




# City of Seattle Boards & Commissions Notice of Appointment

<b>Appointee Name:</b> <i>Kristina M. Sawyckyj</i>		
<b>Board/Commission Name:</b> <i>Seattle Human Rights Commission</i>		<b>Position Title:</b> <i>Member</i>
<input checked="" type="checkbox"/> <b>Appointment</b> OR <input type="checkbox"/> <b>Reappointment</b>	<b>City Council Confirmation required?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Appointing Authority:</b> <input type="checkbox"/> City Council <input checked="" type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i>	<b>Term of Position: *</b> <i>1/23/2024</i> <b>to</b> <i>1/22/2026</i> <input type="checkbox"/> <i>Serving remaining term of a vacant position</i>	
<b>Residential Neighborhood:</b> <i>Homeless</i>	<b>Zip Code:</b> <i>N/A</i>	<b>Contact Phone No.:</b>
<b>Background:</b> <i>Kristina is a Seattle University senior working on an Interdisciplinary Studies degree with hopes on going to law school. She has seven children from 14-29 years of age. She is multicultural, holding many identities close to heart. Kristina was in the US NAVY from 1987-1992 from which she became a disabled veteran. She is active on many issues including homelessness, emergency management and disaster preparedness, transit, food insecurity, and grassroots organizing. Kristina is interested in working on policies and legislation that affects individuals and families with disabilities. Since 2018, Kristina has been serving as a Commissioner on the Seattle Commission for People with disAbilities and looks forward to her continued work.</i>		
<b>Authorizing Signature (original signature):</b>  <b>Date Signed (appointed):</b> 4/8/2024	<b>Appointing Signatory:</b> <i>Bruce A. Harrell</i> <i>Seattle Mayor</i>	

\*Term begin and end date is fixed and tied to the position and not the appointment date.

# Kristina M. Sawyckyj, LPN, BA, MPH 2<sup>nd</sup> Year

## EDUCATION

<b>University of Washington</b> Master's In Public Health Student	<b>2021-Current</b>
<b>Seattle University</b> Graduate in Interdisciplinary Studies with a minor in Politics Tau Sigma Transfer Honor Society, Salute Veterans Honor Society, Alpha Iota Sigma Interdisciplinary Honor Society & Alpha Sigma Nu-Jesuit Honor Society @Seattle University	<b>2021</b>
<b>Seattle Central College</b> Transfer credits Phi Theta Kappa-Honor Society @Seattle Central College	<b>2018</b>
<b>Community College of Denver</b> Licensed Practical Nurse	<b>2003</b>
<b>Red Rocks Community College &amp; Federal Emergency Management Agency</b> Classes in Disaster Management including Emergency Planning, Exercise design, EOC Management and Operations, Disaster Leadership classes.	

## MILITARY EXPERIENCE

HOSPITALCORPSMAN –EMT/CPR INSTRUCTOR, EMERGENCY ROOM & FIELD MEDICAL TRAINING, FIRE FIGHTING EXPERIENCE,  
PERSONNEL MANAGEMENT  
USNAVY June 1987-August 1987  
USNAVY June 1988-September 1988  
USNAVY RESERVES -Activated for Operation Just Cause- May 1987 – November 1992  
VETERANS AFFAIRS RATED 70% SERVICE CONNECTED

## VOLUNTEER EXPERIENCE

<b>Camden Complex Care Leadership Committee</b>	<b>2023-Current</b>
<b>Governor's Committee on Disability Issues and Employment</b> Legislative Committee Member	<b>2023-Current</b>
<b>Health Care for the Homeless Network's (HCHN) Community Advisory Group-King County</b> Governance Council Member & Co-Chair Community Advisory Group	<b>2018-Current</b>
<b>WA Health Care Authority Medicaid Committee</b> WA State Medicaid Planning Committee	<b>2019-Current</b>
<b>Seattle Commission for People with Disabilities</b>	<b>2018-Current</b>
<b>Washington State Poverty Action Network</b> Anti-poverty Action Group formed under Governor Inslee	<b>2018-Current</b>
<b>University of Washington: Student Leadership</b> Public Health Deans Committee Student Disability Committee Graduate & Professional Student Senate	<b>2022-2023</b> <b>2022-Current</b> <b>2021-Current</b>
<b>Seattle University Student Government-Disabled Student Rep</b>	<b>2018-2021</b>
<b>Disability Right's Washington-Mental Health Advisory Council</b> Mental Health Advisory Council-Chair/Board of Directors 2017-2019	<b>2014-2019</b>

