




## City of Seattle Boards & Commissions Notice of Appointment

<b>Appointee Name:</b> Katrina Plewinski		
<b>Board/Commission Name:</b> Pioneer Square Preservation Board		<b>Position Title:</b> At Large member
<input checked="" type="checkbox"/> <b>Appointment</b> OR <input type="checkbox"/> <b>Reappointment</b>		<b>City Council Confirmation required?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Appointing Authority:</b> <input type="checkbox"/> City Council <input checked="" type="checkbox"/> Mayor <input type="checkbox"/> Other: Fill in appointing authority		<b>Term of Position: *</b> 3/2/2025 to 3/1/2028  <input type="checkbox"/> Serving remaining term of a vacant position
<b>Residential Neighborhood:</b> na	<b>Zip Code:</b> 98104	<b>Contact Phone No.:</b>
<b>Background:</b> Katrina Plewinski, lives in Pioneer Square and would bring the perspective of a resident to the Board. She also works at the Downtown Emergency Services Center (DESC) in Pioneer Square so would be eligible for the Human Services position, but I am recommending her for the At Large position. Katrina makes the connection of how people move forward in their lives and how neighborhoods move forward and that both are grounded in connections to physical place, and learning from the past. Katrina has a Masters of Public Health from the Mt Sinai Icahn School of Medicine and a Masters of Social Work from Fordham University.		
<b>Authorizing Signature (original signature):</b>   <b>Date Signed (appointed):</b> September 15 <sup>th</sup> , 2025		<b>Appointing Signatory:</b> Bruce A. Harrell Mayor of Seattle

\*Term begin and end date is fixed and tied to the position and not the appointment date.

# Katrina Plewinski, MPH, LCSW

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## Summary:

Experienced leader and dedicated collaborator who has contributed to impactful public health and social service initiatives affecting vulnerable New Yorkers and marginalized communities. I am invested in culturally competent community collaboration, evidence based interventions, and adaptable systems. An expert strategist that incorporates multidisciplinary recommendations at an individual, community, and population level to achieve equity, social justice, and improved health outcomes. Strong believer that preventative solutions should be at the forefront of investment to make lasting change by focusing on Social Determinants of Health and Intersectionality of Privilege. Areas of research are Mental Health, Menstrual Health emphasis on equity and poverty, Housing Stability, Bathroom and Refuse/Sanitation Access.

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## Expertise:

Public Health Advocacy, Harm Reduction Practices, Cultural Competency, Cultural Sensitivity, Behavioral Health, Behavior and Social Change Systems, Gender Disparity, Multidisciplinary Collaboration, Stakeholder Communication, Government Communication, Program Design, Program Evaluation, Program Budgeting, Program Implementation, Analytical Epidemiology, Biostatistics, Research Methods, Project Management, Environmental Risk Assessment, Occupational Risk Assessment, Public Health Communicator, Educational Leadership, Public Speaking, Supervisory Skills, Mental Health, Collaborative Problem Solving, Data Mining, Standard Operating Procedures (SOP) Creation, Communication, Community Outreach, Interpersonal Communication, Organizational Communication, Telehealth, Remote Software, Coachable, Event Planning, Client Centered Treatment Planning, Self Awareness, Microsoft Office Suite, Google Suite, Office Administration, Critical Thinking, Infographic Generation

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## Education:

**Mt Sinai Icahn School of Medicine** / Master of Public Health  
SEPTEMBER 2020 - SEPTEMBER 2023, NEW YORK, NY

COMPETENCIES: Apply behavioral and social science theory in the development, implementation, and evaluation of health promotion interventions, programs, and policies · Design an intervention or program to effect change at multiple levels, including individual, community, and policy levels · Develop a plan to monitor and evaluate the quality, impact and outcomes of public health interventions · Describe the health, economic, administrative, legal, social and political implications of policy options, and provide strategic advice on health promotion and disease prevention issues · Examine the psychosocial, historical, and environmental causes of health disparities in the planning, implementation, and evaluation of health promotion and intervention program

