



# City of Seattle Boards & Commissions Notice of Appointment

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|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Appointee Name:</b><br><i>Martha Lucas</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                           |                                                                                                                                                                          |
| <b>Board/Commission Name:</b><br><i>Community Involvement Commission</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                           | <b>Position Title:</b><br><i>District 4 Member</i>                                                                                                                       |
| <input checked="" type="checkbox"/> <b>Appointment</b> OR <input type="checkbox"/> <b>Reappointment</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                           | <b>Council Confirmation required?</b><br><input checked="" type="checkbox"/> Yes<br><input type="checkbox"/> No                                                          |
| <b>Appointing Authority:</b><br><input checked="" type="checkbox"/> City Council<br><input type="checkbox"/> Mayor<br><input type="checkbox"/> Other: <i>Fill in appointing authority</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>Date Appointed:</b><br><i>3/8/2021</i> | <b>Term of Position: *</b><br><i>6/1/2019</i><br><b>to</b><br><i>5/31/2021</i><br><input checked="" type="checkbox"/> <i>Serving remaining term of a vacant position</i> |
| <b>Residential Neighborhood:</b><br><i>Wedgwood</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Zip Code:</b><br><i>98115</i>          | <b>Contact Phone No.:</b>                                                                                                                                                |
| <b>Background:</b><br><i>Martha was born in Ethiopia and moved to Seattle at the age of 2. Martha is a proud double Husky and long-time resident of the Wedgwood neighborhood with a background in healthcare management, public health, education insurance, caregiving, and 25+ years of community service. For over five years, Martha has been a local insurance broker in car, home, business, life, disability, and Medicare. Currently, Martha is enjoying learning how to balance the growth in her financial services and insurance practice, serving as Co-Chair and managing the Census Project for the Washington State Coalition of African Community Leaders, completing her 2019-2020 Community Leadership Fellowship, and serving on the Tigray (Ethiopian) Women’s Advisory Council.</i> |                                           |                                                                                                                                                                          |
| <b>Authorizing Signature (original signature):</b><br><br><i>Dan Strauss</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                           | <b>Appointing Signatory:</b><br><i>Dan Strauss</i><br><i>Councilmember, District 6</i>                                                                                   |

\*Term begin and end date is fixed and tied to the position and not the appointment date.

# Martha Lucas

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## EDUCATION

**University of California Irvine Extension**, Irvine, CA  
Certificate of Contract Management

**University of Washington**, Seattle WA  
Masters in Health Administration

**University of Washington**, Seattle, WA  
Bachelor of Art's in Political Science

## PAID/NON-PAID EXPERIENCE

- **Financial Educator & Full-Service Licensed Insurance Broker**, WA & OR
  - Teach Financial Literacy classes to improve/maintain financial security
  - Connect Individuals & Families with cradle to death financial wellness and wrap around services
  - Develop Referral Partnerships, market products/services, and maintain client relationships
  - Built a team of 11 agents
- **Late Stage Dementia Care Giver**, Seattle, WA
  - Act as Stand-by-Guardian during Guardian's vacations
  - Caregiver for father during second through four stages of Dementia
  - Coordinate estate planning, legal, and financial affairs
  - Facilitate all culturally appropriate care planning meetings with healthcare providers and professionals
- **Veteran Affairs Puget Sound Medical Center**, Seattle, WA  
*Home Based Primary Care (HBPC) Volunteer*
  - Served as Administration Support for Seattle, American Lake, Bremerton, and Port Angeles HBPC sites
  - Developed spreadsheets to track and monitor equipment/supplies/work-orders, update medical staff directory, create Standard Operating Procedures (SOPs) for all tasks, maintain staff personnel files, and man multi-line phone.

