



# City of Seattle Boards & Commissions Notice of Appointment

<b>Appointee Name:</b> <i>Katherine Seibel</i>		
<b>Board/Commission Name:</b> <i>Community Police Commission</i>		<b>Position Title:</b> <i>Member</i>
<input checked="" type="checkbox"/> <b>Appointment</b> OR <input type="checkbox"/> <b>Reappointment</b>	<b>City Council Confirmation required?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Appointing Authority:</b> <input checked="" type="checkbox"/> City Council <input type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i>	<b>Term of Position: *</b> 1/1/2019 <b>to</b> 12/31/2021  <input checked="" type="checkbox"/> <i>Serving remaining term of a vacant position</i>	
<b>Residential Neighborhood:</b> <i>Capitol Hill</i>	<b>Zip Code:</b> <i>98102</i>	<b>Contact Phone No.:</b> [REDACTED]
<b>Background:</b> <i>Katherine Seibel serves as the Director of Public Policy for the National Alliance on Mental Illness (NAMI) Washington. She works to develop and advocate for legislative priorities for NAMI Washington. She has served as Legislative and Policy Analyst for the Committee for Children, where she analyzed, tracked and advocated for legislation pertaining to social-emotional learning and child sexual abuse and bully prevention and multistate and federal levels. As a Teaching Associate at the Columbia University School of Social Work, she suggested class content form a racial equity lens. She has a MSW with a public policy concentration form Columbia University.</i>		
<b>Authorizing Signature (original signature):</b>  <i>Lisa A. Herbold</i>  <b>Date Signed (appointed):</b> <b>3/31/2021</b>	<b>Appointing Signatory:</b> <i>Lisa Herbold</i> <i>Seattle City Councilmember</i>	

\*Term begin and end date is fixed and tied to the position and not the appointment date.

## Katherine Seibel, MSW

### EDUCATION

#### COLUMBIA UNIVERSITY

Manhattan, NY/Seattle, WA

*MSW, Public Policy Concentration*

Graduation: May 2019

- **Selected to present** at APPAM's Regional Student Conference
- **Published** in the Columbia Social Work Review on systems change for women formerly incarcerated

#### NEW YORK UNIVERSITY

Manhattan, NY

*MSW, First Year Student*

Graduation: Transferred

- **Founder and President** of Social Workers for Women Worldwide
- **First Year Representative** of the Graduate Student Association
- **Selected student attendee** for Nancy Humphreys Institute for Political Social Work Campaign School 2017
- **Selected participant** for the People's Institute for Survival Undoing Racism Workshop
- **Recipient** of the Wasserman Center Internship Grant 2017

#### UNIVERSITY OF WASHINGTON

Seattle, WA

*Bachelor of Arts in Psychology and minor in Spanish*

Graduation: May 2015

- Dean's List
- DELE Diploma for Spanish Language, Level: B2

### EXPERIENCE

#### NATIONAL ALLIANCE ON MENTAL ILLNESS WASHINGTON

Seattle, WA

*Director of Public Policy and Advocacy*

October '20 - Present

- **Leadership:** Develop state legislative priorities for NAMI Washington; Supervise NAMI Washington's contract lobbyist; Lead meetings of a public policy committee to determine positions on specific emerging legislation and provide updates
- **Responsibilities:** Advocate directly to members of the Washington State Legislature to advance legislative priorities; Represent NAMI Washington with stakeholders and coalitions; Prepare legislative reports for the Board of Directors and respond to Board Member questions; Represent NAMI Washington on statutory work groups

#### COMMITTEE FOR CHILDREN

Seattle, WA

*Legislative & Policy Analyst*

May '19 - October '20

- **Leadership:** Introduce novel ideas for policy analysis and external-facing material; Propose bill amendments and bill language; Propose strategy for state policy engagement; Lead in coordinating advocacy campaigns; Lead periodic internal policy updates; Represent Committee for Children on various coalitions
- **Responsibilities:** Analyze and track legislation pertaining to social-emotional learning, child sexual abuse prevention, and bullying prevention at the multistate and federal levels; Initiate and coordinate advocacy efforts and events; Prepare testimony; Write position letters and other forms of legislative outreach; Write briefs, memos, and blogs on legislative and policy issues; Propose bill amendments and bill language; Present at conferences and in webinars on legislative and policy trends; Engage with coalitions; Conduct outreach to partner organizations and law makers on key policy issues

**COLUMBIA UNIVERSITY SCHOOL OF SOCIAL WORK**

*Teaching Associate*

New York, NY  
March '20 - Present

- **Leadership:** Responsible for class quality, suggested class content from a racial equity lens and facilitated class dialogue
- **Responsibilities:** Support instructors in grading and building course site, students in answering their questions and processing material, and overall content quality of course; courses taught include Social Welfare Policy, Advocacy in Social Work Practice, and Fundraising and Development

