

A photograph of a Chinese lion dance performance in a city street, overlaid with a red gradient and white text. The image shows several large, colorful lion heads with intricate patterns and long, flowing manes. The background features traditional Chinese architecture with ornate roofs and windows. The text is centered and reads: SEATTLE CHINATOWN-INTERNATIONAL DISTRICT 2020 HEALTHY COMMUNITY ACTION PLAN.

**SEATTLE  
CHINATOWN-INTERNATIONAL DISTRICT  
2020 HEALTHY  
COMMUNITY  
ACTION PLAN**

## Table of Contents

1	Introduction
2	Executive Summary
4	Why Place Matters
15	Vision and Mission
16	Healthy Community Action Plan
24	Measuring Outcomes
26	Who We Are

## Acknowledgements

### **To residents, businesses, and community members:**

Thank you for welcoming us into your homes, workplaces, and lives to help us understand your aspirations for this community. We all deserve a healthier and safer neighborhood. This *Healthy Community Action Plan* is dedicated to you.

### **Authors:**

Valerie Tran, MPH, MUP; Tom Im, MA; Kay Nelson

### **Funders:**

BUILD Health Challenge and Swedish

### **Partners and editors:**

InterIm Community Development Association  
Swedish, Public Health - Seattle & King County, Chinatown International District Business Improvement Area, International Community Health Services, Seattle Chinatown International District Preservation and Development Authority, and Yesler Community Collaborative

### **Contributors:**

Chinese Information and Service Center  
Elaine Tran  
International Living Future Institute  
Mei Yook Woo, MPH  
Puget Sound Clean Air Agency  
Resource Media  
Spectra Communications

### **Design:**

Emily Yoshioka

# INTRODUCTION

"Health is a state of complete physical, mental, and social wellbeing and not merely the absence of disease or infirmity." World Health Organization, 1948

This *Healthy Community Action Plan* defines challenges we face and identifies strategies and actions that will bring our community closer to its vision - a healthier, safer, and more livable Chinatown-International District (CID).

The partners involved in developing this *Healthy Community Action Plan* have a long established history of advocacy, service, and investment in the CID neighborhood and community. They represent the fields of **housing, community development, preservation, public health, health care, social services, business, and economic development**. These partners have a breadth of knowledge and understanding of the opportunities and challenges that our community faces. They are committed to working collaboratively to challenge the complex social and environmental systems that keep our community from thriving.

The strategies and actions included in this *Plan* are **data-driven**. They are based on statistics which highlight inequitable health outcomes in our neighborhood

compared to others in King County. These strategies and actions are also **responsive to community priorities**; we asked community members what matters to them and integrated their aspirations and goals into this *Plan*.

The *Plan* aims at **bold** and **upstream** interventions and covers a wide range of issues and approaches. The conditions we are trying to improve are deeply-rooted with many interconnected causes, and have unique implications for this predominantly Asian and Pacific Islander community. Improving these conditions will require a prevention-oriented, holistic view and a concerted, aligned, and sustained effort among many partners.

This *Plan* serves as a guide to our partners and a **call to action** to other local organizations and city, county, and state governments to join us in implementing these strategies for a safer, healthier, and more livable neighborhood. We look forward to the challenge.

# EXECUTIVE SUMMARY

## chinatown-international district 2020 healthy community action plan

People across the region and visitors enjoy coming to Seattle's Chinatown-International District (CID) to eat and shop at the neighborhood's small, independent businesses. The CID contributes greatly to Seattle's **vibrancy and diversity**. The CID is a local treasure, but it is not an amusement park. This historic neighborhood is the **home, workplace, and community** for predominantly Asian-American groups and Asian and Pacific Islander (API) immigrants, seniors, and young children.

These individuals and groups face a **unique set of barriers** to health, social, and economic success. As Seattle grows and prospers, we need to make sure the **CID does not fall behind**. Rapid development in and around the CID will cause displacement and weaken health, social, and financial support systems if not paired with public investment to stabilize residents and businesses, many of which exist at or below the poverty level.

The *Seattle Chinatown - International District 2020 Healthy Community Action Plan* characterizes complex health and social issues resulting from years of historic disinvestment and institutional racism. We know that people living and working in the CID are **less healthy** than those in other neighborhoods in Seattle and King County. While the model minority myth perpetuates the false assumption that APIs are healthier than other populations, local public health data show that the average lifespan for people living in the CID is **seven years shorter**

than the most well-off communities. Data also shows that the CID **ranks at the bottom** for mental distress, diabetes, preventable hospitalizations, and poor housing conditions. Rates of violence, including homicides, in the CID are also among the worst in King County. Many of these problems are rooted in poverty, language barriers and limited access to resources, social isolation and sedentary lifestyles, and stigma around mental health.

