




City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: <i>Bianca Gallegos</i>		
Board/Commission Name: <i>Seattle Disability Commission</i>		Position Title: <i>Member</i>
<input checked="" type="checkbox"/> Appointment OR <input type="checkbox"/> Reappointment	City Council Confirmation required? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Appointing Authority: <input checked="" type="checkbox"/> City Council <input type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i>	Term of Position: * 11/1/2024 to 10/31/2026 <input checked="" type="checkbox"/> <i>Serving remaining term of a vacant position</i>	
Residential Neighborhood: <i>Downtown Seattle</i>	Zip Code: <i>98104</i>	Contact Phone No.:
Background: <i>Bianca Gallegos currently serves as Labor organizer in making newly unionized workers inclusive of people with disabilities. She has most recently been a Criminal Justice and Mental Health Ambassador for the most chronically and systemically marginalized community members living in California. She has enjoyed co-chairing for a subcommittee for Los Angeles County Department of Mental Health and know this too will be a great place where she can be of service to the City of Seattle. As a commissioner she hopes to continue building relationships with other professionals in the disability space who equally care about making every space in our community more accessible and inclusive.</i>		
Authorizing Signature (original signature):  Date Signed (appointed): 01/08/25	Appointing Signatory: <i>Councilmember Cathy Moore</i> <i>Seattle City Council</i>	

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Bianca Gallegos

Relevant Work Experience

Labor Organizer, SEIU Healthcare Union/ Property Services
November 2023 to Present
Seattle, WA

- Organized 1k hospital workers to join the healthcare union including behavioral health workers.
- Organizing Airport workers in SeaTac just in time for influx of tourist visiting for the FIFA games.
- Organizing 550 Stadium workers at Lumen Stadium.
- Utilized VAN software to keep track of data on each of our workers during GOTV.
- Created digital charts and paper charts to keep track of data on union support from all workers.
- Translated scripts, notes, and conversations for monolingual Spanish speakers for campaigns.
- On a daily basis, had 1:1 conversation with health workers on improving working conditions.

Organizer, Latin Mental Health Task Force
July 2023 to Present
Los Angeles County Department of Mental Health

- Introduced the Mental Health for Latinos Act of 2023 in collaboration with California Senator Alex Padilla and local level government entities focused in centering the wellbeing of Latinos. The 1-million-dollar Bill will provide for a behavioral and mental outreach and education strategy to reduce stigma associated with mental health among the Hispanic and Latino population, and for other purposes.
- Currently in the beginning stages of identifying organizations with a Latino/a focus throughout LA County who will benefit from the yearly 400 million Mental Health Services Act Funding the Los Angeles County Department of Mental Health distributes.

Campaign Member, Kenneth Mejia for City Controller
2022 to November 2022
Los Angeles, CA

August

- Knocked on doors to inform the community about Kenneth Mejia running for city controller for the city of Los Angeles, becoming the lead if not, the only Spanish speaking campaign member.
- Canvassed throughout the city in collaboration with other progressive members who were also running for public office.
- Took part in a grassroots political campaign where the candidate did not take any corporate donations.

- Translated the message Kenneth Mejia had for his voters into Spanish to help increase voter turnout among the Latin population.
- Leveraged my connections to the press, and experience working as a newspaper journalist to communicate with political reporters.

Shop Steward, Pavilions West Hollywood Store—UFCW 770
 May 2021 to July 2022
 Los Angeles, CA

- Leveraged my union member status while hired for the most profitable corporate food market in the nation to organize my co-workers. Had our Pavilion store members sign the petition for our 5 requests for a better contract.
- Took part in the first Food Contract Campaign 2022 rally in Albertsons Crenshaw that set off 6 additional organized protests in front of stores.
- Increased UFCW 770 union membership at the Pavilions West Hollywood store union membership by targeting the new hires.
- Organized social media campaigns such as the “Do Better Pavilions” button. A button labor workers worn in solidarity to show support for a better contract.
- Kept my co-workers abreast on the latest developments at the bargaining table through quick highlights.
- Made a public statement before the Mental Health Commission Board on the negative effects it had of store closures on workers who got displaced at the peak of the COVID-19 pandemic.

Contract Action Team, United Corporate Food Workers 770 January
 2022 to July 2022 Los Angeles, CA

- Bargained for a historic contract for the 31,000 members strong Southern California Corporate Food Workers.
- Made historic gains in wages, safety, healthcare, and protecting pension by sitting at the bargaining table with corporate leaders from Vons, Albertsons, and Ralphs stores.
- I was a zealous advocate for my peer’s mental health wellbeing during a traumatic COVID-19 pandemic through collective action—and government—legislative and political action.
- Uprooted structural racism by advocating for representation of marginalized groups, as identified by the Los Angeles County Department of Mental Health, to be present at the bargaining table.
- Foster relationships with high level leaders in progressive organizations to continue to support the work the Contract Action Team will continue for the upcoming 2025 contract re-negotiations.

