




City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: Paula L. Houston		
Board/Commission Name: Seattle Housing Authority Board of Commissioners		Position Title: Commissioner
<input checked="" type="checkbox"/> Appointment OR <input type="checkbox"/> Reappointment		Council Confirmation required? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Appointing Authority: <input type="checkbox"/> Council <input checked="" type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Specify appointing authority</i>		Term of Office: 3/21/16 3/20/20
Residential Neighborhood: Rainier Beach	Zip Code: 98178	Contact Phone No.: N/A
Legislated Authority: Res. # 29821 & RCW 35.82		
Background: Paula Houston has 20 years of leadership experience in the non-profit, government health, & human services field. She is currently the CEO of Sound Generations (formerly Senior Services), where she leads a \$16.4 million agency of 220 staff to provide support to approximately 70,000 seniors & families throughout King County. Prior to that, she spent 8 years at the YMCA of Greater Seattle, where she helped develop key relationships with local, state, & federal policymakers, as well as with businesses, other non-profits, & community groups. As the Executive Director of the Meredith Mathews East Madison YMCA branch, Paula was responsible for the development & implementation of the overall strategic plan, fiscal management, financial development, marketing, communications, & membership activities. Paula has also worked as a Clinic Manager for Country Doctor, and in a variety of roles with Seattle-King County Public Health. She has ample experience working with large agencies & budgets, and with her broad range of past experiences, Paula will bring a big-picture, strategic perspective to the Board.		
Date of Appointment: 3/21/16	Authorizing Signature (original signature): 	Appointing Signatory: Edward B. Murray Mayor of Seattle

FILED
 CITY OF SEATTLE
 2016 APR 20 AM 11:59
 CITY CLERK

PAULA L. HOUSTON, Ed.D.



PROFESSIONAL EXPERIENCE

SUMMARY

20 years as a leader in the non-profit and government health and human services fields. Committed to improving the health and well-being of communities by ensuring resources are accessible and available and by championing philanthropic, advocacy and volunteer efforts, to advance equity and social justice for those most vulnerable.

NON-PROFIT LEADERSHIP

October 2013-Present: Senior Services, Seattle, WA.

Chief Executive Officer. Lead a \$16.4 million agency of 220 staff, 12 programs and 6 senior centers. Through a network of partnerships and direct services, support is provided to approximately 70,000 older adults and their families in King County. Services and programs include: Transportation, caregiver support, food assistance, health and well-being, Information and Assistance, Senior Rights Assistance and health insurance coverage counseling.

2005- 2013: YMCA of Greater Seattle, Seattle, WA.

Association Director, Public Affairs. Provided leadership to the YMCA of Greater Seattle Association for its legislative advocacy efforts at the local, state and federal levels, including coordinating the development of key relationships between the CEO, myself and other senior staff with local, state and federal policy makers.

Executive Director, Meredith Mathews East Madison YMCA. Direct the daily internal and external operations of this \$3.2 million urban YMCA branch with 24 full-time and over 40 part-time staff. Specifically responsible for the development and implementation of the overall strategic plan, fiscal management, financial development, marketing, communications and membership activities. Also responsible for the development of the Board of Managers and for representing the YMCA in the local community by cultivating relationships, advocating, and developing policy for the YMCA and its programs with community groups, other non-profit agencies, businesses, elected officials and governmental agencies.

2003-2005: Country Doctor Community Health Centers, Seattle, WA.

Clinic Manager, Carolyn Downs Family Medical Center. Responsible for the daily operations for this fast paced, diverse community health center which serves a largely low income, uninsured, socially complex population. Supervised 22 direct reports including medical assistants, pharmacists, medical records staff and laboratory technicians. As a member of the Leadership Team for the organization, developed and implemented clinical and operational policies and procedures, developed and managed budgets, developed and implemented strategies for enhancing staff productivity and patient access, and

managed all aspects of human resources. Represented the clinic in the community and developed partnerships with other agencies.

GOVERNMENT AGENCY LEADERSHIP

1993-1999: Public Health-Seattle & King County, Seattle, WA.

Health Services Administrator, Special Health Services Center, Central Region. Planned, recommended, developed, evaluated and directed programs serving special populations and high-risk women, youth and families in the city of Seattle, and for agencies providing childcare throughout Seattle and King County. Responsible for preparing, managing, and analyzing program budgets; developing, negotiating, and monitoring contracts; working with other agencies, programs, department administrators, community leaders and elected officials to identify and address emerging health issues in the region. Directly supervised three nursing supervisors and managed the facility housing program staff.