**Fordham University** / Master of Social Work  
MAY 2019 - MAY 2021, NEW YORK, NY

COMPETENCIES: Assess the risk and resiliency factors of client systems of various sizes and types, with a focus on marginalized and culturally or socially diverse groups · Implement interventions that utilize a strengths perspective · Adaptive skills to varied practice settings with a focus on social policy, programs and practice development, organization and community change, and advocacy · Expert knowledge of the effects of oppression and discrimination on individuals, families, groups, and communities · Critical thinking skills that are scientifically analyzed and applied theory and research that informs social work practice at all levels of intervention · Apply an analytic, empirically based approach to knowledge building in practice that integrates the methods of social research, the critical appraisal of research findings, and the evaluation of social policies, programs, practice processes and outcomes

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## **Professional Overview:**

### **Downtown Emergency Services Center**

#### **Clinical Director** / Mobile Response Division

NOVEMBER 2024 – CURRENT, SEATTLE, WA

Direct and oversee the clinical outreach program, ensuring efficient administration, budget management, program design, service delivery, and staff scheduling while adhering to Agency and stakeholder protocols.

Spearhead an annual program event promoting self-sufficiency, community building, and health in collaboration with external partners, including hygiene and housing service providers.

Manage program health and safety guidelines for on-site and field activities, ensuring a secure environment for staff and clients.

Maintain up-to-date clinical licenses to support the program during crises or staffing adjustments.

Proactively plan and implement innovative solutions for potential public health and emergency concerns, safeguarding participants and staff while meeting program objectives.

Act as a liaison with city officials, subcontractors, and external partners, fostering collaboration for clinical plan development, crisis interventions, and accountability.

Expand referral pathways by engaging with hospitals, justice programs, and impacted communities to address housing instability and promote service awareness.

Conduct educational presentations for multidisciplinary teams, community groups, and international representatives, deepening the understanding of homelessness' impact on individuals and communities.

Collaborate with internal teams to identify and deliver professional development workshops on relevant topics such as conflict resolution and client engagement.

Oversee client chart reviews, statistical reporting, and adherence to contract compliance requirements, ensuring quality assurance of clinical services.

Provide round-the-clock on-call program support while actively participating in meetings and ongoing communication to achieve program goals and cultivate a professional growth culture.

### **Bowery Residents Committee**

#### **Director** / Transit Homeless Outreach Clinical Services

FEBRUARY 2024 – OCTOBER 2024, NEW YORK, NY

Responsible for the overall administration of the clinical outreach program operations related to budget, program design, service delivery, staffing, and scheduling in accordance with Agency and Stakeholder protocol and procedure.

Coordinate an annual program participant event that focuses on self sufficiency, community building, and health with the support of external partners such as HRA, hygiene service providers, and housing providers.

Manage and implement program health and safety guidelines for staff and client participants on site and in the field.

Maintain clinical licenses in order to support the program and staff in crisis or adjustments in staffing patterns.

Plan for anticipated public health and emergency weather concerns in the community in order to protect program participants and staff while creating innovative solutions to ensure program tasks and objectives are completed.

Act as liaison with city officials that include City Hall, DHS, DOHMH, DSNY, OTDA, NYCH+H, subcontractors such as Breaking Ground, Urban Pathways, CASES, and external partners on all matters of accountability including reporting, quality assurance and the development of clinical outreach strategies including the development of individualized clinical plans and crisis intervention strategies, utilizing written and verbal communication.

Proactively seek out new referral pathways with private and public hospitals, treatments facilities, justice programs, gender identity groups, and other known communities that are disproportionately impacted by housing instability.

Conduct presentations with multidisciplinary teams, community groups, and representatives from other municipalities, domestic and international, to educate and counsel about the services provided, operation of services, and develop a deep understanding of the impact of the experience of homelessness on the individual and community.

Work collaboratively with the management team to identify, develop in-service workshops on related topics to staff, such as conflict resolution, assessments, engaging with service resistant clients, safety and other topics.

Ensure the periodic review of client charts in preparation for audits, prepares statistical reports, and responsible for overall quality assurance of clinical services delivered to clients by adhering to contract compliance requirements.