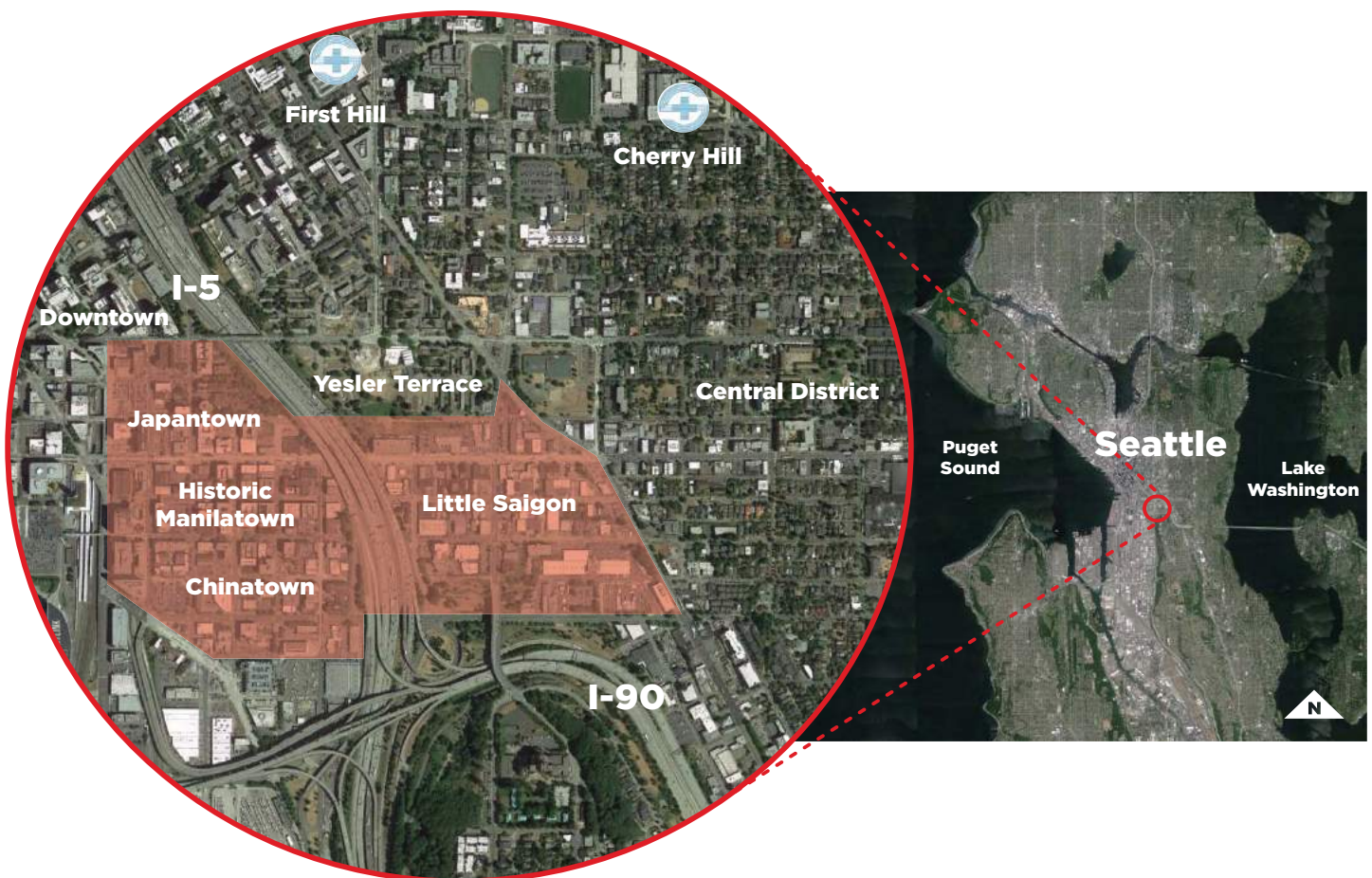
The *Healthy Community Action Plan* provides strategies and **practical direction** needed to improve health, safety, and livability of the CID on the ground and at the policy level. The strategies address the social determinants of health by increasing investments in public spaces and safety; stabilizing and enriching residential and business communities; and influencing decision-making and policy around issues affecting community health. The following page includes a matrix of nine distinct strategies to achieve a healthier, safer, and more livable CID. The strategies are further described beginning on page 16.

This *Plan* is intended to guide our own work and inform key decision-makers about how to support the implementation of these strategies. It is time to make sure that CID community members have a **healthy, safe, and livable neighborhood**, and get the same chance at a **healthy life** as those living and working in Seattle's most prosperous neighborhoods.

<p><b>Strategy 1:</b>  <b>Increase physical and social activity.</b> Decrease sedentary behaviors and chronic stress by advocating for investment in safer and cleaner public spaces; facilitating culturally- and linguistically-responsive community engagement and education; and providing affordable and culturally-relevant opportunities for physical and social activity.</p>	<p><b>Strategy 2:</b>  <b>Encourage inter-agency and multi-sector collaboration.</b> Foster mutual support, joint programming, and common agendas among local organizations to raise community priorities which are often unheard or ignored.</p>	<p><b>Strategy 3:</b>  <b>Prevent displacement and disruption of social, financial, educational, and health support networks.</b> Advocate for policies and implement programs to increase the pace of affordable housing development, especially for very low-income residents and the working poor, to ensure that housing is available and affordable for all segments of the market.</p>
<p><b>Strategy 4:</b>  <b>Stabilize residential and commercial renters and owners through direct services.</b> Reduce the risk and incidence of homelessness, eviction and disruption of social, financial, educational, and health support networks.</p>	<p><b>Strategy 5:</b>  <b>Promote environmental quality and cleanliness of the public realm.</b> Partner with neighborhood, city, and regional agencies to foster a dignified, welcoming, and viable residential and business district.</p>	<p><b>Strategy 6:</b>  <b>Enhance right-of-way to increase safety, social connections, and physical activity.</b> Implement environmental design improvements, including street and sidewalk improvements that are healthful, biophilic and regenerative. Advocate for public investments to make the neighborhood safer, more connected, and accessible, especially for pedestrians and bicyclists.</p>
<p><b>Strategy 7:</b>  <b>Work with city, county, and state agencies to advocate for culturally and linguistically responsive actions to mitigate public safety issues in the neighborhood, including violent and non-violent crime, homelessness, and substance abuse.</b></p>	<p><b>Strategy 8:</b>  <b>Influence public health, health care, and environmental decision-making.</b> Build a body of evidence around neighborhood environmental quality and access to open space by supporting and participating in community-led research.</p>	<p><b>Strategy 9:</b>  <b>Continuous engagement with health care and public health partners.</b> Increase participation and investment in community-based actions that will address the social determinants of health in the CID.</p>

# WHY PLACE MATTERS

The CID continues to be the cultural home and destination for **Asian and Pacific Islander (API) immigrant and refugee people** in King County, Washington, and beyond. API groups are among the **fastest growing** in King County and **experience high levels of poverty**. The conditions of our neighborhood, **where we live, learn, work, and play**, affect our health and ability to make healthy decisions.



Shown in red above, the CID is home to about **3,500 residents** and **8,000 employees** who work at over **500 businesses**. The neighborhood spans over 0.25 square miles, mostly within the 98104 zip code boundaries.



## welcome to seattle's chinatown-international district

The CID is the historic and cultural hub of the API community in the Puget Sound region. **People live here.** Comprised of Chinatown, Japantown, Little Saigon and historic Manilatown, the CID neighborhood has been the first American home for successive waves of immigrants from across Asia and the Pacific Islands, since Seattle's founding.

Today, the CID remains a place

of rich cultural expression through food, architecture, services and activities. Small storefronts line the streets with family-owned fresh food markets, restaurants, herbalists and acupuncturists, travel agencies, and tea shops. Most of the buildings have Asian architectural influences and were built before WWII by family associations.

