




City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: <i>Robert Parkstone</i>		
Board/Commission Name: <i>Seattle LGBTQ Commission</i>		Position Title: <i>Member</i>
<input checked="" type="checkbox"/> Appointment OR <input type="checkbox"/> Reappointment		City Council Confirmation required? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Appointing Authority: <input type="checkbox"/> City Council <input checked="" type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i>		Term of Position: * 5/1/2025 to 4/30/2027 <input type="checkbox"/> <i>Serving remaining term of a vacant position</i>
Residential Neighborhood: <i>Capitol Hill</i>	Zip Code: <i>98122</i>	Contact Phone No.: <i>Business phone # - NOT personal phone #</i>
Background: <i>Robert Parkstone has over a decade of experience supporting LGBTQIA+ causes and advocacy efforts through the communities in which he lives. Finding passion in uplifting the voices of the unheard and marginalized from a young age by establishing LGBTQIA+ focused organizations and promoting the No on Prop 8 campaign in California before moving to Seattle and continuing this work as a founding member of Pride Lives, a five-year organization focusing on LGBTQIA+ suicide prevention in the local community. Additionally, Robert volunteers time and talents to international organizations raising funds for LGBTQIA+ charities and scholarships for students, families, and their allies across the country.</i>		
Authorizing Signature (original signature):  Date Signed (appointed): June 12 th , 2025		Appointing Signatory: <i>Mayor A. Harrell</i> <i>Mayor of Seattle</i>

*Term begin and end date is fixed and tied to the position and not the appointment date.

ROBERT PARKSTONE

PROFESSIONAL SUMMARY

Dedicated social services professional with expertise in case management, non-profit leadership, and advocacy for underserved populations. Proven track record in developing and implementing programs for at-risk youth, crisis management, and stakeholder engagement. Skilled in trauma-informed care, policy compliance, and public relations. Combines hands-on experience with ongoing education in Applied Behavioral Science to drive effective social service initiatives and policy recommendations.

RELEVANT WORK EXPERIENCE

Case Manager, Cocoon House

03/2023 to Present

Manage a caseload of 20+ clients, providing support to emerging adults aged 18-25 in permanent supportive housing with a focus on marginalized populations including BIPOC and LGBTQIA+ individuals. Responsible for assisting clients in maintaining housing stability, developing independent living skills, and achieving self-identified goals.

- Ended eviction proceedings against four clients through stability planning and advocacy efforts
- Successfully transitioned nine clients into permanent, stable housing following program completion
- Reduced instances of substance addiction, suicidal ideation, and mental health concerns in five clients following talk therapy and referral to professional support

Director at Large, Imperial Sovereign Court of Seattle

03/2023 to 03/2024

Board member of the Seattle chapter of the world's oldest LGBTQIA+ charitable organization, overseeing strategic initiatives committed to advancing LGBTQIA+ causes through fundraising, scholarship programs, and community volunteerism.

- Ended redundancies and inefficiencies by leading efforts to rewrite bylaws, policies, and operating guidelines for organization
- Produced and Planned seven fundraising events throughout the year, raising over \$10,000 in cash and in-kind donations supporting the LGBTQIA+ community

Training Specialist, Premera Blue Cross of Washington

10/2014 to 07/2022

Designed, implemented, and evaluated comprehensive training programs to onboard and provide career progression training to 700 personnel in complex concepts meeting strategic goals, legal responsibility, and policy initiatives related to healthcare and insurance coverage.

- Reduced member wait times by 15% through introduction and evaluation of five tools to support rep efficiency

- Coordinated inter-departmental communications and feedback, eliminating redundant details and reducing time to implementation of program changes by one week

Director of Public Relations, Pride Lives

03/2016 to 12/2019

Founding board member providing suicide prevention education, awareness and survivor support within the Seattle LGBTQIA+ community with focus on community engagement and information distribution to individuals experiencing suicidal ideation.