Campaign Member, Keep Our Ralphs Stores Open
 March 2021 to Pause
 Los Angeles, CA

- As the only Spanish speaking advocate, I talked to the Latin press on the consequences Kroger will have on the community if the closure of 3 LA-area stores takes place in retaliation to the LA City hazard pay mandate.
- Through fact-based rhetoric, I influenced the Latin community to support a social determinant of health causes intersection the low wage workers, immigrant workers, and the LGBT community.
- Anti-store closure advocate, and Ralphs worker became homeless due to the closure of her store during the middle of the pandemic.
- I advocated for the homeless and former Ralphs worker who at one point ended up in the psychiatric hospital. This is was an example of micro advocacy versus larger scale coalition type.
- UFCW 770 advocacy efforts caught the attention of Santa Monica Mayor and Civil Rights lawyer and is interested in collaborating with UFCW on creating policy around store closures.

Campaign Member, Hazard Pay for Essential Workers
2021 to March 2021
West Hollywood, CA

February

- Successfully advocated in favor of the \$5 dollar Pandemic Hazard Pay for the city of West Hollywood.
- Increased minimum wage pay to \$19.08 from \$14.60 in the city of West Hollywood through coalition work.
- Successfully made West Hollywood the highest minimum wage pay City in the nation.
- Won the OUTreach scholarship for my successful advocacy work for the LGBT community.
- to attend the National New Orleans conference to learn about ways we can continue to mobilize for social justice issues affecting the LGBT community.
- Advocated for the LGBT and immigrant community at mental health commission meetings due to the high volume of LGBT and immigrant food workers at my store.

Mental Health Ambassador, CalVoices ACCESS
September 2018 to Present
Los Angeles, CA

- Conduct county and state level advocacy, representing the collective interests of clients receiving public mental health services in California interested in changing policy.
- Organize with advocates and engage in grassroots advocacy and civic engagement.
- As an ambassador I serve as an advocate for the funding of and support of mental health programs already established through proposition 63 passed in 2004.
- I stay current on services and policy changes related to mental health in the state.
- Comply with ongoing training to stay current on the ongoing changing needs of the mental health community.

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- Contracted with the Council on Criminal Justice and Behavioral Health for advocacy purposes and to give input on how to develop policies in California that will actually rehabilitate the mental health community and not expand incarceration systems.

Co-Chair Latino Underserved Cultural Communities, LACDMH February
2020 to February 2022
LA County, California

- Secured a one-time 30 million FEMA grant during the COVID-19 pandemic to help curve suicide rates in the Latin community.
- Provide Community-Driven and Culturally specific capacity building project recommendations to the Los Angeles County Department of Mental Health and/or project concepts for implementation to increase mental health access, awareness, promotion, and decrease stigma with the ultimate goal to reduce cultural and ethnic disparities in access to care and service delivery.
- The Latino UsCC subcommittee was established under the Mental Health Services Act for the purpose of increasing mental health access and to produce stakeholder priorities which will advise DMH's action planning toward development and improvement of its services and partnerships to better engage underserved, marginalized, cultural and ethnic communities in Los Angeles County.
- Lead monthly meetings with all other identified chronically marginalized group leaders to share the latest trends.

Medical Scribe Ophthalmology, UCLA July
2012 to June 2019
Los Angeles, California

- Interview the patient in-person for the purpose of properly recording a complete medical, and surgical history.
- As an Epic Super User, I assisted with launching the electronic medical record system in the department of Ophthalmology at UCLA. Provided at-the-elbow support for users within the practice.
- Identify glitches with the new electronic medical system, deal effectively with people and elicit support from other department areas, vendors, and customers.

AmeriCorps Member - YPI Domestic Service September 2009 to
September 2010
Los Angeles, California

- Mentored at risk students at a mental health facility. I was their peer with lived experience. Taught the students how to apply for college and showed them a better life.
- Tutored 2nd grade students at Pacoima with reading comprehension.
- Had extensive training on how to create a lesson plan and be an effective tutor.
- I assisted YPI as a volunteer at their Saturday family health fairs.
- Tutored AVID Middle School students in Algebra and Pre-Algebra.
- Updated counselors and staff on behavioral changes or barriers the students I worked with was facing.
- Advocated for a student trying to meet the judge's orders to get off house arrest.

Journalist, Los Angeles Times-La Canada Valley Sun
2006 to July 2007
La Canada, CA

March

- Covered City Council meetings and political events. I informed the community on happenings in the neighborhood.
- Interviewed people of all age groups for news to help advocate their needs, or share their accomplishments.
- Wrote about high-profile fundraising events. Managed high profile visual projects such as the Pasadena Rose Parade.
- Wrote about community events such as free events hosted and funded by city council.