# a history of social and environmental changes



## 1850s & 1860s

An influx of Chinese immigrants to Seattle to work on the docks. Due to prejudice, the Chinese are forced to live near Yesler's Mill on the waterfront.

## 1889

On June 6th, a glue fire burns down the entire central business district, rendering many of the Chinese laborers who lived in the area homeless. This fire forces the Chinese to re-establish Chinatown inland at Washington St. & 2nd Ave. S.

## 1920s

Nihonmachi, or Japantown, was a booming area that ran from 4th Ave. to 7th Ave. along S. Main St. Within two decades, the Japanese constitute Seattle's largest community of color and the second largest community on the West Coast.

## 1886

On February 6th, after ongoing tension between whites and Chinese, a 3-day violent riot led by white supremacists breaks, leading to the expulsion of over 200 Chinese people from Seattle.



## early 1900s

Rising property values force Chinatown to be moved to S. King St. Over the next few decades, gentrification forces the Chinese community inland, to Beacon Hill & Rainier Valley. Filipino laborers begin to replace the Chinese laborers who previously worked on the docks and in railroad construction.





# a history of social and environmental changes

**1941**

A portion of Chinatown-International District is demolished to build the Yesler Terrace neighborhood. With an influx of Black laborers coming to Seattle to work in the war/defense industry, the area grows to become a predominantly black neighborhood where jazz, swing, and rhythm and blues thrived.



**1960s**

Construction of Interstate-5 cuts right through Chinatown-International District, destroying many Chinese and Japanese-owned businesses and homes.



**1971-1972**

API activists, including Bob Santos pictured above, mobilize in response to the building of the Kingdome Stadium. Acts of civil disobedience are organized to raise awareness about neglect in the CID.

**1980s**

Thousands of immigrants from Vietnam, Cambodia, and Laos begin to establish businesses and homes in the area, further expanding the CID neighborhood to east of I-5.

**1942**

On February 19th, President Roosevelt issues Executive Order 9066, which forcibly imprisoned Japanese Americans. 7,000 residents of Seattle are displaced, nearly overnight.



**1969**

Interlm CDA is formed by a group of local business people and activists. In response to subpar housing conditions and corporate business development that threatens to push the API community out of the neighborhood, Interlm focuses on housing rights and development.

**1974-1975**

The CID's two largest public parks - Hing Hay Park (at 0.3 acres) and Danny Woo Community Garden (at 1.5 acres) - are built as a community gathering space.



# what we are experiencing

The CID is a complex place. It is rich in cultural expression, yet experiences extreme poverty. It is historically significant, yet suffers from historical disinvestment. It has a vibrant street scene, yet is burdened by environmental and social stressors.

The future of the CID is under significant threat as the City of Seattle experiences major growth in real estate and development, especially in high-demand areas around downtown.

Neighborhoods in the downtown area, including the CID, which have historically been home to low-income people and people

of color, have been devastated by changes in housing and community and economic development.

As a result of historic disinvestment and **institutional racism**, our community has endured conditions of concentrated poverty, poor environmental quality, and underfunded public spaces, while having little protection against homelessness, crime and **displacement**.

These are matters of social and **environmental justice**. Such conditions impose disproportionate impacts on the health, resilience, and existence of our community.

## **institutional racism**

/,instə't(y)ooSH(ə)n(ə)l 'ra,sizəm/:

A pattern of social institutions - such as governmental organizations, schools, banks, and courts of law - giving negative treatment to a group of people based on their race.

## **displacement**

/dis'plāsmənt/:

The involuntary relocation of marginalized populations from their current neighborhood.

## **environmental justice**

/in'vīrən'men(t)l 'jəstəs/:

The fair treatment and meaningful involvement of all people regardless of race, color, national origin, or income, with respect to the development, implementation, and enforcement of environmental laws, regulations, and policies.



Legacy of Justice installation prior to Hirabayashi Place construction  
Learn more at [www.interimicda.org/legacyofjustice](http://www.interimicda.org/legacyofjustice)

# what the data tells us

We must address the root causes of poor health and instability in the individuals and families living and working in the CID. Our community has felt the burden of major social and environmental injustices that result in the **health disparities** we see when compared to other communities and neighborhoods in Seattle and King County.

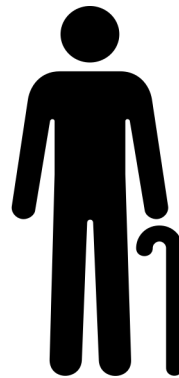
**health disparity**

/heɪlθ dəˈspɛrədē/:

A health difference that is closely linked with social, economic, geographic and/or environmental disadvantage.

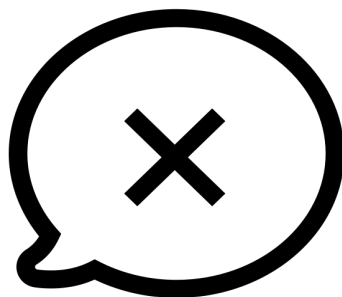


**34%** of CID residents live **at or below the poverty level**

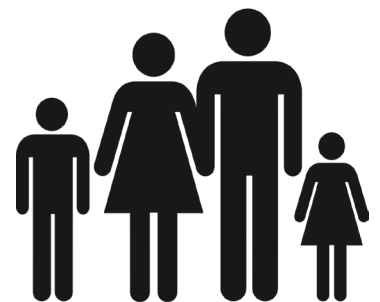


Many residents living in poverty are **seniors**: 25% are over 65 and 42% are over 55 years of age

**Over 50%** of seniors state they speak **little to no English**



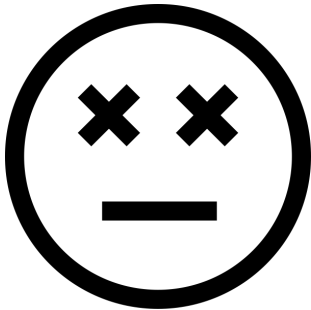
**Younger families** have moved into the CID, increasing children **under age 5 by 64%** since 2010



## what the data tells us

Public Health - Seattle & King County (PHSKC) places the census tracts for downtown and the CID in the bottom quartile of the county for key health indicators, **many of which are rooted in poverty, language barriers, and limited access to resources and exacerbated by chronic stress, social isolation, and sedentary lifestyles.**

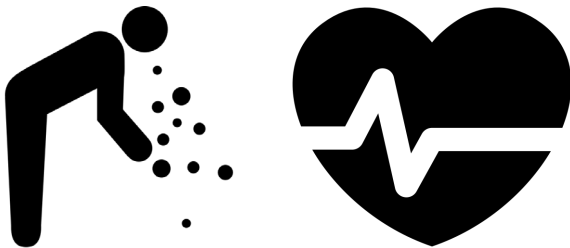
Key health indicators include frequent mental distress, smoking, obesity, diabetes, high Adverse Childhood Event scores, shortened life expectancy at birth, poverty, preventable hospitalizations, unemployment, and poor housing conditions. Rates of violence, including homicides, are also in the worst quartile for the county.