- Reviewed social science literature related to suicide and implemented strategic marketing using evidence-based techniques to increase volunteer numbers, resource usage, and event attendance by 5% month over month
- Trained thirty community members in suicide prevention techniques using trauma informed care theories and de-escalation tactics
- Implemented targeted communications, providing the most at-risk communities with direct support resources and preventing suicide attempts for at least seven people

Director of Public Relations, Seattle Pups & Handlers

10/2015 to 01/2018

Responsible for the development of a comprehensive marketing strategy reimagining the process of communication to a diverse population of social club members and the community at large.

- Centralized communication increasing community engagement on social media, website, and in-person events by 70% over previous marketing platform
- Developed feedback program that successfully collected insights from 80% of club membership
- Implemented data-based policies responding directly to feedback provided to board of directors, increasing membership satisfaction by 20%

Leasing Consultant, Oakwood Worldwide

11/2007 to 10/2014

Primary contact for new and renewing tenants at apartment communities containing up to 245 units. Responsible for reviewing and understanding applicable RCW and WAC codes related to tenant's rights and management's responsibilities to communicate complex legal terms in laws, community policies, and leasing documents to prospective tenants.

EDUCATION

Bachelor of Applied Science: Applied Behavioral Science (In Progress)
Seattle Central College - Seattle, WA

Associate of Applied Science: Social and Human Services
Seattle Central College - Seattle, WA

Seattle Lesbian, Gay, Bisexual, Transgender and Queer Commission

May 2025

21 Members: Pursuant to SMC 3.14.920, all members subject to City Council confirmation, 2 -year terms except for the Get Engaged member who will serve a 1-year term pursuant to SMC 3.51:

- 8City Council-appointed
- 9Mayor-appointed
- 4Other Appointing Authority-appointed: Commission-appointed

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
		4	1.	Member	Jessa Gavrielle Davis	5/1/25	4/30/27	1	City Council
			2.	Member	VACANT	5/1/25	4/30/27	1	Mayor
			3.	Member	Sinomi Adeleine Sison	5/1/25	4/30/27	1	City Council
			4.	Member	Robert Parkstone	5/1/25	4/30/27	1	Mayor
		3	5.	Member	Jeremy Erdman	5/1/25	4/30/27	2	City Council
		5	6.	Member	Carl G Harris	11/1/23	10/31/25	1	Mayor
		3	7.	Member	Kody Allen	11/1/23	10/31/25	1	Commission
			8.	Member	VACANT	11/1/23	10/31/25	1	Mayor
		4	9.	Member	Maha Roy	5/1/24	4/30/26	1	City Council
		7	10.	Member	Jason Self	5/1/24	4/30/26	1	Mayor
		5	11.	Member	Theresa Smith	5/1/24	4/30/26	1	City Council
		2	12.	Member	Brett Pepowski	5/1/24	4/30/26	2	Mayor
		3	13.	Member	Landon Labosky	11/1/24	10/31/26	1	City Council
		3	14.	Member	Barry Fuentes	11/1/24	10/31/26	1	Mayor
		5	15.	Member	Christina Pizaña	11/1/23	10/31/25	1	City Council
			16.	Get Engaged	Scott Beck	9/1/24	8/31/25	1	Mayor
		5	17.	Member	Ashley E. Ford	5/1/24	4/30/26	1	City Council
			18.	Member	Scott Humphreys	11/1/23	10/31/25	1	Mayor
		1	19.	Member	Chris Curia	11/1/23	10/31/25	1	Commission
		3	20.	Member	Andrew Ashiofu	5/1/24	4/30/26	2	Commission
		7	21.	Member	Amari Leach	5/1/24	4/30/26	1	Commission

SELF-IDENTIFIED DIVERSITY CHART					(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Men	Women	Transgender	Unknown	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor							1	1		1			
Council						1	3		2				
Comm							1				1		
Total													

Key:

- *D List the corresponding Diversity Chart number (1 through 9)
- **G List gender, M = Male, F= Female, T= Transgender, U= Unknown
- RD Residential Council District number 1 through 7 or N/A

Diversity information is self-identified and is voluntary.

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