DC, June 2016  
Economic Policy Institute: Social Security Expansion, Washington DC, June 2016  
National Academy of Social Insurance, Washington DC, July 2016  
AARP Intergenerational Conference, Washington DC, July 2016  
Altarum Conference: American Cares, Washington DC, Nov 2016  
Washington State Senior Citizens' Fall Conference, Tacoma, Washington (Oct 28, 2015; Oct 27, 2016)

Workshops Attended on Campus:

Teaching 101 by Susan Gallagher from SPU (2005)  
“Leaving the Lectern” small group book discussion (2005)  
Fertility Preservation: Options, Challenges, Strategies (2012)  
Quality Measures: From Development to Practice Change (2012)  
Instructional Technology classes by David Wicks from SPU (2006)  
UNFD for faculty (3-day session, 09/2006)  
METI training (2 2-day sessions, 2007, 2008, 2010)  
Appreciation Inquiry by Trez Buckland from UW (2010)  
Discovery-Based Learning Workshop by Sarah E Shannon from UW (2011)  
Inclusive Teaching Workshop by Anu Taranath from UW (2011)  
Active Learning/Inverted Classroom by Margaret Diddams from SPU (2012)  
Academic Innovation Incubator (April 2015)  
Universal Design for Instruction (July 2015)

Simulation Conferences attended:

Lake Washington Tech College, Bellevue, WA -Laerdal Simulation Training, (2006)  
Clark College, Vancouver, WA – Simulation Set Up, (2007)  
Swedish Hospital sponsored by METI, Seattle, WA (2011)

Presentation:

Integrating Gero Content and Interest at Junior and Senior Level Learning at  
“Enhancing Gerontological Clinical Experiences”, Lake Oswego, OR, May 2008  
Students Create Video on Fall Prevention for Older Adults in the Community at  
WIN Conference, Salt Lake City, UT, April 2009  
Students Create Video on Tips to Successful Aging at WIN Conference,  
Portland, OR, April 2012  
Integrating Intergenerational Interactions: Older Adult Partnership Program at Shoreline  
Rotary Club meeting, Shoreline, WA, September 2014  
Changes Across Social Intergenerational Interaction at 2014 Mentoring Conference  
(Developmental Networking: Mentoring and Coaching at Work), Albuquerque,  
NM, October 2014  
Changes Across Social Intergenerational Interaction at graduate class (multigenerational  
concentration), University of Washington School of Social Work, Dr. Karen  
Fredriksen-Goldsen, Director of Hartford Center, November 2014  
Advance Care Planning Skill Acquisition to Ensign Services RN Managers, Salt Lake  
City, Utah, January 2017

Poster Presentation:

Annual Gerontological Nursing Conference, “Advancing Gerontological  
Nursing: Innovative Approaches in Practice and Academic Settings”, Seattle WA,  
(2008)  
Video on Fall Prevention to Promote Health in Older Adults at WSNA Conference,  
Seattle, WA, 2009  
Intergenerational Interaction to Enhance Aging Wellbeing and Student Learning at WIN  
Conference, Seattle, WA, 2014

Intergenerational Interaction to Enhance Aging Wellbeing and Student Learning at 2014 Mentoring Conference (Developmental Networking: Mentoring and Coaching at Work), Albuquerque, NM, 2014  
Shifts in Aging Attitudes, Knowledge, and Social Goals in Nursing Students at WIN Conference, Anaheim, CA, 2016  
Educating LTC RNs on Advance Care Planning at University of Utah Poster Defense, Salt Lake City, UT, 2017  
Educating LTC RNs on Advance Care Planning at WIN Conference, Denver, CO, 2017

Projects:

Healthy Eating for Life DVD for Crista Senior Living Facility for in house Chan. 28 . (Synthesis project, June, 2007) Published video.  
Fall Prevention DVD for public education. (Synthesis project June 2008) Published video.  
Getting to Know an Older Adult video: Dr. Margaret Brand. (Shelved)  
Collection of student reflections (data stored) on what they have learned from their residents and patients in junior year.  
Student Involvement with KCKC in CDSMP (Synthesis project May 2010)  
Older Adult Partnership Project (2009-2015)  
Take Control of Your Future: Tips to Successful Aging (Synthesis project June 2011) Published video.  
Hope for Lifespan Connection: Bridging the Intergenerational Divide (Synthesis project June 2013) Published video.  
Transition-to-Practice Template for non-hospital settings (2016-present, still in progress)  
DNP Scholarly Project: Educating Long Term Care Registered Nurses in the Competency Activity of Advance Care Planning (2016-present, dissertation oral and poster defense Mar 2017)

Unpublished:

Thesis: A Descriptive Study of Nurses' Attitudes and Knowledge in Brachytherapy Patient Care (1983)

Published:

WIN Conference Podium Presentation: Students Create Video on Fall Prevention for Older Adults in the Community (2009)  
WIN Conference Podium Presentation: Students Create Video on Tips to Successful Aging (2012)  
(Paper in Conference Proceeding) Intentional Intergenerational Interaction to Enhance Student Education and Aging Wellbeing (2014)  
Shifts in Attitudes, Knowledge, and Social Goals in Nursing Students Following Structured Contacts with Community-Dwelling Older Adults. Journal of Nursing Education. 2016 October. 55(10):569-673.