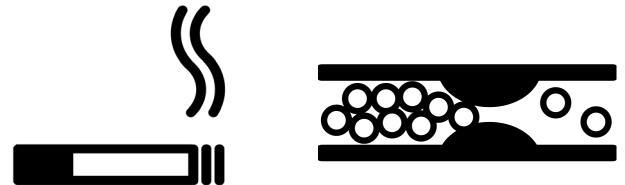
Life expectancy in the CID averages 79 years, which is **seven years less** than the longest life expectancy experienced elsewhere in King County.



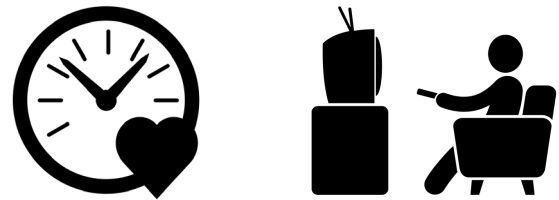
**Diabetes** is the leading cause of death in the CID.



Deaths from flu, stroke, and heart disease are common and **exceed** the county rate.



People living in the CID have some of the highest prevalence of **smoking, high cholesterol, high blood pressure, and no physical activity.**



More people report having **poor mental health** in the CID than elsewhere in King County. Addressing mental health is particularly challenging for the API communities because of cultural factors that place **stigma** on seeking care for mental illness, **language barriers** that make it difficult to access mental health services, and a **lack of awareness** of available resources. As a result, many APIs tend to **dismiss, deny, or neglect** their symptoms which can **exacerbate their mental health conditions.**

## what the data tells us

The CID has the **least amount of open and green space per person** compared to any other neighborhood in the city and the available space is often unsafe. **Garbage, litter, traffic, and poor street and sidewalk infrastructure** discourage walking, biking, and other outdoor activities. The neighborhood is **bisected by Interstate 5** with the highest traffic volumes in the Pacific Northwest.

**Poor air quality** contributes to more asthma,

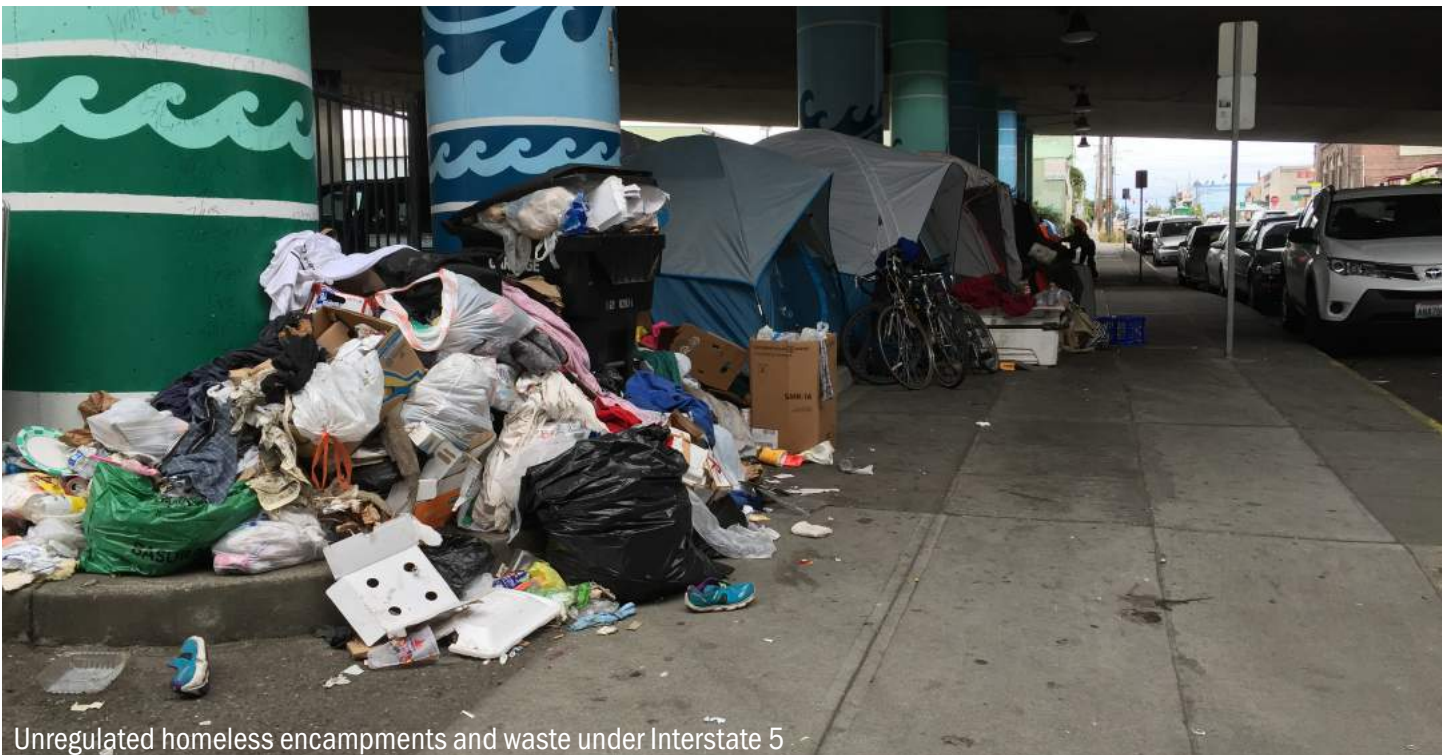
respiratory, and cardiac-related hospital visits per capita than 99% of other Puget Sound neighborhoods, according to the Puget Sound Clean Air Agency. This will continue to be the trend as more development occurs, and will have negative health impacts on the most vulnerable populations living and working in the neighborhood.



