

Family Intervention and Restorative Services (FIRS) Center Update

March 9, 2016

Seattle City Council

Gender Equity, Safe Communities, and New Americans Committee

Claudia Gross Shader, City of Seattle Office of City Auditor

Marcus Stubblefield, King County Office of Performance Strategy and Budget

Stephanie Trollen, King County Prosecutor's Office

Paul Daniels, King County Juvenile Probation

Darryl Spencer and Lily Anderson, King County Step-Up

Dr. Sarah E. Walker, University of Washington, School of Medicine, Public Behavioral Health and Justice Policy

Juvenile Domestic Violence (DV) in Seattle

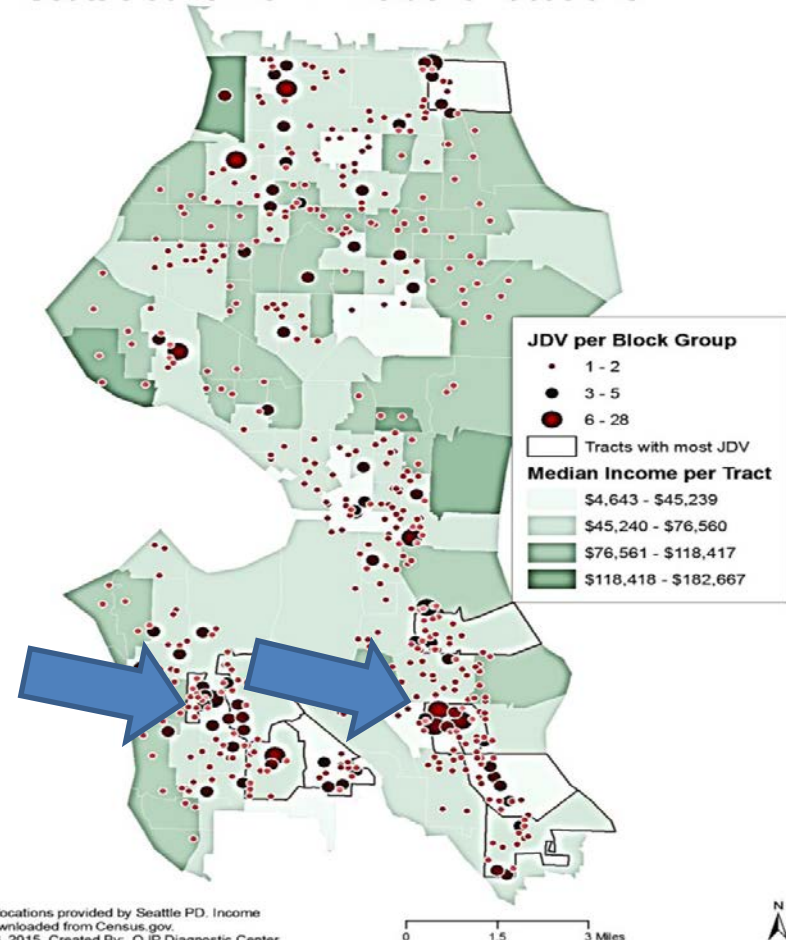
Juvenile DV represents about 1/3 of new bookings to juvenile detention.

In nearly 90% of these incidents, the youth has been violent toward a family member, often their mother.

31% of incidents (2011-2013) reported to the Seattle Police Department occurred in two Police sectors

- South Park/Delridge
- New Holly/Rainier Beach

Seattle Juvenile DV Incident Locations



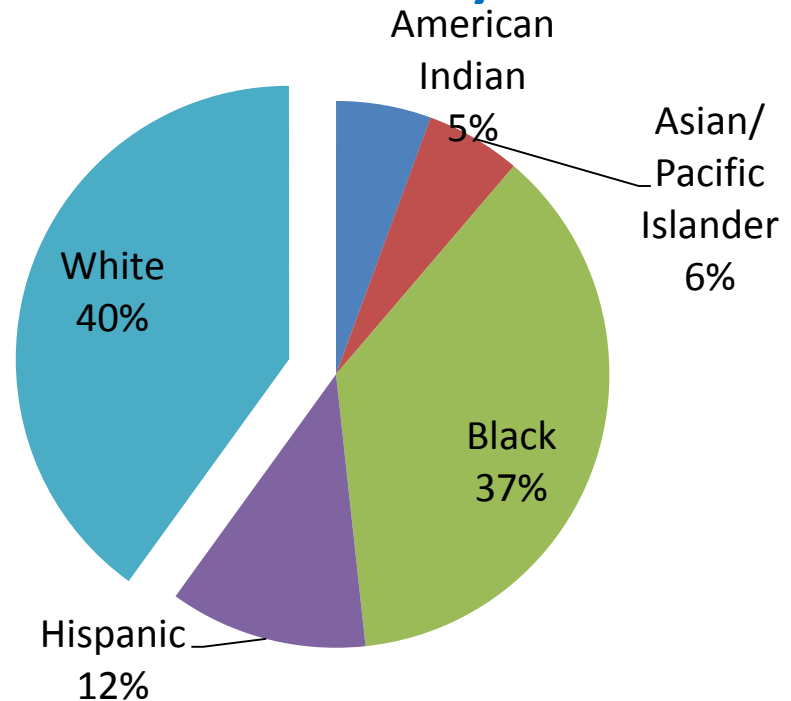
Family Intervention and Restorative Services (FIRS) Pilot

FIRS will provide immediate access to services for youth and their families. Youth will not have to be prosecuted to get FIRS services.

Starting this summer, FIRS will also provide a non-detention respite/reception center for the youth.