Community Involvement (reverse chronological):

Advance Care Planning Facilitator, Snohomish County Health Leadership Coalition



(2016-present)  
Professional Advisor, Aging Options, Education arm of Life Planning, Washington  
(2017-present)  
Advisory Board Member, Washington State Fall Prevention Program, Washington State  
Department of Health (2017-present)  
Board Member, Hearthstone Retirement Community (2017-present)  
Volunteer, Generations to Generations Project, Seattle (2016-present)  
Volunteer, Transition-to-Practice Committee, Washington Center for Nursing  
(2016-present)  
Community Member, Senior Citizen Lobby Group, Olympia, WA (2015-present)  
Evangelical Chinese Church membership, Sunday School mentorship, Care Ministry  
(1983-Present)  
Board Member, Puget Sound Christian Clinic (2011-2015)  
CDSMP Facilitator (2010-2015)  
Sigma Theta Tau, member (2012-Present)  
Western Institute of Nursing, member (2009-Present)  
PSONS (Puget Sound Oncology Nursing Society) (reactivated)  
Healthy Aging Partnership, King County (2008-Present)  
Participant, Northwest Chapter of the National Gerontological Nursing Association  
(2015- Present)  
Member, Volunteer Health Advocates-Aging Your Way Subcommittee, Senior Services  
(2014)  
Forum on Healthy Aging (It Takes a Village) participant, sponsored by 3in4Need More  
(2012)  
INACSL membership (2010)  
Board Member, Urban Impact Community Health Clinic (2009-2010)

Family: Married to Glenn -30 year  
Children – Lauren (28), Allison (26), Emily (24), John (21)

Revised 04/09;10/10; 02/12;10/12;12/12; 08/13; 11/13;11/14;10/15;11/16;4/17;5/17;6/20;12/06

# Community Involvement Commission

Sixteen Members: Pursuant to Ordinance 125192, all members subject to City Council confirmation, one – and two-year terms for the initial round of appointments, two-year terms thereafter:

- 7 City Council-appointed
- 7 Mayor-appointed
- 2 Other Appointing Authority-appointed (specify): Commission-appointed

## Roster April 2021

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
5	F	1	1.	City Council District #1	Jasmine Aryana	6/1/20	5/31/22	1	City Council
2	F	2	2.	City Council District #2	Thais Marbles	6/1/19	5/31/21	2	City Council
		3	3.	City Council District #3	VACANT	6/1/18	5/31/20		City Council
2	F	4	4.	City Council District #4	Martha Lucas	6/1/19	5/31/21	1	City Council
2	M	5	5.	City Council District #5	William H. Southern, Jr.	6/1/20	5/31/22	2	City Council
6	M	6	6.	City Council District #6	Chris Maykut	6/1/19	5/31/21	2	City Council
			7.	City Council District #7	VACANT	6/1/20	5/31/22		City Council
1	F	2	8.	Member At Large	Julie Pham	6/1/19	5/31/21	2	Mayor
			9.	Member At Large	VACANT	6/1/20	5/31/22		Mayor
			10.	Member At Large	VACANT	6/1/19	5/31/21		Mayor
			11.	Member At Large	VACANT	6/1/20	5/31/22		Mayor
1	F	7	12.	Member At Large	Emily Kim	6/1/19	5/31/21	2	Mayor
			13.	Member At Large	VACANT	6/1/19	5/31/21		Mayor
1	F	2	14.	Get Engaged Member	Robin Kim	9/1/20	8/31/21	1	Mayor
1	M	3	15.	Commissioner	Felix Yushin Chang	6/1/19	5/31/21	2	Commission
1	F	6	16.	Commissioner	Carol Redfield	6/1/20	5/31/22	2	Commission

### SELF-IDENTIFIED DIVERSITY CHART

					(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Male	Female	Transgender	NB/ O/ U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	1	5			2				1				1
Council	1	2			1	2			1	1			1
Other					2								
<b>Total</b>	<b>2</b>	<b>7</b>			<b>5</b>	<b>2</b>			<b>2</b>	<b>1</b>			<b>2</b>

#### Key:

\*D List the corresponding *Diversity Chart* number (1 through 9)

\*\*G List *gender*, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown

RD Residential Council District number 1 through 7 or N/A

*Diversity information is self-identified and is voluntary.*