Illegal dumping and litter fill streets and alleyways in the CID



Aerial view of Interstate 5 bisecting the CID



Unregulated homeless encampments and waste under Interstate 5

## what the data tells us

As a result of institutional racism and historic disinvestment in this neighborhood, our community has been forced to endure conditions of concentrated poverty, poor environmental quality, and unsafe public space.

These conditions contribute to the **chronic stress, social isolation, and sedentary lifestyles** that drive many of the poor health outcomes we see in our neighborhood.

The *Seattle 2035 Growth and Equity Analysis* described the CID neighborhood as one of “high access to opportunity and high risk of displacement.” This means that the CID is a high-demand area with amenities and opportunities.

More importantly, this means **new development in and around the CID will cause displacement if not coupled with public investment to stabilize and enrich existing communities.** When communities are displaced, social, educational, health and financial support systems can break, negatively affecting people's wellbeing.

### **chronic stress**

/'kränik stres/:

A state of prolonged tension from internal or external stressors over which an individual perceives he or she has no control. Chronic stress has negative physical and mental health implications including anxiety, depression, heart disease, weight gain, and sleep problems.

### **social isolation**

/'sōSHəl ,īsə'lāSH(ə)n/:

This is a state in which the individual lacks a sense of belonging socially, lacks engagement with others, has a minimal number of social contacts, and are deficient in fulfilling and quality relationships. It is a major and prevalent health problem among community-dwelling older adults, leading to numerous detrimental health conditions.

### **sedentary lifestyle**

/'sedn,terē 'līf,stīl/:

A type of lifestyle in which a person has irregular or no physical activity.

# what the community tells us

Beyond what public health, health care, environmental, and demographic data tell us about health and quality of life in the neighborhood, we needed to hear directly from residents, employees, and community members about their aspirations for a healthier neighborhood.

The community repeatedly mentioned the following as barriers to health: **feeling threatened by violence and crime, homelessness, and poor environmental quality; experiencing social isolation; and having limited opportunities to be active and engaged in the neighborhood.**

Community members experience **chronic**

**stress, social isolation, and sedentary lifestyles** as a result of the poor social and environmental conditions of the neighborhood. Research shows that chronic stress, social isolation, and sedentary lifestyles can lead to serious physical and mental health consequences including anxiety, depression, heart disease, diabetes, high blood pressure, and premature death.

Despite many challenges, the CID is still one of Seattle's most vibrant and diverse neighborhoods. We see many opportunities to address the root causes of the chronic stress, social isolation, and sedentary lifestyles our community experiences.



Residents and community members discuss their aspirations for a healthier neighborhood at InterIm CDA's monthly community meeting

## how we are responding

We are becoming more intentional about incorporating **health equity** into our approach to housing, community, and economic development.

With funding from the BUILD Health Challenge grant, in partnership with fellow community-based organizations, Swedish, and Public Health - Seattle & King County, we developed this comprehensive *Healthy Community Action Plan* that guides collaborative strategies and activities that our partners will pursue to address the physical and social determinants of health in the CID. Interlm CDA formed a new Healthy Communities Program to oversee and convene partners to develop and implement this *Plan*.

In addition to Swedish and PHSKC, our neighborhood partners include the Seattle Chinatown International District Preservation and

Development Authority (SCIDpda), Chinatown International District Business Improvement Area (CIDBIA), International Community Health Services (ICHS) and Yesler Community Collaborative (YCC).

This collaboration in itself is an expression of our partners' commitment to understanding the channels through which they can affect health in their work, and furthermore, a commitment to better aligning our individual efforts to achieve health equity. We plan to guide our collective work and inspire others to take on efforts to make the CID healthier, safer, and more livable for all.

### health equity

/heITH 'ekwədə/:

the absence of avoidable or remediable differences among groups of people, whether those groups are defined socially, economically, demographically, or geographically.



Community members enjoy time in the Danny Woo Community Garden during the annual Pig Roast.



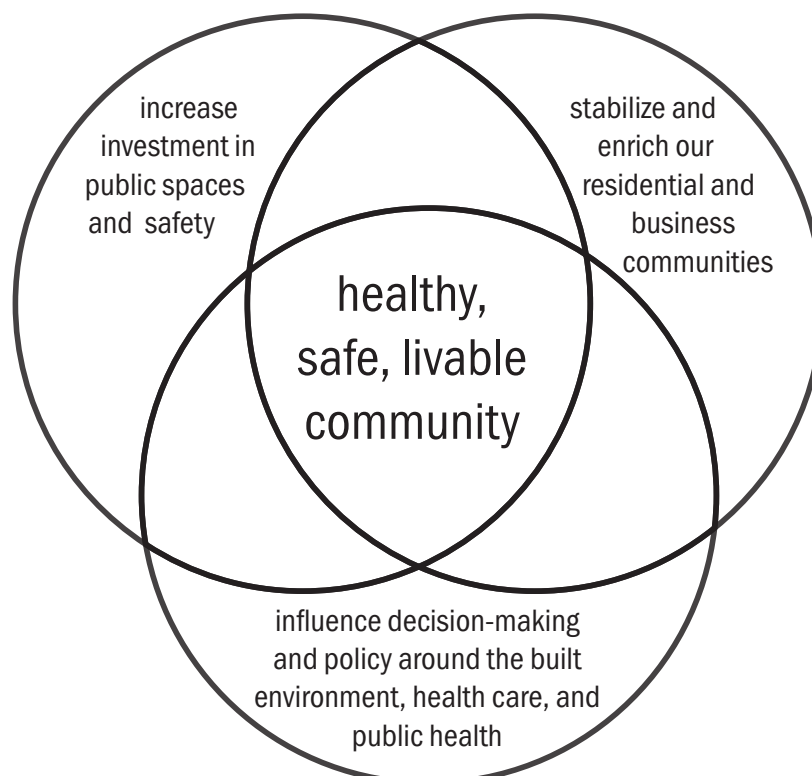
# VISION AND MISSION

vision for the  
chinatown-international district:

A Chinatown-International District that is healthy, safe, and livable for residents, businesses, and community members.

mission of the  
healthy community action plan:

To reduce chronic stress, social isolation, and sedentary lifestyles by increasing investment in public spaces and safety, stabilizing and enriching our residential and business communities, and influencing key decision-makers and policy around issues affecting the community's health.