***April 2010-July 2013 Married Active Duty Military Personnel and facilitated move from WA-OH-CA***

- **Washington State Department of Health**, Shoreline, WA  
*Early Hearing-loss Detection, Diagnosis and Intervention (EHDDI) Health Services Consultant*
  - Coordinated WA state's Newborn Hearing Screen Learning Collaborative project sponsored by the Health Resources Services Administration (HRSA)
  - Facilitated the Care Plan and Quality Improvement Committees which both produced deliverables modeled in other states, which included parent materials more diversely reflective of the changing state demographics
  - Negotiated donation of nine pieces of newborn hearing screen equipment valued at a total of \$153K from an external partner
  - Received awards for participation in Parent Survey and Public Health Standards Assessment Teams
- **Mercer Middle School & Seahawks Academy**, Seattle, WA  
*Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP) Coordinator*
  - Supervised GEAR UP program staff of six and Budget of \$61K
  - Tripled number of GEAR Up college tutors
  - Doubled number of regular after school low income and at-risk students participating in program
  - Negotiated an increase in \$55K for the upcoming school year

- **Texas Health Resources (THR)**, Arlington, Texas  
*Administrative Resident stationed at Harris Methodist Hospital, Fort Worth, Texas*
  - First Administrative Resident to manage one of our system flagship hospitals, Harris Methodist's largest budget of \$25M
  - Evaluated the financial solvency for the Trauma-Careflight Service Line Business and co-facilitated Strategic Plan process at Harris Methodist Hospital
  - Designed, administered, and presented the Annual Physician Satisfaction Survey at Harris Methodist Hospital
  - Chaired the THR Healthcare Career Day Project which exceeded our touch target which included many underrepresented students by 280%, negotiated several prizes from Human Resources, and developed a pre and post survey that provided our CEO data on the effectiveness of the program.
- **Tigray (A State in Ethiopia) Community Center**, Seattle, WA  
*Community Development Manager*
  - Facilitated first youth led fundraising activities that raised over \$2K and developed additional products to sell for Tigray Community Center's Seattle Youth Entrepreneur Program
  - Developed curriculum and taught Tigrean at-risk (Ethiopian) teenagers practical business skills such as marketing, leadership, strategic planning, and management by objectives
  - Taught positive life skills, mentored students, and encouraged youth to buy local and live greener
- **University of Pennsylvania**, Philadelphia, PA  
*Mellon Minority PhD Demography Fellowship*
  - Redesigned African Census Analysis Project website utilizing Microsoft FrontPage
  - Edited Dr. Tukufu Zuberi's manuscript, "Thicker than Blood: How Racial Statistics Lie"
  - Took Ph D courses in Quantitative Methods, Statistics, and Demography
- **University of Washington/University of Zimbabwe**, Harare, Zimbabwe  
*Minority International Research Training Epidemiology Fellowship-Undergraduate*
  - Entered, cleaned, and analyzed data using EPI Info 6.0 for congenital syphilis study
  - Co-authored paper accepted for poster presentation at Population Association of America Conference
  - Presented preliminary results at Third Annual Minority International Research Training Conference at University of Zimbabwe

#### **RESEARCH/PUBLICATIONS/PRESENTATION**

- Co-authored journal article, "Community Care Networks: Linking Vision to Outcomes. Doug Conrad, Jennifer Harville, and Martha Lucas et al. Medical Research Review: October 2003."
- Entered, cleaned, and analyzed data using EPI Info 6.0 for congenital syphilis study
- Persuasive and highly adaptable presentation style based on audience and environment. Present for diverse audiences and stakeholders ranging from 2 to 200 people

#### **NON PROFIT**

- Community Leadership Institute (CLI) 2019-2020 Fellow for Racial and Social Justice on Local Boards/Commissions
- Washington State Coalition of African Community Leaders, Census Project Manager, successfully secured five grants for Census and Family Support committees
- Tigray Women's Advisory Council Member, provide technical assistance to Tigray Women's Advisory board.
- Co-founder of Mela Group, 501 (3) c, group of Ethiopian professionals working towards the betterment and empowerment of underprivileged Ethiopians in the United States and aboard- Member of Legal & Grant committee
- Mentored graduate, college, high school, middle, elementary school at risk students of color
- Sunday Homeless dinner volunteer at Blessed Sacrament Church, Seattle
- Promoted free health care services for minority and at-risk women at community health fairs for the Center of Multicultural Health
- Designed and implemented fundraising campaigns for UW MHA program and Phi Theta Kappa Honor Society
- Organized and managed two successful campaigns for student government
- Appointed UW Student senator as Undergraduate and Graduate and successfully lobbied & passed student led legislation
- Re-activated chapter and filled vacant officer seats for Pi Iota Chapter of Phi Theta Kappa Honor Society

