



City of Seattle Boards & Commissions Notice of Appointment

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| Appointee Name: <i>Rebecca Finkel</i> | | |
| Board/Commission Name: <i>Sweetened Beverage Tax Community Advisory Board</i> | | Position Title: <i>Food Access Representative (Pos. #3)</i> |
| <input checked="" type="checkbox"/> Appointment OR <input type="checkbox"/> Reappointment | | Council Confirmation required? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No |
| Appointing Authority: <input type="checkbox"/> Council <input checked="" type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i> | Date Appointed: <i>1/13/2020</i> | Term of Position: * <i>9/1/2019</i> to <i>8/31/2023</i> <input type="checkbox"/> <i>Serving remaining term of a vacant position</i> |
| Residential Neighborhood: <i>Wedgwood/NE Seattle</i> | Zip Code: <i>98115</i> | Contact Phone No.: [REDACTED] |
| Background: Rebecca Finkel is a registered dietitian who has spent the past decade engaged in community nutrition and food access work across Seattle. Most recently Rebecca served as clinical dietitian at Odessa Brown Children's Clinic where she provided family-centered nutrition care and collaborated with community partners, including Northwest Harvest and WithinReach, to promote equitable access to healthy food. In 2016 Rebecca co-chaired a daylong symposium on childhood hunger at Seattle Children's Hospital and has since become an outspoken advocate for promoting food security in healthcare. At OBCC Rebecca helped integrate food security screenings and interventions into primary care and served as implementing partner on the Washington State Department of Health's USDA FINI grant's Complete Eats and Fresh Bucks Rx initiatives. Rebecca previously served as a nutrition educator for WSU Extension and consultant for Jewish Family Service of Seattle's food bank. She lives in NE Seattle with her husband and two children. | | |
| Authorizing Signature (original signature): | Appointing Signatory: <i>Jenny A. Durkan</i> <i>Mayor of Seattle</i> | |

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CITY OF SEATTLE
20 FEB - 7 PM 3: 25
CITY CLERK

*Term begin and end date is fixed and tied to the position and not the appointment date.

Rebecca Finkel, MA, MS, RDN, CD

Experience:

Clinical Dietitian II, Odessa Brown Children's Clinic, Seattle Children's Hospital (May 2013 – June 2019)

- Integrated nutrition into primary care services through referrals and collaborative care with physicians, nurses, mental health providers and social workers
- Offered nutrition programming to patients in pediatric medical clinic and affiliated school-based health clinics through individual counseling, group cooking classes and community kitchens
- Coordinated nutrition, cooking and physical activity programs and community partnerships with YMCA, Solid Ground, Seattle Tilth, NW Harvest, and Seattle Parks and Recreation for Community Benefit
- Initiated clinic food insecurity team – streamlined clinic food insecurity screenings, produce prescription program, evaluation process. Partnered with WA state DOH and City of Seattle OSE on USDA FINI grant, including five years of planning, programming and evaluation.
- Partnered with Seattle- King County Public Health in launch of King County Food Insecurity and Healthcare Learning Network.
- Co-chaired hospital day-long symposium on childhood food insecurity
- Served as preceptor for dietetic interns, serve as adjunct LEAH (Leadership Education in Adolescent Health) faculty to nutrition fellows, supervise clinic's nutrition volunteers, teach medical residents
- Developed vision for food justice and nutrition programming at OBCC Othello, designed teaching kitchen and nutrition integration model

Nutrition Instructor and Food Bank Volunteer, Jewish Family Service of Seattle (March 2009 – August 2014)

- Taught nutrition classes for food bank clients in volunteer capacity for several years
- Staff food bank shifts, interacted with clients of emergency food assistance program, packaged and delivered food to seniors
- Launched monthly community cooking and nutrition classes and later hired as subcontractor to continue programming
- Developed farmers market pilot program for food bank clients

Nutrition Educator, Washington State University Extension, King County (September 2012 – June 2013)

- Engaged students in nutrition lessons and activities as part-time instructor at Food \$ense program, a SNAP-Ed funded nutrition education curriculum for low-income public school students in King County.
- Developed relationships with teachers and parents to promote improved nutrition knowledge and health status of participants and their families

Instructor, Livnot (now Livnot Chai) (September 2012 – March 2013)

- Taught food justice to Jewish high school students in service-learning after school program. Framed topics like food insecurity, industrial agriculture, food sovereignty and nutrition within a Jewish context.
- Coordinated logistics for class and monthly group food deliveries from food bank to homebound clients.