Provide on-call support for the program 24/7.

Participate and collaborate with internal departments, agency program directors and executive leadership during monthly meetings, quarterly performance management meetings, and as needed correspondence to effectively meet client and program goals while reinforcing a culture to professional development.

**Assistant Director / Transit Homeless Outreach Clinical Services**

OCTOBER 2022 – JANUARY 2024, NEW YORK, NY

Senior leadership of the Transit Homeless Outreach Program, who made 330,000 face to face engagements in FY 23 and 10,000 transitional housing placements.

Collaborate with private and public hospitals about treatment plans, community resources, and discharge planning with an emphasis on breaking cyclical emergency department visits and frequent inpatient hospitalization.

Train and develop clinical skills and professional growth with program staff through regular and consistent one on one supervision, group supervision, and all staff meetings.

Participate in stakeholder meetings with New York City and Community partners regarding high profile outreach clients, these partners include and are not limited to NYPD, MTA, DHS, NYC Parks, OTDA, DOHMH, DSNY, SOS, and IMT.

Oversee and manage day to day operations of the Clinical Outreach Program that consists of 38 front line staff, 5 Clinical Supervisors, and 2 Data Managers.

Make human resource and operational decisions within budget limitations by working collaboratively with internal departments and executive leadership.

Provide timely on call support for clients, staff, and agency.

**Clinical Supervisor / Transit Homeless Outreach Clinical Services**

JULY 2021 - OCTOBER 2022, NEW YORK, NY

Supervise eight outreach clinical case management staff providing operational, clinical, and professional support.

Collaborate with multiple provider agencies to progress client cases toward their goal of permanent housing and independent living.

Engage and assess chronic or high profile homeless individuals for appropriate resources and facilities that provide the supports that would best benefit the client.

Oversee chart notes and documentation for up to 250 clients through monthly review with case management staff and periodic auditing.

Evaluate individuals under the Mental Hygiene Law section 9.58 which is the New York State to provide medical and mental healthcare involuntarily if a community member meets the threshold under the law.

Develop and lead Small Group and All Staff clinical training once a month in collaboration with the other Clinical Supervisors within the program.

Provide mental health counseling and psychiatric evaluations under the supervision of an LCSW in order to meet the requirements to test for further credentialing.

**Lost Lake Cafe**

**Dining Room Manager / Graveyard Shift**

MARCH 2017 – AUGUST 2018, SEATTLE, WA

Met progressive sales quotas of 2.5% gross sales each quarter.

Maintained the community safety of employees, patrons, and the immediate outside space by creating rapport with businesses, vendors, and residents.

Created a precise and progressive workflow protocols to ensure consistent service and food fire times during high volume

Trained staff on interpersonal and communication skills that benefited our online reviews.

Established a paid job skills work collaboration with community members experiencing homelessness.

Successfully reduce food costs over three quarters by restructuring the expo line.

Attend community board meetings with the goal of learning how to better serve the community and increase public safety.

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**Projects:**

**SRLP/BRC Housing Pilot**

In partnership with Sylvia Rivera Law Project designed and implemented a transitional housing pilot within a Stabilization site to provide transitional housing for members of SRLP with supportive services to progress the residents to permanent housing.

#### **Coordinated Behavioral Health Taskforce**

Outreach leader in the multidisciplinary City assembled Taskforce to identify and provide intensive clinical support to the most vulnerable New Yorkers experiencing homelessness in the Transit system.

#### **Menstrual Product Distribution Pilot**

Implemented direct and indirect interventions at a transitional housing setting to increase awareness and access of menstrual health products.

#### **Toilet Partners Proposal**

Utilized public survey data to establish a need for public access toilets in NYC, 16 comfort stations per 100,000 people. Created a program proposal based on a successful program in Europe "Community Toilet Scheme".

#### **East Harlem Refuse Bin Equity**

Conducted a comparison assessment of East Harlem and other NYC communities of access to public refuse bins.

#### **Finance Committee**

MPH student council representative at Icahn School of School of Medicine.