# Community Involvement Commission

Sixteen Members: Pursuant to Ordinance 125192, all members subject to City Council confirmation, one – and two-year terms for the initial round of appointments, two-year terms thereafter:

- 7 City Council-appointed
- 7 Mayor-appointed
- 2 Other Appointing Authority-appointed (specify): Commission-appointed

## Roster

| *D | **G | RD | Position No. | Position Title           | Name                     | Term Begin Date | Term End Date | Term # | Appointed By |
|----|-----|----|--------------|--------------------------|--------------------------|-----------------|---------------|--------|--------------|
| 5  | F   | 1  | 1.           | City Council District #1 | Jasmine Aryana           | 6/1/20          | 5/31/22       | 1      | City Council |
| 2  | F   | 2  | 2.           | City Council District #2 | Thais Marbles            | 6/1/19          | 5/31/21       | 2      | City Council |
|    |     | 3  | 3.           | City Council District #3 | VACANT                   | 6/1/18          | 5/31/20       | 1      | City Council |
| 2  | F   | 4  | 4.           | City Council District #4 | Martha Lucas             | 6/1/19          | 5/31/21       | 1      | City Council |
| 2  | M   | 5  | 5.           | City Council District #5 | William H. Southern, Jr. | 6/1/20          | 5/31/22       | 2      | City Council |
| 6  | M   | 6  | 6.           | City Council District #6 | Chris Maykut             | 6/1/19          | 5/31/21       | 2      | City Council |
|    |     |    | 7.           | City Council District #7 | VACANT                   | 6/1/20          | 5/31/22       |        | City Council |
| 1  | F   | 2  | 8.           | Member At Large          | Julie Pham               | 6/1/19          | 5/31/21       | 2      | Mayor        |
|    |     |    | 9.           | Member At Large          | VACANT                   | 6/1/20          | 5/31/22       |        | Mayor        |
|    |     |    | 10.          | Member At Large          | VACANT                   | 6/1/19          | 5/31/21       |        | Mayor        |
|    |     |    | 11.          | Member At Large          | VACANT                   | 6/1/20          | 5/31/22       |        | Mayor        |
| 1  | F   | 7  | 12.          | Member At Large          | Emily Kim                | 6/1/19          | 5/31/21       | 2      | Mayor        |
|    |     |    | 13.          | Member At Large          | VACANT                   | 6/1/19          | 5/31/21       |        | Mayor        |
| 1  | F   | 2  | 14.          | Get Engaged Member       | Robin Kim                | 9/1/20          | 8/31/21       | 1      | Mayor        |
| 1  | M   | 3  | 15.          | Commissioner             | Felix Y. Chang           | 6/1/19          | 5/31/21       | 2      | Commission   |
| 1  | F   | 6  | 16.          | Commissioner             | Carol Redfield           | 6/1/20          | 5/31/22       | 2      | Commission   |

## SELF-IDENTIFIED DIVERSITY CHART

|              |          |          |             |          | (1)      | (2)                     | (3)              | (4)                            | (5)      | (6)                     | (7)              | (8)            | (9)         |
|--------------|----------|----------|-------------|----------|----------|-------------------------|------------------|--------------------------------|----------|-------------------------|------------------|----------------|-------------|
|              | Male     | Female   | Transgender | NB/ O/ U | Asian    | Black/ African American | Hispanic/ Latino | American Indian/ Alaska Native | Other    | Caucasian/ Non-Hispanic | Pacific Islander | Middle Eastern | Multiracial |
| Mayor        | 1        | 5        |             |          | 2        |                         |                  |                                | 1        |                         |                  |                | 1           |
| Council      | 1        | 2        |             |          | 1        | 2                       |                  |                                | 1        | 1                       |                  |                | 1           |
| Other        |          |          |             |          | 2        |                         |                  |                                |          |                         |                  |                |             |
| <b>Total</b> | <b>2</b> | <b>7</b> |             |          | <b>5</b> | <b>2</b>                |                  |                                | <b>2</b> | <b>1</b>                |                  |                | <b>2</b>    |

### Key:

\*D List the corresponding *Diversity Chart* number (1 through 9)

\*\*G List *gender*, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown

RD Residential Council District number 1 through 7 or N/A

*Diversity information is self-identified and is voluntary.*