# 2020 HEALTHY COMMUNITY ACTION PLAN

## achieving our vision

The following *Healthy Community Action Plan* offers practical strategies in response to our community's vision for a healthier, safer, and more livable neighborhood. This *Plan* also includes a selection of activities as examples of what we will do to implement these strategies.

This *Plan* serves as a guide to our partners as we work to increase investment in public spaces and safety, stabilize

and enrich our residential and business communities, and influence key decision-makers around issues affecting the community's health.

The *Plan* is also a call to action to other local organizations and the city, county, and state governments to join us in implementing these strategies for a safer, healthier, and more livable neighborhood.



Community members gather at Hing Hay Park

## strategy 1:

**Increase physical and social activity.** Decrease sedentary behaviors and chronic stress by advocating for investment in safer and cleaner public spaces; facilitating culturally- and linguistically-responsive community engagement and education; and providing affordable and culturally-relevant opportunities for physical and social activity.



Youth programming in the Danny Woo Community Garden

### HOW WE WILL DO THIS:

» Interlm CDA, Swedish, and ICHS will establish a housing-health care partnership to build a resilient residential community through a resident-driven program called *Set for Success: Healthy Lifestyles for All Ages*. This program will bring activities, information, and resources to low-income residents at our affordable housing development, Hirabayashi Place. This will support health, wellness, and financial literacy so residents can better manage their health and finances. This program can be scaled up and tailored to our other affordable housing buildings.

» We will activate our parks and open spaces to make them safer, while promoting physical activity and community building. Interlm CDA is leading a multi-organizational parks activities series across the three parks in the CID (Danny Woo Community Garden, Hing Hay Park, and Donnie Chin International Children's Park) which are chronically underfunded and often attract illicit activities. This programming will ensure that the parks are regularly used in positive ways and will help us build the case for sustained investment in our public spaces.

» Partners will collaborate to revise the funding model for public neighborhood programs and amenities that relies on fee-for-service revenues - which low-income communities like the CID cannot afford. Partners will work with the City of Seattle, Seattle Park District, and Associated Recreation Council to bring about sustainable funding to the International District/Chinatown Community Center, which is chronically underfunded as a result of this approach to program funding in a low-income neighborhood.

## strategy 2:

**Encourage inter-agency and multi-sector collaboration.**

Foster mutual support, joint programming, and common agendas among local organizations to raise community priorities which are often unheard or ignored.

### HOW WE WILL DO THIS:

» Partners will maintain ongoing regularly scheduled programming including InterIm CDA's monthly community and resident meetings and SCIDpda's monthly neighborhood safety meetings. The goal of this is to provide community members with a reliable and accountable forum for communicating their concerns about the neighborhood and to provide community members with information about issues that may affect them. As partner organizations, we will create a common forum to increase communication and conferring around issues emerging from community meetings to inform our own services and advocacy.

## strategy 3:

**Prevent displacement and disruption of social, financial, educational, and health support networks.**

Advocate for policies and implement programs to increase the pace of affordable housing development, especially for very low-income residents and the working poor, to ensure that housing is available and affordable for all segments of the market.

### HOW WE WILL DO THIS:

» The cost of land is prohibitive for non-profit affordable housing developers. In an effort to reduce barriers to financing the purchase and development of land in the CID, InterIm CDA and SCIDpda will test *Joint Venture* and *Preservation* financing models to secure land and develop healthful affordable housing, especially for the working poor and lowest income residents.

» In collaboration with the Yesler Community Collaborative, we will work with the City and other levels of government to expand regulatory and programmatic tools to preserve and develop affordable housing. This includes transferring publically-owned land suitable for housing to the community and prioritizing public resources for affordable housing in the CID and adjacent neighborhoods with high risk of displacement and high opportunity.

## strategy 4:

Stabilize residential and commercial renters and owners through direct services.

Reduce the risk and incidence of homelessness, eviction and disruption of social, financial, educational, and health support networks.

### HOW WE WILL DO THIS:

» Interlm CDA's Housing Services program will continue its eviction prevention and homeless diversion programs, which stabilize individuals and families facing eviction or homelessness. SCIDpda's IDEA Space will continue its technical assistance programs for real estate, design, and business to help property and business owners understand the implications of land-use and zoning requirements and identify funding opportunities to encourage long-term community ownership, reduce risks of eviction, and displacement.

» We will advocate to revise 211 coordinated entry requirement for housing services to remove barriers to accessing services, especially among non-English speakers, so that individuals and families facing eviction and homelessness can more easily be stabilized and placed into safe, affordable housing.

## strategy 5:

Promote environmental quality and cleanliness of the public realm. Partner with neighborhood, city, and regional agencies to foster a dignified, welcoming, and viable residential and business district.

### HOW WE WILL DO THIS:

» We will support the CIDBIA in its efforts to improve the cleanliness and sanitation around residential and commercial buildings in the CID. We will do this by collectively advocating to the City and other property owners and businesses to streamline waste contract providers, enforce illegal dumping fines, and invest in public spaces. We will advocate for more litter cans, consistent sweeps, and education of property owners and residential complexes about waste removal options and keeping storefronts clean and free of graffiti. A cleaner and more dignified environment will reduce stress and fear, increase people's willingness to be outside, while supporting our neighborhood economy.



