




## City of Seattle Boards & Commissions Notice of Appointment

<b>Appointee Name:</b> <i>Anika Khan</i>		
<b>Board/Commission Name:</b> <i>Seattle Human Rights Commission</i>		<b>Position Title:</b> <i>Member</i>
<input checked="" type="checkbox"/> <b>Appointment</b> OR <input type="checkbox"/> <b>Reappointment</b>		<b>City Council Confirmation required?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Appointing Authority:</b> <input checked="" type="checkbox"/> City Council <input type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i>		<b>Term of Position: *</b> 7/23/2024 to 7/22/2026  <input type="checkbox"/> <i>Serving remaining term of a vacant position</i>
<b>Residential Neighborhood:</b> <i>Ballard</i>	<b>Zip Code:</b> <i>98107</i>	<b>Contact Phone No.:</b>
<b>Background:</b>  <i>Anika is a passionate advocate of at-risk youth and low-income communities which is reflected in her career as a youth program manager. She focuses on serving individuals from low-income backgrounds and developing programming which suits the needs of those in the community with careful program planning and implementation. Diversity, equity, and inclusion work have remained at the forefront of her efforts, and she would love the opportunity to use this knowledge to support the work of the Seattle Human Rights Commission work.</i>  <i>She uses her years of experience to support at-risk youth through community engagement and outreach efforts, which has given me the unique ability to identify and communicate needs and create action-oriented solutions. She would love the opportunity to continue this process on a large-scale, to improve the community.</i>  <i>She hopes to learn more about the City of Seattle's operations through the important work of the Seattle Human Rights Commission.</i>		
<b>Authorizing Signature (original signature):</b>  		<b>Appointing Signatory:</b> <i>Councilmember Cathy Moore</i> <i>Seattle City Council</i>
<b>Date Signed (appointed):</b> 08/15/24		

\*Term begin and end date is fixed and tied to the position and not the appointment date.

## Anika Khan

Passionate about social justice, and diversity issues to create equitable and just systems and undo systemic racism embedded within communities. Seeking fulfilling career in program management, public health, and outreach efforts to create lasting, positive impacts in the community.

### Education

University of Nevada, Reno  
Fall 2014- Spring 2019  
B.A in Psychology with Emphasis  
on Applied Behavior Analysis  
Minor in Public Health

### Key Skills

- Communicates effectively
- Excellent work ethic and time management skills.
- Professionalism in the workplace
- Critical thinking skills
- Ability to comprehend peer-reviewed research and fact-based information
- Passion for applying behavioral psychology to day-to-day situations
- Proficient in basic French, and fluent in Urdu

### Girl Scouts of the Sierra Nevada

#### Diversity, Equity, and Inclusion Program Manager

December 2018 – February 2022

Creating a more equitable and inclusive experience for girls in the Sierra Nevada region. Expanding the Girl Scout Experience to traditionally underrepresented areas within council territory by utilizing paid staff to lead troops. Providing quality mentors and resources to make Girl Scouting more accessible to families. Led the Girl Scouts of the Sierra Nevada outreach after-school program which impacted over 500 girls in Title I schools in the Reno/Sparks and rural Nevada areas.

Understanding how socioeconomic status, race, gender identity, sexual orientation, LGBTQIA+, and social justice issues impact girls' ability to participate in programs and alleviate impinging factors.

- Program development to serve girls and families within the DEI group.
- DEI department budgeting: Ensuring programming met outlined criteria
- Supervising and managing 8-12 part-time program leaders and multiple volunteers
- Delivering Girl Scouts Leadership Experience and curriculum via staff-led troops
- Identifying and directing council resources toward underserved areas
- Bringing the Girl Scouting Experience to more diverse audiences through programming experiences
- Creating and maintaining community partners to serve targeted areas
- Grant proposal reporting to increase funding to DEI programs
- Recruiting and retaining members to the DEI program
- Creating empowering programming and learning opportunities for girls and adults

## Celebrating Roots

### Youth Program Manager

April 2022-Present

Empowering underserved East African youth in the south Seattle area. Utilizing culturally relevant programming to promote social and emotional development. Funneling resources into at-risk neighborhoods, to increase protective factors and promote better overall outcomes for youth. Creating, developing, and implementing powerful programming experiences that shape short-term and long-term youth development. Overseeing implementation and evaluation of Youth Programs activities and ensuring that services are delivered on time, on budget, and in compliance with grant/donor regulations.

- Review and manage program contracts and work agreements. Assure compliance and achievement of contract objectives.
- Maximize enrollment and engagement with the goal of reaching full capacity.
- Prepare for program audits/reviews/site visits.
- Work with the youth program staff to develop work plans and follow up with team members regularly to ensure program quality.
- Manage and evaluate youth program staff. Provide ongoing coaching, professional development, and training; maintain work schedules; manage time-off requests; cover for absenteeism.
- Lead the delivery of after-school and summer programs.
- Serve as an engaging facilitator and mentor to program participants, and youth in the community.
- Serve as a liaison between youth, families, and other stakeholders including local community-building organizations
- Support youth in the community.
- Identify and connect with community partners to create programming opportunities
- Research, develop, recommend, and prepare resources to meet community needs and program/agency goals.

