



City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: <i>Kaarin Stowell</i>		
Board/Commission Name: <i>Burke-Gilman Place Public Development Authority</i>		Position Title: <i>Director</i>
<input checked="" type="checkbox"/> Appointment OR <input type="checkbox"/> Reappointment	City Council Confirmation required? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Appointing Authority: <input type="checkbox"/> City Council <input checked="" type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i>	Term of Position: * 1/1/2024 to 12/31/2026 <input type="checkbox"/> <i>Serving remaining term of a vacant position</i>	
Residential Neighborhood: <i>Bryant</i>	Zip Code: <i>98105</i>	Contact Phone No.: [REDACTED]
Background: <p>I am excited to apply to be the Board representative for Ronald McDonald House Charities of Western WA and AK (RMHC) with the Burke Gilman PDA. I am an active member of the PDA community and look forward to the opportunity to partner with representatives from the Burke Gilman PDA Board. My history within the PDA community is long and varied. I have worked for RMHC for 22 years and have held the position of the Director of Operations since 2007. In this leadership capacity, I oversee all operations functions of our program sites in Seattle, Washington, and Anchorage, AK and have had the opportunity to partner with representatives from both the Burke Gilman Place Apartments and Provail in navigating shared areas and resident overlap and interactions between our organizations.</p> <p>In addition to my professional experience within the PDA property for 20 years. I lived on RMHC property providing after hours support for after hours emergencies and families in crisis. In this time, I raised two children, one of which attended the Children's Center at Burke Gilman Gardens for 4 years. I have a solid understanding of the partners within the PDA and the complexity of our individual sites as well as the interaction between our partners.</p> <p>Prior to my work at RMHC, I earned my Master of Social Work from the University of Washington where my focus was on Program Management and Advocacy. Seattle Children's Hospital was my initial practicum site. I have direct experience providing social-emotional support to individuals and families in crisis and developing and managing programs and continue to partner with Seattle Children's Hospital in leadership capacity as well as continued navigation within Social Work to support families in facing healthcare crisis.</p>		
Authorizing Signature (original signature): <i>Bruce A. Harrell</i> Date Signed (appointed): 1/26/2024	Appointing Signatory: <i>Bruce A. Harrell</i> <i>Mayor of Seattle</i>	

*Term begin and end date is fixed and tied to the position and not the appointment date.

Kaarin Stowell

SUMMARY OF QUALIFICATIONS

Dedicated leader who is enthusiastic about providing client-centered care and fostering and inspiring an organization culture and ethic that is vulnerable, nimble, and responsive to the needs of the client, the staff, and the organization.

EXPERIENCE

Ronald McDonald House Charities of Western WA & AK (RMHC), Seattle, WA	2001 – present
• Director of Operations	2007 - present
• Family Services Manager	2003 - 2007
• House Manager	2001 - 2003

Program Operational Leadership

- Serves as an internal leader for the organization, overseeing all operations, programs, and staffing of program sites in Seattle, WA and Anchorage, AK.
- Member of senior leadership team, directly reporting to the Executive Director since 2005, and serving as a member of RMHC Board of Directors committees
- Key leader as organization grew in scale, scope and reach as the organization went through significant expansion and accompanying construction in Seattle, WA and a House was opened in Anchorage AK, increasing organizational capacity from 20 to 139 families every night
- Provided strong leadership and direction during the COVID-19 pandemic, by collaborating with key partners and health authorities to modify service delivery, ensuring safe care of immune compromised patients and their families in a communal housing program and a healthy and supportive workplace for our staff and volunteers
- Lead, direct and coach organization operational staff members totaling 32 staff members across two sites and directly supervising 8 direct reports
- Develop and implement training programs and retreats to expand the capacity of all staff
- Develop curriculum, tools and training that meets ongoing and emerging needs or trends

Financial and Staffing Management

- Prepare and manage annual operational budget and provide accurate updates to RMHC Board, Executive Director, and Finance Director
- Ensure that RMHC maintains compliance with all federal, state, and Global RMHC licensing requirements
- Ensure the continued viability of RMHC programs and services through sound fiscal management
- Oversee housing revenue collection, totaling \$500K in 2022.

Team Development/Leadership

- Promote a culture of high performance and continuous learning with a commitment to organizational mission and culture
- Ensure staff members receive timely and appropriate training, feedback, and development opportunities,
- Mentor and develop staff using a supportive and collaborative approach
- Establish performance expectations for staff, collaboratively develop department and individual goals, assign accountabilities, and establish priorities; monitor and evaluate performance and results, conduct performance evaluations, and recommend performance-based salary adjustments

Fund Raising and External Relationship Development

- Assist with planning, organizing, and implementing public and private fundraising initiatives, prepare proposals, and assist with grant writing
- Develop new and manages/cultivates existing relationships with key stakeholders and public and private funders to secure ongoing support of RMHC
- Publicly represent RMHC with media and external constituency groups including community, governmental and private organization

Strategy, Vision, and Leadership

- Provide programmatic leadership and input on organization strategic plan
- Manage, track and report progress on the strategic plan
- Work with RMHC Board by serving on board committees (Strategic Planning, Finance and Governance) and presents to the full Board.
- Coach program directors as they implement the strategic plan

Seattle Women's Commission, City of Seattle
Project Lead, 2003 Seattle Women's Summit

6/03 – 10/03

- Provide the lead project coordination for all event aspects, including program, fundraising, outreach, and media
- Conduct outreach and network with city council members and Seattle-area policy makers, local social service organizations serving women, and the public
- Develop and disseminate event outreach materials
- Conduct research on the status of women in Seattle and the local region
- Produce position papers regarding the top issues facing women in Seattle
- Recruit and manage project and event volunteers