**NATIONAL ALLIANCE ON MENTAL ILLNESS WASHINGTON**

*Board Member*

Seattle, WA  
October '19 - October '20

- **Leadership:** Support Policy and DEI committees and fundraising initiatives
- **Responsibilities:** Attend board meetings, required events, and support the direction and growth of NAMI WA

**COLUMBIA UNIVERSITY SCHOOL OF SOCIAL WORK**

*Professional Development and Self-Awareness (PDSA) Facilitator*

New York, NY  
August '19

- **Leadership:** Facilitated professional development workshops for first-year MSW students
- **Responsibilities:** Attend facilitator training and helped facilitate PDSA workshops

**COLUMBIA UNIVERSITY SCHOOL OF SOCIAL WORK**

*Research Assistant*

New York, NY  
Nov '18 - May '19

- **Leadership:** Self-driven, remote research assistant; supported work on special projects pertaining to alumni data collection
- **Responsibilities:** Collect data on alumni employment

**NATIONAL ALLIANCE ON MENTAL ILLNESS WASHINGTON**

*Public Policy Intern*

Seattle, WA  
Sept '18 - May '19

- **Leadership:** Responsible for organizing and leading statewide NAMI Lobby Day 2019; Initiated a cost-benefit analysis for ITA laws and an infographics project on Adult Family Homes; Created a research memo that was used by the Governor's office to influence legislators on Peer Drop-In Centers; Applied for and was awarded a \$10,000 grant and a \$2,500 grant for NAMI WA events
- **Responsibilities:** Produced memos and research reports on relevant policy and priority bills; Analyzed policy implications and tracked bills during legislative session; Attended public hearings and legislative committee meetings as needed to report back to Policy Director; Created behavioral health related educational materials for legislators and community members; Analyzed outcomes and wrote evaluative reports for two programs; Supported Executive Director in producing a cohesive three-year strategic plan report; Researched prospective funders and applied for grants

**FRESH YOUTH INITIATIVES AT GREGORIO LUPERÓN HIGH SCHOOL**

*Social Work Intern*

Manhattan, NY  
Sept '17 - April '18

- **Leadership:** Created and researched resources for referrals in the Washington Heights Community;

Proposed and worked to implement yoga and mindfulness for students

- **Responsibilities:** Ran Advisory/social-emotional learning groups for 9-11<sup>th</sup> graders; Conducted student intakes and individual sessions; Services provided in English and Spanish

### **CASA DEL MIGRANTE, CENTRO DEL SCALABRINI**

*Volunteer*

Tijuana, Mexico  
March '17 - May '17

- **Leadership:** Began monthly volunteer position as an act of support and solidarity against the U.S. administration's displays of racism and xenophobia
- **Responsibilities:** Connected clients to resources in the program and provided program assistance as needed; All services provided in Spanish

### **ST. MARK'S EMERGENCY FOOD BANK**

*Volunteer*

San Diego, CA  
Jan '17 - June '17

- **Leadership:** Implemented idea to interview clients and created a survey system to assess and better understand client needs; Created handouts of community resources for clients and assisted clients in connecting with those resources
- **Responsibilities:** Assisted in running emergency food bank services and conducting client intake; Services provided in English and Spanish

### **CENTER FOR DISCOVERY**

*Mental Health Counselor, Trauma Informed Yoga Instructor*

Del Mar, CA  
Sept '16 - June '17

- **Leadership:** Led therapeutic programming alone on weekends; Ran Interpersonal Effectiveness, Mindfulness, Cope Ahead, Documentary, CBT, Neurobiology of Emotions, Shame and Coping Skills therapeutic groups; Led trauma-informed yoga groups
- **Responsibilities:** Responsible for treatment plan support, crisis support and meal support for all clients; Provided individual check-ins, emotional support and helped to encourage use of coping skills to each client; Wrote progress notes for each shift and participated in treatment team meetings

### **WILD ACRE MENTAL HEALTH SOLUTIONS**

*Residential Mental Health Counselor, Trauma Informed Yoga Instructor*

Boston, MA  
April '16 - July '16

- **Leadership:** Initiated a survey system to improve services; Created and implemented treatment plans and behavioral interventions for clients; Implemented and ran individual therapeutic yoga sessions specific to each client's needs
- **Responsibilities:** Offered individual emotional support to each client; Effectively communicated with Program Director and client's treatment teams regarding client's progress and wrote formal progress notes