Division Manager (interim), Division of Alcoholism and Substance Abuse Services. Responsible for the management of all operations for a \$20.0 million dollar operating unit with 160+ FTES. Directed administrative program staff in the development, implementation and monitoring of comprehensive youth and adult drug and alcohol treatment and prevention services delivered through over 40 contracts to community based non-profit agencies. Directed the administration of three department-based direct service facilities: The King County Assessment Center, substance abuse adult assessment center; Cedar Hills Adult Treatment Center, an adult residential treatment facility, and The North Rehabilitation Facility, a jail based treatment program. This position also reported to a community advisory board composed of members of the recovering community and other community stakeholders. Responsible for advocating for the County's substance abuse treatment and prevention programs with local, state and federal agencies and elected officials.

Senior Administrative Assistant, Division of Alcoholism and Substance Abuse Services. As deputy to the division manager, responsible for the management of the daily operations and administrative functions of this regional services division. Ensured that the functions of personnel management, facility management, client program management, and fiscal management were implemented in accordance with applicable divisional, departmental, county, state, and federal laws, policies, and procedures. Directly supervised three program management staff. Acted as Division Manager in the Division Manager's absence, with all commensurate authority.

Planning and Development Specialist, County Health Services Division, Parent and Child Health Administration and Seattle Health Services Division, Administration. Developed and implemented various community based grant funded and internal departmental projects, programs and trainings. These included: A cross-cultural project for Seattle area high schools teen health centers; Scholarship and health education programs for the Kellogg Community Based Public Health Initiative; Health fair for the Seattle Child Health Coalition, a part of the Robert Wood Johnson Child Health Initiative Project.

ENTREPRENURIAL LEADERSHIP

2001-2003: The Integrated Being, LLC, Lynnwood, WA.

Owner. Created and managed the daily operations and programs of this holistic fitness and wellness center providing personal training services, yoga and other movement classes, bodywork treatments and a variety

of workshops on fitness and wellness topics.

1998-2003 Asha Fitness/Oshun Productions, Inc., Edmonds, WA.

Fitness and Wellness Consultant. Principal of this personal training, fitness and wellness consulting company. Provided personal one on one and group fitness programs, consultation and nutrition education. Facilitated group workshops and seminars on fitness and wellness for both youth and adults. Planned, coordinated and directed events, programs and presentations for clients which included:

King County Division of Youth Detention, Seattle, WA. Planned, developed, and coordinated a comprehensive fitness program for youth ages 10-18 housed at this facility. Co-developed and lead a youth yoga program contracted through the Seattle School District Interagency Program.

Center for Multi-Cultural Health, Seattle, WA. Provided presentations on fitness at forums on diabetes in African Americans for the REACH Project.

Public Health- Seattle & King County, Seattle, WA. Provided training on exercise and diabetes for the multi-agency community outreach worker staff of the REACH Project.

Women of Wisdom Conference on Women's Spirituality, Seattle, WA. Workshop on fitness as part of spiritual practice.

EDUCATION: **Seattle University, Seattle, WA. Doctorate, Educational Leadership, 2014.**

University of Washington, Seattle, WA. School of Public Health and Community Medicine. Master of Health Administration, 1994.

Syracuse University, Syracuse, NY. College for Human Development. Bachelor of Science, Retailing, 1983.

PROFESSIONAL AFFILIATIONS/CERTIFICATIONS/DISTINCTIONS/VOLUNTEER WORK

Rotarian, Seattle Rotary #4

Committee member, Seattle Art Museum Education and Community Engagement Committee

Volunteer and Certified Coach, Washington State Special Olympics

Eleven time National Powerlifting Champion

Five time World Powerlifting Champion

USA Powerlifting Hall of Fame inductee, 2012

Seattle Housing Authority Board of Commissioners

7 members: Per *Res. # 29821 & RCW 35.82*, all subject to City Council confirmation, 4-year terms:

- 7 Mayor-appointed
 - To include 2 SHA residents

Roster:

*D	**G	Position No.	Position Title	Name	Term Start Date	Term End Date	Term #	Appointed By
2	M	1.	SHA Resident	Aser D. Ashkir	10/1/14	10/1/18	2	Mayor
6	M	2.	Commissioner	David H. Moseley	3/20/15	3/19/19	1	Mayor
4	M	3.	Commissioner	Zachary R. Pullin	2/23/15	12/1/18	1	Mayor
2	M	4.	Commissioner	Jermaine Smiley	2/23/15	12/1/18	1	Mayor
2	F	5.	Commissioner	Paula L. Houston	3/21/16	3/20/20	1	Mayor
6	F	6.	SHA Resident	Emily H. Abbey	6/8/15	3/20/19	1	Mayor
6	F	7.	Commissioner	Deborah C. Thiele	3/13/13	3/20/17	2	Mayor

Diversity Chart:

		(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)			
	Men	Women	Vacant	Minority	Asian-American	Black/African American	Hispanic/Latino	American Indian/Alaska Native	***Other	Caucasian/Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	4	3				3		1		3			
Council													
Other													
Total	4	3				3		1		3			

Key:

- *D List the corresponding *Diversity Chart* number (1 through 9)
- **G List *gender*, M or F
- ***Other Includes diversity in any of the following: *race, gender and/or ability*