Co-Editor, HEN Post (September 2012 – August 2014)

- Solicited and edited submissions to quarterly newsletter for Hunger and Environmental Nutrition Dietetic Practice Group. Planned the production schedule, coordinated publication with designer, reviewed content to ensure a high quality, informative product to keep members abreast of the latest advances to improve food insecurity and build healthy, sustainable food and water systems.
- Wrote articles, contributed film reviews, solicited and edited submissions, covered FNCE for DPG newsletter

Rebecca Finkel, MA, MS, RDN, CD

Public Speaking Experience:

- “Cultural Humility in Dietetics,” Guest Speaker, University of Washington SPH GCPD. Guest lecture to dietetic interns. June 2019
- “Weighing the Harm: Tips & Tools for Growth Assessment,” webinar on pediatric growth for SeaMar Community Health Clinic dietitians. May 2019
- “Human Impact of Hunger,” keynote: Food Innovation Lab, Seattle Public Utilities daylong event, November 2018
- “RD Rx: Dietitian Partnerships to Reduce Food Insecurity,” WSAND Education Conference presentation, April 2018
- “Tackling Hunger in Pediatric Practice,” Co-Chair, Seattle Children’s Hospital Nutrition Symposium. December 2016
- “Cooking Together: Engaging Clients Through Nutrition,” Interactive presentation delivered at NW Harvest Annual Conference. April 2014
- Student-elected commencement speaker, Bastyr University. June 2011
- “From Counting Calories to Consumer Consciousness: Redefining the Role of Nutrition in the Food Movement,” Presentation at Hazon Food Conference. December 2010
- Student commencement speaker, Jewish Studies Department commencement, Queens College. June 2003

Previous Work Experience

Part-Time Office Manager, Glow Natural Health Center (September 2008 – May 2011)

- Responsible for scheduling, insurance verification, customer support, filing, dispensary inventory and general office organization and cleanliness for busy integrative health practice in Seattle, WA
- Supported half dozen providers in multiple modalities including massage, chiropractic, acupuncture and naturopathic medicine.

Student Relations Coordinator, Tel Aviv University (Jan 2007 – May 2008)

- Coordinated admissions process for nearly a dozen undergraduate and graduate study abroad programs at largest university in Israel.
- Liaised between American students, parents, universities, and School for Overseas Students to facilitate credit transfer, financial aid, and other general logistics for overseas study.

Museum Educator for Internships, Museum of Jewish Heritage (Dec 2003 – Aug 2005)

- Hired as Assistant Museum Educator in December 2003, promoted to Museum Educator in March 2005.
- Managed highly competitive paid internship programs in social justice and cultural celebration for NYC high school, college and graduate students. Prepared materials, developed curricula, evaluated programs, assessed outcomes, created reports.
- Recruited interns, conducted outreach to teachers, supervised interns and alumni relations, participated in education department initiatives, including teacher training workshops.