### **CAMBRIDGE EATING DISORDER CENTER**

*Residential Counselor, Milieu Counselor, Group Leader, Yoga Instructor*

Boston, MA  
July '15 - April '16

- **Leadership:** Ran DBT Mindfulness, Yoga, Evening/Weekend Planning, Goal Setting, and Bibliotherapy groups
- **Responsibilities:** Assisted patients through emotional difficulties and crises; Offered support and supervised each patient's compliance of his/her treatment plan; Responsible for ensuring that program groups go smoothly in the Partial Hospitalization Program (PHP); Completed administrative duties for PHP; Participated in weekly clinical rounds at PHP

## CASA LATINA

Resource Coordinator, Child Care Intern, Yoga Instructor

Seattle, WA

July '14 - May '15

- **Leadership:** Created a trauma informed yoga program for participants; Responsible for supervising and implementing child appropriate activities for preschool to elementary aged children
- **Responsibilities:** Connected participants to resources; Supported the administrative process; Responsible for outreach to local organizations to expand programs offered at Casa Latina

## DON JOSE DE SAN MARTIN ESCUELA

Special Education Intern

Cusco, Peru

May '13- Aug '13

- **Leadership:** Planned and applied for grant to fund internship
- **Responsibilities:** Assisted teacher in math, science, art, reading, and writing instruction to a class of fourteen students; Responsible for supervision and support to meet each student's individual needs

## PUBLICATIONS

Committee for Children. (2020). *SEL and Racial Equity* [policy brief].

<https://www.cfchildren.org/wp-content/uploads/policy-advocacy/sel-and-racial-equity-policy-paper.pdf>

Committee for Children. (2020, September 24). *The Role Policy Plays in Understanding Race-Based Bullying*.

[https://www.cfchildren.org/blog/2020/09/the-role-policy-plays-in-understanding-race-based-bullying/?utm\\_source=cfhomepage&utm\\_medium=featuretwo&utm\\_campaign=captain-compassion&utm\\_content=textlink](https://www.cfchildren.org/blog/2020/09/the-role-policy-plays-in-understanding-race-based-bullying/?utm_source=cfhomepage&utm_medium=featuretwo&utm_campaign=captain-compassion&utm_content=textlink)

Committee for Children. (2020, September 1). *Supporting Racial Equity with Culturally Responsive Pedagogy and SEL*.

<https://www.cfchildren.org/blog/2020/09/supporting-racial-equity-with-culturally-responsive-pedagogy-and-sel/>

Committee for Children. (2020, August 4). *Why Trauma-informed Approaches Help Advance Racial Equity*.

<https://www.cfchildren.org/blog/2020/08/why-trauma-informed-approaches-help-advance-racial-equity/>

Committee for Children. (2020, June 29). *Addressing Exclusionary Discipline Reform*.

<https://www.cfchildren.org/blog/2020/06/addressing-exclusionary-discipline-reform/>

Yoder, N., Posamentier, J., Godek, D., Seibel, K., Dusenbury, L. (2020). *From Response to Reopening: State Efforts to Elevate Social and Emotional Learning During the Pandemic*.

<https://www.cfchildren.org/wp-content/uploads/policy-advocacy/casel-cfc-covid19-response-plan-brief.pdf>

Marquart, M., Seibel, K., and Wong, N. (2020, June 8). *Fostering a spirit of collaboration with Social Work Students during the COVID-19 Pandemic*.

<https://www.laureliveronhitchcock.org/2020/06/08/fostering-a-spirit-of-collaboration-with-social-work-students-during-the-covid-19-pandemic/>

Committee for Children. (2020). *Literature Review: Social-Emotional Learning and Preventing Youth Suicide*.

<https://www.cfchildren.org/policy-advocacy/sel-and-youth-suicide-prevention/>

Committee for Children. (2019, December 23). *SEL Needs Principals*. <https://2019/12/sel-needs-principals///www.cfchildren.org/blog>

Seibel, K. (2019). Social Enterprise: A Route to Systems Change for Women Formerly Incarcerated. *Columbia Social Work Review*, 10, 16-27. Retrieved from <https://journals.library.columbia.edu/index.php/cswr/article/view/1831>

### **PRESENTATIONS**

Seibel, K. (2020, September 15). *Federal Updates on Child Sexual Abuse and Exploitation Legislation*. Invited to present at the annual meeting of the National Coalition to End Child Sexual Exploitation, online via Zoom.

Seibel, K. (2020, September 2). *Adapting Voting Registration Assignment During COVID-19*. Invited presentation at the Columbia University School of Social Work Online Campus Meeting, online via Adobe Connect.

Seibel, K. (2020, January 23). *Erin's Law and Second Step Child Protection: Keeping children safe from abuse in California*. Presented to California Educators on child sexual abuse prevention law in California, online via WebEx.

Seibel, K. (2019, October 17). *The Mental Health Policy Pathway: One Avenue to SEL and Child Protection in the Northeastern States*. Presented policy analysis and trends in Committee for Children's webinar for school leaders, educators, and policy makers in the Northeast region, online via WebEx.