Fresh fruits and vegetables sold outside of Dong Sing Market



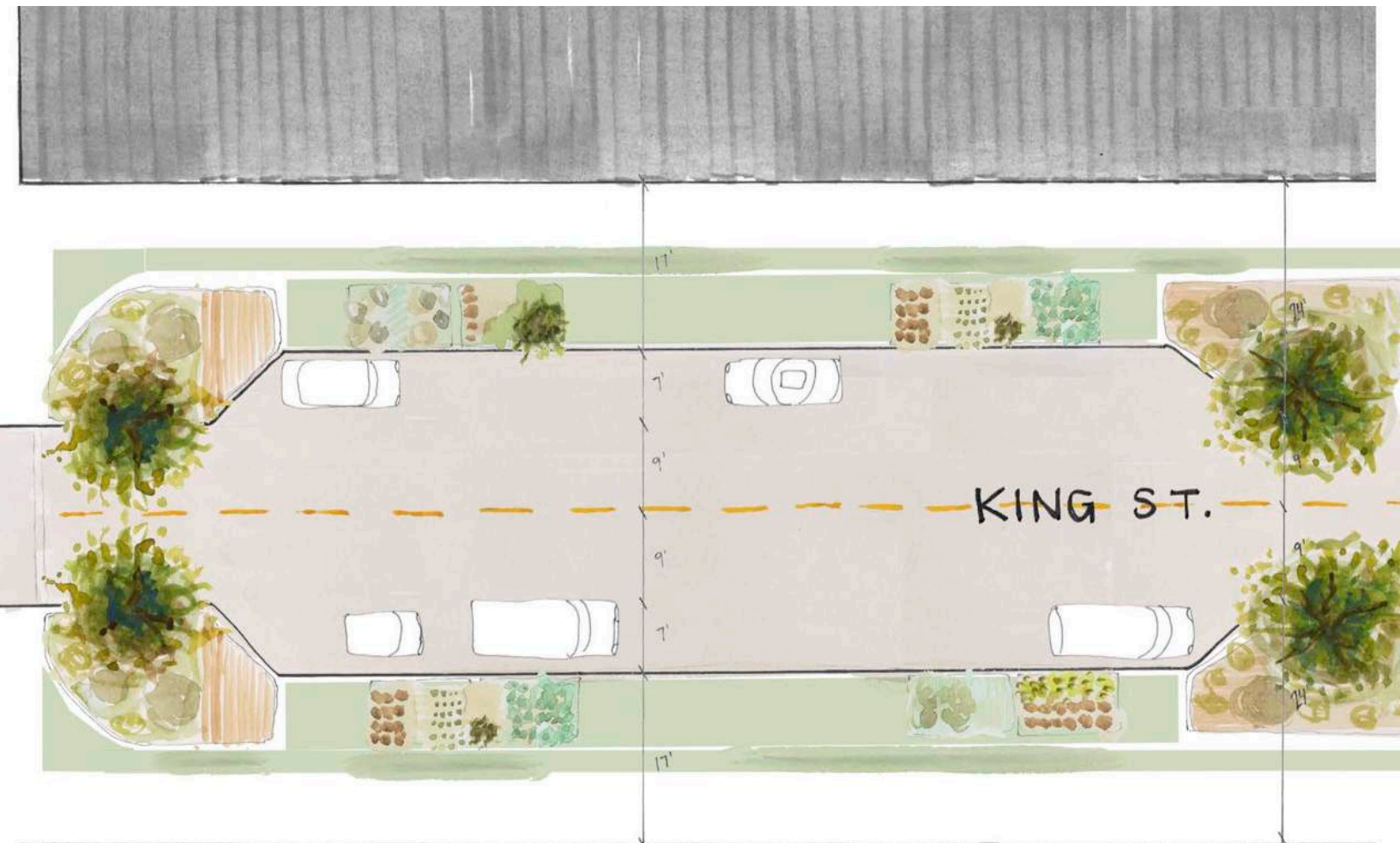
Residences and businesses along S. King St.

## strategy 6:

Enhance right-of-way to increase safety, social connections, and physical activity. Implement environmental design improvements, including street and sidewalk improvements that are healthful, biophilic and regenerative. Advocate for public investments to make the neighborhood safer, more connected, and accessible, especially for pedestrians and bicyclists.

### HOW WE WILL DO THIS:

» We will partner with the City, environment, and neighborhood organizations to support a variety of upcoming street improvement and connectivity projects, especially those that improve the safety, accessibility, and connectivity under the I-5 freeway. We know that improving the conditions, traffic, and connectivity on our streets and sidewalks will make our neighborhood more conducive to walking and bicycling. Upcoming street improvements include the *King Street Greenway*, *Jackson Street Connections*, and *Little Saigon Streetscape Concept Plan*.



## strategy 7:

Work with city, county, and state agencies to advocate for culturally and linguistically responsive actions to mitigate public safety issues in the neighborhood, including violent and non-violent crime, homelessness, and substance abuse.

### HOW WE WILL DO THIS:

» SCIDpda and Interlm CDA will collaborate to implement the recommendations from our 2016 community safety survey. We will develop a comprehensive data collection system to streamline various qualitative and quantitative community safety data sources to inform city decision-making and advocate for improved public safety. We will also provide community public safety education to residents and businesses in the CID. In 2017, we will disseminate and analyze a follow up community safety survey to understand how community safety issues are changing and the implications for future action.

## strategy 8:

Influence public health, health care, and environmental decision-making. Build a body of evidence around neighborhood environmental quality and access to open space by supporting and participating in community-led research.

### HOW WE WILL DO THIS:

» We will measure the health impacts of near-road air toxics to inform health care and built environment decision-making. Our Wilderness Inner-City Leadership Development (WILD) youth environmental justice program is partnering with Puget Sound Clean Air Agency (PSCAA) to drive quantitative data collection to gain knowledge on health impacts of poor air quality. 21 Progress will support the youth in gathering a body of qualitative evidence through community engagement and advocacy. A better understanding of near-road pollution sources and the associated health risks will lead to the exploration of CID-specific mitigation strategies to reduce exposure.





An elder gardener and his plot at the 1.5 acre Danny Woo Community Garden - the largest green space in the CID neighborhood  
Learn more at [www.dannywoogarden.org](http://www.dannywoogarden.org)

## strategy 9:

### Continuous engagement with health care and public health partners.

Increase participation and investment in community-based actions that will address the social determinants of health in the CID.

#### HOW WE WILL DO THIS:

» We will continue working directly with our health care and public health partners for the purpose of implementing our activities, collaborating on policy and advocacy statements, and monitoring and evaluating our programmatic outcomes. We will also revisit sustainable funding models for the continued implementation of our collaborative efforts. This will inform future actions responding to the social and environmental factors affecting our community's health and wellbeing.

# MEASURING OUTCOMES

Examples of locally-relevant indicators we can measure to track progress in improving the health, safety, and livability of the CID neighborhood.