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Kristina M. Sawycky, LPN, BA, MPH 2<sup>nd</sup> Year

<b>METRO Access Paratransit Committee</b> Chair	2020-Current
<b>Sound Transit -Citizens Accessibility Advisory Committee</b> Vice Chair 2019	2016-Current
<b>Transit Riders Union</b> Member since 2015 - Disability & Access Officer from 2018	
<b>National Healthcare for the Homeless- National Consumer Advisor Board</b> Region 9 & 10 Representative	2021-2023
<b>Colorado Cross Disability Coalition (CCDC)-Board Member</b> CCDC advocates for Social Justice for people with all types of disabilities.	2009-2012
<b>National Alliance for the Mental Illness (NAMI)-Colorado NAMI Veterans Council Representative</b>	2008-2011
<b>National Alliance for the Mental Illness (NAMI)-Colorado Springs Board Member &amp; Colorado NAMI Veterans Council Representative</b> NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need.	2007-2008
<b>Parent to Parent of Colorado-Advisory Board Member</b> Parent to Parent of Colorado is a non-profit organization committed to quality parent to parent support across Colorado.	2007-2012
<b>Colorado State Mental Health Planning Council- Family Board Member</b>	2011
<b>El Paso County Department of Human Services-Community Advisory Board</b>	2010-2011
<b>Colorado Department of Vocational Rehabilitation-State Rehab Council (SRC)</b> The SRC is to review analyze and advise the Division of Vocational Rehabilitation regarding the performance of its responsibilities under the Rehabilitation Act.	2004-2006
<b>Federation of Families for Children's Mental Health-Denver/Aurora Chapter –Board Member</b>	2001-2002
<b>Colorado Springs Early Intervention Council</b>	2004-2007
<b>People United for Families-Board Member</b> Non-profit dedicated to advocacy and protection of programs for low-income Americans.	1999-2004
<b>Arizona Behavioral Health Consumer and Family Council</b>	1996-1999

**RELATED EXPERIENCE**

**Washington State Certified Peer Advocate (2021)**

**Veterans Peer Corps Trained (2018)**  
Washington Department of Veterans Affairs

**Recovery Coach Certified (2018)**  
CCAR Trained Recovery Coach

**Citizens Emergency Response Trained (2013)**

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Kristina M. Sawycky, LPN, BA, MPH 2<sup>nd</sup> Year

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Denver, CO

**Depression and Bipolar Alliance of Colorado Springs (2009)**  
Parent Group Leader

#### TRAININGS

**Conflict Resolution Training (2019)**

**City and County of Denver-Citizen's Emergency Responder (CERT)certified (2013)**  
Cert Instructor Trained 2014

**Leaderships Pikes Peak-Women's Community Leadership Incentive Program (2009)**

**Colorado Cross Disability Coalition Advocacy training (2007)**

**Resident Leadership Facilitation by Annie E. Casey Foundation (2004)**

**0-3 Early Intervention Training-Peak Parent Center (2005)**

Training in early intervention services for kids birth to 3

**City and County of Denver-Citizens Police Academy (2001)**

**Partner's in Leadership-Colorado training (2001-2002)**

**The Advocacy Project with Lee Mizer (2000-2001)**

Advocacy Training

**Parents Anonymous (1995-1998)**

Parent Educator

**Family Support Facilitator@ Northern Arizona State University (1998)**

**Partner's in Policymaking: Arizona training (1998)**

**FEMA Trainings-** ICS 100-Introduction to the Incident Command System; ICS 200-Basic Incident Command System for Initial Response; ICS 300-Intermediate ICS for Expanding Incidents; ICS 400- Advanced ICS Command and General Staff-Complex Incidents; ICS 700-National Incident Management System; ICS 800- National Response Framework

**NAMI Trainings-** Vision's and Family-to-Family Facilitator Training (2009) Training for NAMI's program for working with young families with members with mental illness; Family to Family Facilitator Training (2008) Training for NAMI's program for working with families with members with mental illness; and NAMI Young Family Facilitator Training (1998).