**The Reno Arts & Culture Commission**, Reno, Nevada March 2021 – Present

**Official voting member:** Using the transformative power of public art to improve community landscape.

Serving as an advisor to the Reno Arts and Culture Commission in matters of public art.

- Managing a balanced budget for projects and allocating resources to targeted areas
- Engaging and collaborating with local artists regarding installations and future projects
- Ensuring current pieces are maintained and well-matched for the spaces they inhabit
- Understanding the urban landscape and how it can be improved

**Internship: Dr. Steven Hayes Lab**, Reno, Nevada Jan 2018 – April 2019

**Research assistant:** Acceptance and Commitment Therapy psychology lab

- Meta-analysis research project on mediating factors of change in psychotherapy treatments
- Reviewing peer-reviewed articles on various psychological interventions and identifying the mediating factors of change in each treatment to score them for efficacy
- Collaboration with Australian Catholic University and Boston University reviewing 75,000 articles on various psychotherapy treatments to identify mediators
- Working with one of the best-known labs in the world in the areas of Clinical psychology and behavior analysis

**Center for Autism and Related Disorders**, Reno, Nevada June 2018 – April 2019

**Behavioral Therapist I:** Using ABA methods to diagnose, assess, and treat behavioral disorders

Treating individuals impacted by autism spectrum disorder (ASD)

- Implementing treatment plans based on client goals
- Using principles of applied behavioral analysis (ABA) to treat ASD
- Treating ASD with empirically proven methods to improve quality of life
- Providing high-quality client, therapist interactions

**Big Brothers Big Sisters**, Reno, Nevada July 2017 – Sep. 2019

**Volunteer mentor:** Provide guidance to mentees through the teaching of life skills.

- Developed a strong ability to communicate and work with children
- Fostering a healthy relationship with Littles and their families
- Creating protective factors for better future outcomes

**Internship: Dr. Ellen McBride, Psychiatry Nevada** July 2014 – Nov. 2014

**Secretary Assistant:** Helped in day-to-day tasks around the office

- Scheduling patients, managing office paperwork, and patient insurance.
- Developed a strong understanding of patient interactions and public health
- Learned about mental illness and their treatments
- Oversaw public health infrastructure in relation to mental health care

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## Certifications

- CPR, Red Cross of America, 2021 Girl Scouts of the Sierra Nevada
  - Youth Mental Health First Aider Certified, Children's Cabinet of Northern Nevada, online
  - Food Handler Certified, 2019 Food Bank of Northern Nevada, online
  - Supervisory skills basics and advanced course, Nevada Association of Employers, 8725 Technology Way, Reno, NV 89521
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# Seattle Human Rights Commission

August 2024

21 Members: Pursuant to SMC 3.14.920, all members subject to City Council confirmation, 2-year terms:

- 8 City Council-appointed
- 9 Mayor-appointed (includes 1 Get-engaged Mayor position)
- 4 Other Appointing Authority-appointed: Commission-appointed

100%

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
	F		1.	Member	Bryennah Quander	7/23/23	7/22/25	1	City Council
	F		2.	Member	Vacant	7/23/23	7/22/25	1	Mayor
	F		3.	Member	Vacant	7/23/23	7/22/25	1	City Council
			4.	Member	Vacant	7/23/23	7/22/25	1	Mayor
	M		5.	Member	Vacant	7/23/23	7/22/25	1	City Council
	M		6.	Member	Emeka Alozie	1/23/24	1/22/26	1	Mayor
			7.	Member	Mariam Sulayman Koss	1/23/24	1/22/26	1	City Council
			8.	Member	Chelsea Stevenson	1/23/24	1/22/26	1	Commission
	F		9.	Member	Rachelle C. Olden	7/23/24	7/22/26	1	Mayor
	F		10.	Member	Koumudi Phadake	7/23/24	7/22/26	1	City Council
			11.	Member	Radhika Joshi	7/23/24	7/22/26	1	Mayor
	F		12.	Member	Anika Khan	7/23/24	7/22/26	1	City Council
	F		13.	Member	Kristina Sawyckyj	1/23/24	1/22/26	1	Mayor
	M		14.	Member	Ali Khan	1/23/24	1/22/26	1	City Council
			15.	Member	Christina R. Diego	1/23/24	1/22/26	1	Mayor
	F		16.	Get Engaged	Avery Hultgren	9/1/24	8/31/25	1	Mayor
	F		17.	Member	Vacant	7/23/22	7/22/24	1	City Council
	F		18.	Member	Tricia Diamond	1/23/24	1/22/26	3	Mayor
			19.	Member	Vacant	7/23/22	7/22/24	1	Commission
			20.	Member	Nicholas Leydon	1/23/24	1/22/26	1	Commission
			21.	Member	Vacant	7/23/22	7/22/24	1	Commission

## SELF-IDENTIFIED DIVERSITY CHART

SELF-IDENTIFIED DIVERSITY CHART					(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Male	Female	Transgender	NB/ O/U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	1	6											
Council	1	4											
Comm	1	1											
Total	3	11											

Key: \*D List the corresponding Diversity Chart number (1 through 9)

\*\*G List gender, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown

Residential Council District number 1 through 7 or N/A -Diversity info is self-identified and

\*\*RD voluntary.

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