Objective Category	Objectives	Indicators
<b>Public safety, both real and perceived, is improved</b>	Community members understand the importance of calling 911	<ul style="list-style-type: none"> <li>» Crime as reported through publicly available 911 data</li> <li>» Number of 911 calls</li> </ul>
	City and SPD are more culturally-responsive in their approach to public safety	<ul style="list-style-type: none"> <li>» Reported stress of anxiety due to public safety</li> <li>» Population reporting having a safe place to go in the neighborhood in the even of an emergency</li> <li>» Perceptions of police-community relations in the neighborhood</li> </ul>
	The built environment is conducive to public safety	<ul style="list-style-type: none"> <li>» Perception of safety in different areas of neighborhood</li> <li>» Percent feeling safe in the neighborhood</li> </ul>

Objective Category	Objectives	Indicators
<b>Improve environmental quality and cleanliness</b>	Business district and residential areas are clean, safe, and welcoming	<ul style="list-style-type: none"> <li>» Frequency of clean-ups by contracted clean-up services</li> <li>» Number of contracted services</li> <li>» Homeless count</li> </ul>
	Community members are engaged and practicing strategies to keep the neighborhood clean	<ul style="list-style-type: none"> <li>» Monthly illegal dumping offenses</li> <li>» Number of businesses enrolled in Clear Alleys Program</li> <li>» Encampment counts by location</li> </ul>
	Air quality is protected from pollution and emissions	<ul style="list-style-type: none"> <li>» Near-road air pollution concentration</li> </ul>

# MEASURING OUTCOMES

Examples of locally-relevant indicators we can measure to track progress in improving the health, safety, and livability of the CID neighborhood.

Objective Category	Objectives	Indicators
<b>Foster an active, healthy, engaged, and connected community</b>	Health outcomes and access are more equitable	<ul style="list-style-type: none"> <li>» Self-reported health</li> <li>» Percent of residents with a primary care provider</li> <li>» Hospitalizations or ER visits due to chronic illness, by illness</li> </ul>
	Health and wellness-related community programming is accessible	<ul style="list-style-type: none"> <li>» Percent of residents participating in community events over time</li> <li>» Count of community and resident programming related to physical, mental, and social wellbeing</li> </ul>

Objective Category	Objectives	Indicators
<b>Stabilize and enrich residential and business communities</b>	Culturally-appropriate economic development is encouraged	<ul style="list-style-type: none"> <li>» Change in community and business organizations (e.g., membership, nature of activities)</li> <li>» Number of new developments and rehabilitations in the neighborhood</li> </ul>
	Risks of gentrification and displacement for residents and businesses are reduced	<ul style="list-style-type: none"> <li>» Housing market conditions compared to adjacent neighborhoods</li> <li>» Percent of apartments in CID within fair market rate</li> <li>» Demographic changes (e.g., increase in white population, educational attainment, household income)</li> <li>» Changes in average rent in the neighborhood</li> </ul>

# WHO WE ARE



## **InterIm Community Development Association**

InterIm Community Development Association (InterIm CDA) is an affordable housing and community development association located in the CID. Our mission is to promote resiliency in Asian, Pacific Islander, low-income, immigrant and refugee communities through culturally and linguistically responsive community building. InterIm CDA was founded in 1969 as a place-based community development organization in the CID, acting as a catalyst, advocate, and provider of services in the neighborhood.

[www.interimicda.org](http://www.interimicda.org)



Extraordinary **care**. Extraordinary **caring**.<sup>SM</sup>

## **Swedish**

Founded in 1910, Swedish is a non-profit healthcare provider whose mission is to improve the health and well-being of each person they serve. They aim to demonstrate the highest-quality, best-value healthcare to all they serve. Swedish has five medical centers and over 120 clinics has grown into the greater Seattle, King County and Snohomish County to become the largest most comprehensive medical system. In 2015, Swedish reinvested more than \$175 million in the community through its community benefit programs and initiatives.

[www.swedish.org](http://www.swedish.org)



## **Public Health - Seattle & King County**

Public Health – Seattle & King County (PHSKC) works to protect and improve the health and well-being of all people in King County as measured by increasing the number of healthy years that people live and eliminating health disparities. PHSKC serves a population of 1.9 million people and protects the public from threats to their health, promotes better health, and helps to assure that people are provided with accessible, quality care.

[www.kingcounty.gov/healthservices/health](http://www.kingcounty.gov/healthservices/health)

# WHO WE ARE



## **Chinatown - International District Business Improvement Area**

The Chinatown-International District Business Improvement Area (CIDBIA) works to improve and promote Seattle's Chinatown-International District. In addition to providing public safety and sanitation services, the CIDBIA coordinates several of the neighborhood's major events including the Night Markets and Lunar New Year Celebration, in addition to Dragon Fest. The BIA also advocates on behalf of its constituents with respect to a host of public policy, planning, safety, and quality-of-life issues.

[www.cidbia.org](http://www.cidbia.org)



## **Seattle Chinatown International District Preservation and Development Authority**

The Seattle Chinatown International District Preservation and Development Authority (SCIDpda) was founded by the community in 1975 with the mission to preserve, promote, and develop the CID as a vibrant community and unique ethnic neighborhood. SCIDpda has over a 40-year record of increasing neighborhood sustainability through innovative programs and projects that balance development and preservation.

[www.scidpda.org](http://www.scidpda.org)



## **International Community Health Services**

Starting in 1973 as a small storefront health clinic in the CID, the International Community Health Services (ICHS) has become one of the premier health care providers in Washington State, providing culturally and linguistically appropriate health services to improve the health of Asian Pacific Islanders and the broader community. This nonprofit community health center provides primary medical and dental care, integrated behavioral health support services, health education and community advocacy at seven locations. The US Department of Health and Human Services named ICHS the only "National Quality Leader" in WA in 2015 for exceeding national quality benchmarks for health care.

[www.ichs.com](http://www.ichs.com)



## **Yesler Community Collaborative**

The Yesler Community Collaborative (YCC) is a non-profit organization that brings together partners in the education, housing, environment, health care, business, arts, government and philanthropic sectors to support equitable and sustainable community development at Yesler Terrace and in surrounding neighborhoods. Their intent is to foster connections and leverage existing resources to amplify and expand the revitalization work taking place.

[www.yescollab.org](http://www.yescollab.org)



With funding support from:

The  
**BUILD  
 HEALTH**  
 Challenge

In partnership with:



Extraordinary care. Extraordinary caring.™



For more information on the Healthy Communities Program:  
 visit [www.interimicda.org/whatwedo/healthy-communities-program](http://www.interimicda.org/whatwedo/healthy-communities-program)  
 contact [healthycommunities@interimicda.org](mailto:healthycommunities@interimicda.org)