Journalist, Napa Valley Register Newspaper
October 2005 to January 2006
Napa Valley, CA

- General assignment reporter. On deadline wrote about the historic Napa Valley floods and how it disproportionately affected the Latin community.
- Wrote the first story on Napa Valley's Latino Chamber of Commerce.
- Served as a voice for charter schools that had to be shut down due to the historical floods.
- Gained knowledge on laws, regulations related to confidentiality.

State Senate Intern, State Senator Jack Scott 21st District
2002 to September 2005
Pasadena, CA

July

- Took part in outreach and engagement activities. Participated in outreach fairs with district representatives.
- Wrote, translated, & interpreted materials for the Spanish Speaking Latino communities. Executed clerical duties.
- Was exposed to legislation, and gained first-hand experience in public service.
- Organized fundraising events from concept to action with Field Organizers.
- Tabled at LGBTQ events and Latino/a events with Field Organizers to increase voter contact.

Education and Relevant Training

2020-2021 **The Coelho Center for Disability Law, Policy and Innovation**
Los Angeles, CA

- One-week summer intensive disability rights law course.
- One-year meeting discussions on laws pertaining to disabilities.
- Attend yearly Alumni conference with legal workshops.

2006-2012 **California State University Northridge**
Northridge, CA

Major: Journalism

Minor: Spanish Language Media

Multimedia Projects

2022 **Pescetarian.org** is one of my favorite multimedia hobbies where I get to review fish-based restaurants.

It also serves as a space to discuss how Critical Environmental Justice intersects the food industry.

2022 **ReportsSocialCredit.com** is Critical Race Justice website. I use it as a space to write about the racial disparities in mental health services, and criminal system spaces.

Professional Associations

2021-Present **Diversity Equity & Inclusion Committee Member** at The Journalism Association & Women Symposium. We developed diverse programming for our yearly women conference for women journalist and advocates.

2021-Present **Run-Women-Run**. Inspires, recruits, trains, and supports pro-choice women for elected and appointed office.

2021- Present **Los Angeles County Anti-Racism, Diversity, and Inclusion (ARDI)**. A government funded organization and space to continue policy changes on more long-term systemic changes that need to be made such as the low wages among the BIPOC community, unfair treatment of undocumented workers at food markets, and the effects of store closures during the pandemic.

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Seattle Disability Commission

January 2025

21 Members: Pursuant to SMC 3.14.920, all members subject to City Council confirmation, 2-year terms except for the Get Engaged member who will serve a 1-year term pursuant to SMC 3.51:

- 8 City Council-appointed
- 9 Mayor-appointed (includes 1 Get-engaged Mayor position)
- 4 Other Appointing Authority-appointed (specify): Commission-appointed

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
			1.	Member	VACANT	5/01/23	4/30/25	1	Mayor
			2.	Member	VACANT	5/01/23	4/30/25	1	City Council
			3.	Member	VACANT	5/01/23	4/30/25	1	Mayor
			4.	Member	VACANT	5/01/23	4/30/25	1	City Council
			5.	Member	VACANT	11/1/23	10/31/25	1	Mayor
			6.	Member	VACANT	11/1/23	10/31/25	1	City Council
			7.	Member	VACANT	11/1/23	10/31/25	1	Mayor
			8.	Member	VACANT	11/1/23	10/31/25	1	Commission
			9.	Member	VACANT	5/01/24	4/30/26	1	City Council
			10.	Member	VACANT	5/01/24	4/30/26	1	Mayor
			11.	Member	VACANT	5/01/24	4/30/26	1	City Council
	F		12.	Member	Jacqueline Peguero	5/01/24	4/30/26	1	Mayor
3	F	7	13.	Member	Bianca Gallegos	11/1/24	10/31/26	1	City Council
			14.	Member	VACANT	11/1/24	10/31/26	1	Mayor
6	F	7	15.	Member	Jessica Jensen	11/1/24	10/31/26	1	City Council
			16.	Get Engaged	VACANT	9/1/24	8/31/25	1	Mayor
1	F	4	17.	Member	Jessica Lo	5/01/24	4/30/26	2	City Council
			18.	Member	VACANT	11/1/24	10/31/26	1	Mayor
6	F	7	19.	Member	Shelby Dey	5/01/24	4/30/26	2	Commission
			20.	Member	VACANT	11/1/24	10/31/26	1	Commission
6	F	1	21.	Member	Kaitlin Skilton	11/1/24	10/31/26	3	Commission

SELF-IDENTIFIED DIVERSITY CHART

	(1)		(2)		(3)		(4)		(5)		(6)		(7)		(8)		(9)	
	Male	Female	Transgender	NB/O/U	Asian	Black/African American	Hispanic / Latino	American Indian/Alaska Native	Other	Caucasian/Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial					
Mayor		1																
Council		3			1													
Other		2								2								
Total		6			1					2								

Key:

*D List the corresponding Diversity Chart number (1 through 9)

**G List gender, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown

RD Residential Council District number 1 through 7 or N/A

Diversity information is self-identified and is voluntary.