FIRS Pilot is jointly funded by King County (\$467,107) and the City of Seattle (\$254,000)

Projected Racial Analysis of Youth Who Will Be Served By FIRS Annually



Safe Families Continuum

Prevention

Intervention

Supporting Healthy Family
Functioning

Addressing Specific Family
Safety Needs

FIRS

Community Input on FIRS

Outreach to Youth, Families, and Community Organizations

- 100+ youth with history of juvenile justice, child welfare, homelessness
- 24 parents previously involved in juvenile justice system
- Parents and youth currently enrolled in Step-Up
- Community organizations serving ethnic populations (Horn of Africa Services, Consejo, Asian Counseling and Referral Services, etc.)
- African American faith-based community organizations

Findings from Community Outreach

- Youth and families want a facility that is “welcoming” and “representative of us”
- Parents need support groups (e.g., gender groups, parenting, etc.)
- Parents need support for root causes that adversely affect family functioning (e.g., Employment, Housing, Mental Health, Substance Abuse, etc.)
- Need emphasis on prevention (e.g., evidence-based parenting classes)

2016 FIRS Pilot – Timeline

Jan-Feb (First 2 months)

Mar-Jun (Completion Phase 1)

Access to Services Without Criminal Charges

- Juvenile Probation Counselors fully operational
- Additional Step-Up Social Workers fully operational
- Begin offering support services, safety plans, and EBTs at time of referral

- Detailed planning for the integration of family safety planning and probation services with respite center

Non-Detention Respite Center

- Develop RFP; solicit responses from community-based organizations
- Gather input from community about respite center design and services offered
- Design/begin construction work to renovate facility

- Complete facility renovation
- Award contract to community-based organization
- Develop training video for police
- Begin police training

2016 FIRS Pilot – Timeline (continued)

Jul-Dec (Phase 2)

Access to Services Without Criminal Charges

- Gather feedback regarding new service model, including input from families and community stakeholders

Non-Detention Respite Center

- Fully operationalize FIRS respite center for JDV cases
- Conduct operational assessment; make necessary adjustments
- Gather feedback from institutional partners (incl. police) and community stakeholders

FIRS Respite/Reception Center (July 2016)

- Staffed 24/7 by community services provider
- Welcoming atmosphere
- Families will develop safety plan
- Youth and families will be referred to services (Step-Up and/or evidence-based interventions)
- Youth and family progress will be tracked
- Youth and family will be asked to provide input on satisfaction and cultural responsiveness
- Evaluators will track recidivism

Step-Up is an internationally-recognized intervention developed and implemented by King County for families who have experienced family violence.

STEP UP

**Building Respectful
Family Relationships**

**Respectful
Communication**

**Cognitive
Behavioral
Skills**

Safety Skills

**Restorative
Process**

**Strengths
Based**

**Solution
Focused**

**Collaborative
Family Based**

FIRS Pilot Evaluation Plan

FIRS Clients

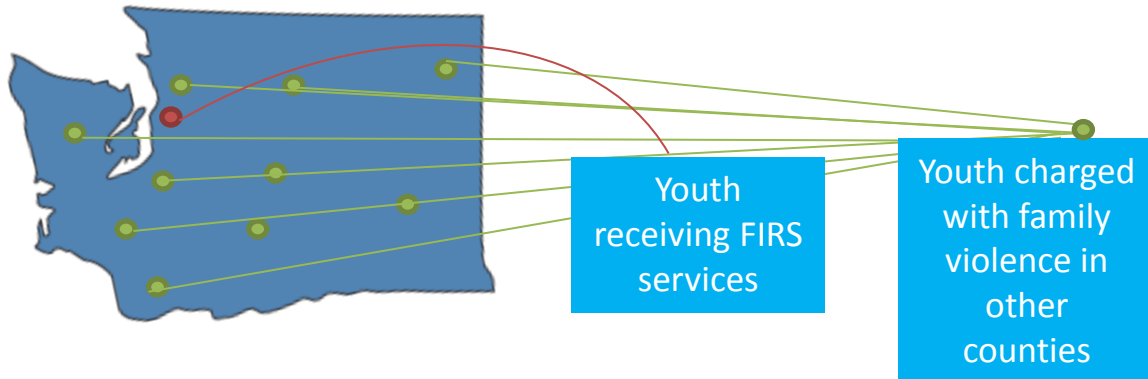
- Safety Risk and Needs
- Geographic Distribution
- Enrollment by Ethnicity
- Reason for Not Enrolling (if applicable)

FIR Services

- Time from Referral to Service Start
- Type of Services (Safety Plan; Step-Up; Multisystemic Therapy; Functional Family Therapy; etc.)
- Service Completion

Client/Family Outcomes

- Less Violence and Conflict in the Home
- Family Satisfaction with Services and Cultural Responsiveness



Outcome Comparison

6 month recidivism

- Violent arrests
- Other arrests
- Charges and dispositions

Looking Ahead for FIRS

What is Planned

- FIRS Pilot Respite/Reception Center will open in July 2016
- U.S. Department of Justice Office of Justice Programs will complete preliminary review of cultural adaptations for prevention and intervention services by July 2016
- King County funding for FIRS for 2017 will be determined in fall 2016
- Findings from evaluation of FIRS Pilot by first quarter 2017

What is Needed

- Seeking potential funding source for “softening” of FIRS Center (couches, soft blankets, washer/dryer, area rugs, etc.)
- Provide evidence-based parenting programs, especially for underserved populations
- Connect parents to needed support for root causes that adversely affect family functioning (e.g., Employment, Housing, Mental Health, Substance Abuse, etc.)