**American Red Cross Trainings-**Trained in Mass Care 1( 1995), Emergency Assistance to Families 1 & 2 (1996), Financial Assistance (1996), International Social Services (1996), Referral to Military Aid Societies (1996), Disaster Public Affairs 1 (1996), Public Affairs 1 (1996), Disaster Action team Workshop (2000), and Disaster Liaison 1 (2000).

#### LEADERSHIPS PROGRAMS-2020-2021

Mission Continues-Service Learning Program

Team Rubicon-Clay Hunt Fellowship Program

Minority Veterans of America-Emerging Leaders Program

Agents of Change-Antiracism Training

#### MEMBERSHIPS

**Team Rubicon (2019-Current)**

Veterans-based disaster preparedness & deployment

Clay Hunt Fellow (2021)

**Mission Continues (2016-Current)**

Connects military veterans with new missions in under-resourced communities

Service Leadership Corps Graduate (2021)

**Paralyzed Veterans of America-Lifetime Member**

**Disabled American Veterans-Lifetime Member**

**National Alliance of Mental Illness-Member (1992-Current)**

**Paralyzed Veterans of America-Lifetime Member**

**9 to 5 Alliance for Working Women-Member (1999-Current)**

**Veterans of Foreign Wars Auxiliary-Lifetime Member**

**AMVETS-Lifetime Member**

**American Legion-Member**

**Minority Veterans of America-Member**

**Service Woman's Action Network-2012/2013 Participant**

**Project Wise (Women empowerment support)-Member 1999-2014**

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# Seattle Human Rights Commission

## March 2024

21 Members: Pursuant to [SMC 3.14.920](#), all members subject to City Council confirmation, 2-year terms:

- 8 City Council-appointed
- 9 Mayor-appointed (includes 1 Get-engaged Mayor position)
- 4 Other Appointing Authority-appointed: Commission-appointed

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
	F		1.	Member	Bryennah Quander	7/23/23	7/22/25	1	City Council
	M		2.	Member	Andre Brown	7/23/23	7/22/25	1	Mayor
	F		3.	Member	Haley Miller	7/23/23	7/22/25	1	City Council
			4.	Member	Vacant	7/23/23	7/22/25	1	Mayor
	M		5.	Member	Mohamed Bonah	7/23/23	7/22/25	1	City Council
	M		6.	Member	Emeka Alozie	1/23/24	1/22/26	1	Mayor
			7.	Member	Mariam Sulayman Koss	1/23/24	1/22/26	1	City Council
			8.	Member	Chelsea Stevenson	1/23/24	1/22/26	1	Commission
	F		9.	Member	Vacant	7/23/22	7/22/24	1	Mayor
	F		10.	Member	Vacant	7/23/22	7/22/24	1	City Council
			11.	Member	Vacant	7/23/22	7/22/24	1	Mayor
	F		12.	Member	Vacant	7/23/22	7/22/24	1	City Council
	F		13.	Member	Kristina M. Sawyckyj	1/23/24	1/22/26	1	Mayor
	M		14.	Member	Ali Tufail Khan	1/23/24	1/22/26	1	City Council
			15.	Member	Christina R. Diego	1/23/24	1/22/26	1	Mayor
	F		16.	Get Engaged	Rachel Lockerbie	9/1/23	8/31/24	1	Mayor
	F		17.	Member	Vacant	7/23/22	7/22/24	1	City Council
	F		18.	Member	Tricia Diamond	1/23/24	1/22/26	2	Mayor
			19.	Member	Vacant	7/23/22	7/22/24	1	Commission
			20.	Member	Nicholas G. Leydon	1/23/24	1/22/26	1	Commission
			21.	Member	Vacant	7/23/22	7/22/24	1	Commission

### SELF-IDENTIFIED DIVERSITY CHART

	SELF-IDENTIFIED DIVERSITY CHART		(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)		
	Male	Female	Transgender	NB/ O/U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
<b>Mayor</b>	2	3											
<b>Council</b>	5												
<b>Comm</b>		2											
<b>Total</b>													

**Key:** \*D List the corresponding *Diversity Chart* number (1 through 9)

\*\*G List *gender*, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown Residential Council District number 1 through 7 or N/A -Diversity info is self-identified and

\*\*RD voluntary.