Children's Hospital & Regional Medical Center, Seattle, WA
Administration Social Work Intern, Child Advocacy Program

9/02 – 6/03

- Assisted in the implementation of Children's Hospital Child Advocacy Program to improve the health status and well being of children in the region.
- Conducted research related to child advocacy issues, including issues such as access to the health and mental health care, obesity, asthma, sickle cell, injury prevention
- Facilitated relationships with partner organizations to improve the health of children in the region.
- Completed projects included: wrote and placed public education articles in three professional newsletters of partner organizations; wrote a grant for a Domestic Violence Pilot Project; assisted in writing a grant for a Cultural Competency Program for staff; developed and wrote web pages for the advocacy issues being addressed by the Advocacy Program for Children's internal staff website

Clinical Social Work Intern, Emergency Department

9/02 – 12/02

- Assisted in conducting psychosocial assessments, and evaluating needs, risks, and strengths of patients and families; performed crisis intervention with families being treated within the Emergency Department. Presenting problems included: sexual assault, child abuse and neglect, shaken baby, mental health needs, and adjustment to illness.
- Worked in an interdisciplinary team setting, creating patient care plans with families, physicians, nurses, psychiatric consults, and other Children's staff members
- Provided clients with grief, loss, and emotional support/psychosocial education; referred clients to appropriate community resources and service providers.

Alzheimer's Association, Seattle, WA
Helpline Assistant

9/01 – 9/02

6/02 – 9/02

- Provided immediate emotional support, crisis intervention, referral, and psychosocial education to individuals calling into the Alzheimer's Association Helpline. Clients included individuals diagnosed with Alzheimer's disease and families and friends of a person with Alzheimer's disease. Presenting issues included physician referral; inquiries on diagnostic procedures; financial/legal questions on

estate and long-term care planning; information on community resources such as adult day care centers, support groups, educational classes, or training; and issues regarding long term care placement.

- Provided crisis intervention and assessment for “walk in” clients.

Care Consultant Intern

9/01 – 6/02

- Assisted individuals with memory problems and their caregivers through assessment, care planning, care coordination, referral and follow up. Presenting problems included caregiver exhaustion, depression, or anger; stress in family relationships; strained financial circumstances and questions regarding long term care placement; safety issues for the Alzheimer’s patient; communication difficulties and appropriate activities and services; and helping families find supportive services/educational resources in the communities
- Provided crisis intervention and assistance to individuals calling the organization Helpline or “walk-in” clients that were seeking information and support about dementia and dementia care
- Made professional referrals to outside agencies and within the national network of Alzheimer’s Association chapters.
- Authored an informational article for the organization’s Spring 2002 newsletter
- Documented family assessment, progress, and adjustment in agency files and United Way assessment forms.
- Assisted in the development of an inter-agency pilot mentoring project between the Alzheimer’s Association and Big Brothers/Big Sisters. Researched and compiled a comprehensive literature review on the topic of intergenerational programming to inform the development of the mentoring project. Provided assistance in operationalizing project goals and evaluation plan.

Americorps, Intergenerational Innovations, Seattle, WA, 9/00 – 6/01

Program Coordinator

- Conceptualized and developed an intergenerational program based within an elementary school in the Seattle School District. Program was designed to bridge the intergenerational gap between senior citizens and children, deepen the understanding and empathy for senior citizens for children and vice versa; and develop a greater sense of community and community activism for both senior citizens and children. Program included intergenerational arts/crafts projects, tutoring/mentoring program, and intergenerational dialogues.
- Responsibilities included: program development, design and implementation; community networking with social agencies and organizations; recruiting, training and managing senior citizen volunteers, high school students, and elementary school students; mentoring and tutoring at-risk youth; giving public, oral, and written presentations on program accomplishments; providing monthly progress reports and documentation for funding purposes; and conducting program evaluation on effectiveness.
- Developed a total of six intergenerational programs, reaching over 120 students and 35 senior citizens

EDUCATION

Masters of Social Work, Administration and Advocacy Practice Concentration: University of Washington School of Social Work – Seattle, WA; June 2003

Bachelor of Science, Psychology: University of Washington – Seattle, WA; June 2001

Burke-Gilman Place Public Development Authority

9 Members: Pursuant to RCW 35.21.730, all members subject to City Council confirmation, 3-year terms.

- # City Council-appointed
- 9 Mayor-appointed
- # Other Appointing Authority-appointed (specify): Commission

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
6	M	5	1.	Director	Michael Hatzenbeler	1/1/24	12/31/26	1	Mayor
6	F	4	2.	Director	Jennifer Kelty	1/1/24	12/31/26	1	Mayor
6	M	5	3.	Director	Joseph E. Brotherton	1/1/24	12/31/26	1	Mayor
6	M	4	4.	Director	David L. Creed	1/1/24	12/31/26	1	Mayor
6	F	4	5.	Director	Kaarin Stowell	1/1/24	12/31/26	1	Mayor
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			10.						
			11.						

SELF-IDENTIFIED DIVERSITY CHART					(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Male	Female	Transgender	NB/ O/ U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	3	2								5			
Council													
Other													
Total	3	2								5			

Key:

- *D List the corresponding Diversity Chart number (1 through 9)
 - **G List gender, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown
 - RD Residential Council District number 1 through 7 or N/A
- Diversity information is self-identified and is voluntary.