Seibel, K. (2019, October 10). *Supporting the Whole Child: Leveraging SEL through state policy in the Central States*. Presented policy analysis and trends in Committee for Children's webinar for school leaders, educators, and policy makers in the Central region, online via WebEx.

Seibel, K. (2019, September 28). *Erin's Law and Second Step Child Protection*. Presented at the Rural Alliance conference in Spokane, WA, in person.

Seibel, K. (2019, September 10). *The Mental Health Policy Pathway: One Avenue to SEL and Bullying Prevention*. Presented policy analysis and trends in Committee for Children's webinar for school leaders, educators, and policy makers in the Southeast region, online via WebEx.

Seibel, K. (2019, August 29). *CSWR and APPAM: Supporting Students*. Invited presentation at the Columbia University School of Social Work Online Campus Meeting, online via Adobe Connect.

Seibel, K. (2019, March 29). *Social Enterprise as a Mechanism for System Change: Considerations and Recommendations for State Legislation*. Selected to present at the APPAM D.C. Regional Student Conference, in person.

### **CERTIFICATIONS**

**INSTITUTE ON PEDAGOGY AND TECHNOLOGY FOR ONLINE COURSES**  
*Columbia University School of Social Work*

New York, NY  
November 2019

**200-HOUR YOGA TEACHER CERTIFICATION**  
*Yoga Alliance*

Boston, MA  
May 2016

**TRAUMA-INFORMED YOGA TEACHER CERTIFICATION**  
*Street Yoga*

Seattle, WA  
October, 2014

## TECHNICAL SKILLS

Policy Analysis	Research Skills	Excel	QGIS	Tableau	Descriptive Stats
Cost-Benefit Analysis	Online Pedagogy	Budget Skills	Event Planning/Organizing	Memo Writing	Grant Writing

# Community Police Commission

21 Members: Pursuant to 125315, all members subject to City Council confirmation, 3

- 7 City Council-appointed
- 7 Mayor-appointed
- 7 Other Appointing Authority-appointed (specify):

## Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
	F		1.	Member	Asha Mohamed	1/1/20	12/31/22	2	Mayor
			2.	Member	Patricia L. Hunter	1/1/21	12/31/23	1	City Council
			3.	Public Defense	La Rond Baker	1/1/18	12/31/20	1	CPC
2	F		4.	Member	Suzette Dickerson	1/1/21	12/31/23	2	Mayor
			5.	Member	Douglas E. Wagoner	1/1/18	12/31/20	1	City Council
			6.	Civil Liberties	Prachi Vipinchandra Dave	1/1/18	12/31/20	1	CPC
	F		7.	Member	Erin B. Goodman	1/1/21	12/31/23	2	Mayor
			8.	Member	Navin Robert Charles Pinto	1/1/19	12/31/21	1	City Council
4	M		9.	Member	Austin Field	1/1/20	12/31/22	1	CPC
2	F		10.	Member	Harriett Walden	1/1/19	12/31/21	3	Mayor
			11.	Member	Katherine Seibel	1/1/19	12/31/21	1	City Council
7	M		12.	Member	Joseph Seia	1/1/19	12/31/21	2	CPC
9	F		13.	Member	Esther Lucero	1/1/19	12/31/21	1	Mayor
			14.	Member	Le'Jayah Washington	1/1/19	12/31/21	1	City Council
2	M		15.	SPOG	Mark Mullens	1/1/20	12/31/22	1	CPC
			16.	Member	Vacant	1/1/20	12/31/22		Mayor
3	NB	3	17.	Member	Alina Santillan	1/1/17	12/31/19	1	City Council
			18.	SPMA	Scott Bachler	1/1/20	12/31/22		CPC
			19.	Member	Colleen Echohawk	1/1/20	12/31/22	2	Mayor
			20.	Member	Tascha R. Johnson	1/1/20	12/31/22	1	City Council
2	F		21.	Member	Erica Newman	1/1/20	12/31/22		CPC



**SELF-IDENTIFIED DIVERSITY CHART**

(1) (2) (3) (4) (5) (6) (7) (8) (9)

	Male	Female	Transgender	NB/ O/ U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non- Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor		6				2		2		1			2
Council	1	2	1			2	1						1
Other	4	3			1	3			1	1	1		
<b>Total</b>	<b>5</b>	<b>11</b>	<b>1</b>		<b>1</b>	<b>9</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>2</b>	<b>1</b>		<b>3</b>

**Key:**

**\*D** List the corresponding *Diversity Chart* number (1 through 9)

**\*\*G** List *gender*, **M**= Male, **F**= Female, **T**= Transgender, **NB**= Non-Binary **O**= Other **U**= Unknown

**RD** Residential Council District number 1 through 7 or N/A

*Diversity information is self-identified and is voluntary.*