#### **Vaccine Clinic Volunteer**

Assisted with patient registration and vaccine surveillance for Mt. Sinai Hospitals Clinic Pods during the first release of the COVID-19 vaccine.

#### **Student Congress Fordham University**

Participating peer member creating and implementing initiatives to further the experience, knowledge, and available support to students

#### **No Advisory No Problem**

First annual Urban Assembly Resilience Scholars showcase highlighting how to implement high value SEL within all curriculum when an advisory setting is not possible.

#### **Peer Mentorship Program**

Collaborate with a committee of graduate students and administration to create and plan a peer mentorship program that includes mentor training, one on one session, group sessions, and program evaluation rubrics.

#### **Teacher Talk Series**

Survey the student body regarding Social Work topics for a panel discussion, coordinate with interested faculty, and moderate the webinar.

#### **Student Engagement Initiative**

Co-creator and facilitator of Fordham University's Graduate School of Social Services Student Congress social hour entitled "Coffee, Cocktails, and Tea", a peer lead open group, providing a safe space for students to support one another as they navigate their education journey.

**Belarus Human Rights Advocacy** Coordinate with a team of passionate individuals to develop and implement an advocacy awareness campaign regarding the Human Rights violations being experienced in Belarus.

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### **Other Work Experience:**

#### **SOHO Room / Shift Manager**

APRIL 2019 – MARCH 2020  
New York, NY

#### **Sporcle Live Trivia / Host**

SEPTEMBER 2017 – CURRENT  
Travel

#### **Sand Point CC / Floor Manager**

APRIL 2016 – AUGUST 2018  
Seattle, WA

#### **Mealtime Matters / RBT Feeding Therapist**

NOVEMBER 2016 - APRIL 2017  
Seattle, WA

#### **Wild Ginger / Front Desk Manager**

SEPTEMBER 2015 - APRIL 2016  
Seattle, WA

#### **Carino's Italian / Hospitality Development Manager**

APRIL 2014 - SEPTEMBER 2015  
Burlington, WA

#### **Northwest Silverstars / Cheer Coach**

JUNE 2013 - JUNE 2017  
Bellingham, WA

#### **BE High School / Head Cheer Coach**

APRIL 2012 - JUNE 2013  
Burlington, WA

# Pioneer Square Preservation Board

**Ten** Members: Pursuant to SMC 23.66.110, **all** members subject to City Council confirmation, **3**-year terms except for the Get Engaged which will be a 1-year term per SM C3.51:

- **#** City Council-appointed
- **10** Mayor-appointed
- **#** Other Appointing Authority-appointed (specify):

## Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
6	M	2	1	Property Owner	Sean O'Brien	3/2/23	3/1/26	1	Mayor
6	F	7	2	Historian	Maureen R. Elenga	3/2/25	3/1/28	2	Mayor
6	M		3	Property Owner	Henry Watson	3/2/22	3/1/25	1	Mayor
2	F		4	Get Engaged	Montana Houston	9/1/25	8/31/26	2	Mayor
6	F		5	At Large	Katrina Plewinski	3/2/25	3/1/28	1	Mayor
3	M		6	Architect	Jose Lorenzo-Tores	3/2/24	3/1/27	1	Mayor
4	F		7	Human Services	Maya Spotted Bear	3/2/25	3/1/28	1	Mayor
6	F	2	8	Attorney	Catherine Walker	3/2/23	3/1/26	1	Mayor
			9	Retail	vacant	3/2/25	3/1/28		Mayor
1	F	N/A	10	Architect	Sohyun Kim	3/2/25	3/1/28	2	Mayor

## SELF-IDENTIFIED DIVERSITY CHART

					(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Male	Female	Transgender	NB/ O/ U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	3	6			1	1	1	1		5			
Council													
Other													
Total	4	3			1	2	1			3			

## Key:

**\*D** List the corresponding *Diversity Chart* number (1 through 9)

**\*\*G** List *gender*, **M**= Male, **F**= Female, **T**= Transgender, **NB**= Non-Binary **O**= Other **U**= Unknown

**RD** Residential Council District number 1 through 7 or N/A

*Diversity information is self-identified and is voluntary.*