Education:

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|---|--------------------------|
| University of Michigan, School of Public Health (Ann Arbor, MI), <i>Dietetic Internship</i> | July 2011 – January 2012 |
| Bastyr University (Kenmore, WA), <i>Master of Science in Nutrition</i> | Sept 2009 – June 2011 |
| Bastyr University (Kenmore, WA), <i>Post-Baccalaureate in Nutrition</i> | Sept 2008 – June 2009 |
| Tisch School of the Arts, New York University , <i>Master of Arts in Cinema Studies</i> | Aug 2004 – May 2006 |
| Queens College, City University of New York , <i>B.A. in Jewish Studies and Film Studies</i> | Aug 1999 – May 2003 |

Rebecca Finkel, MA, MS, RDN, CD



Affiliations: Membership in Academy of Nutrition and Dietetics, Washington State Academy of Nutrition and Dietetics, Pediatric Nutrition Practice Group, Hunger and Environmental Nutrition DPG, Public Health/Community Nutrition Practice DPG, WA State Children with Special Health Care Needs Nutrition Network, Registration through Commission on Dietetic Registration, Certified Dietitian in the state of Washington

Sweetened Beverage Tax Community Advisory Board

11 Members: Pursuant to **Ordinance 125324**, all members subject to City Council confirmation, two and four-year terms for initial appointments, four-year terms thereafter:

- 5 City Council-appointed
- 6 Mayor-appointed

Roster:

| *D | **G | RD | Position No. | Position Title | Name | Term Begin Date | Term End Date | Term # | Appointed By |
|----|-----|----|--------------|-------------------------------|-----------------------|-----------------|---------------|--------|--------------|
| | | | 1. | Food Access Representative | Lisa Chen | 9/1/2017 | 8/31/2021 | 1 | Council |
| 3 | F | 2 | 2. | Food Access Representative | Barbara Baquero | 9/1/2019 | 8/31/2023 | 1 | Mayor |
| 1 | F | 5 | 3. | Food Access Representative | Rebecca Finkel | 9/1/2019 | 8/31/2023 | 1 | Mayor |
| | | | 4. | Community Representative | | 9/1/2019 | 8/31/2023 | 1 | Mayor |
| 2 | F | 2 | 5. | Community Representative | Tanika Thompson | 9/1/2019 | 8/31/2023 | 1 | Council |
| 1 | F | 2 | 6. | Public Health Representative | Christina Wong | 9/1/2019 | 8/31/2023 | 1 | Council |
| 3 | F | 4 | 7. | Public Health Representative | Laura Flores Cantrell | 9/1/2017 | 8/31/2021 | 1 | Council |
| 6 | F | 1 | 8. | Public Health Representative | Jennifer Hey | 9/1/2017 | 8/31/2021 | 1 | Mayor |
| | M | | 9. | Public Health Representative | Paul E. Sherman | 9/1/2017 | 8/31/2021 | 1 | Mayor |
| 3 | M | 3 | 10. | Early Learning Representative | Adrian Lopez-Romero | 9/1/2019 | 8/31/2023 | 1 | Council |
| 1 | F | 4 | 11. | Early Learning Representative | Dila Perera | 9/1/2017 | 8/31/2021 | 1 | Mayor |

SELF-IDENTIFIED DIVERSITY CHART

| | (1) | | (2) | | (3) | | (4) | | (5) | | (6) | | (7) | | (8) | | (9) | |
|--------------|----------|----------|-------------|----------|----------|-------------------------|------------------|--------------------------------|-------|-------------------------|------------------|----------------|-------------|--|-----|--|-----|--|
| | Male | Female | Transgender | NB/ O/ U | Asian | Black/ African American | Hispanic/ Latino | American Indian/ Alaska Native | Other | Caucasian/ Non-Hispanic | Pacific Islander | Middle Eastern | Multiracial | | | | | |
| Mayor | 1 | 4 | | | 1 | 0 | 1 | | | 2 | | | | | | | | |
| Council | 1 | 4 | | | 1 | 2 | 1 | 1 | | 0 | | | | | | | | |
| Other | N/A | N/A | | | N/A | N/A | N/A | | | N/A | | | | | | | | |
| Total | 1 | 5 | | | 2 | 1 | 1 | | | 1 | | | | | | | | |

Key:

- *D List the corresponding *Diversity Chart* number (1 through 9)
 - **G List *gender*, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown
 - RD Residential Council District number 1 through 7 or N/A
- Diversity information is self-identified and is voluntary.*

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