City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: *Diana Garcia (Dhyana)*		
Board/Commission Name: *Seattle Arts Commission*		**Position Title:** *Member*
☐ **Appointment** ***OR*** ☒ **Reappointment**	**City Council Confirmation required?** ☒ Yes ☐ No	
Appointing Authority: ☒ City Council ☐ Mayor ☐ Other:	**Term of Position: *** 1/1/2026 **to** 12/31/2027 ☐ *Serving remaining term of a vacant position*	
Residential Neighborhood: Ballard	Zip Code: 98107	**Contact Phone No.*:*** [redacted]

Background:

Seasoned performing and teaching artist of Mexican origin, with 23 years of living and making art in the United States. With 19 of those in Seattle performing nationally and internationally, both as solo artist and collaborating with interdisciplinary artist, scholars, and scientists. With 15 years of experience teaching in higher education and eight as an entrepreneur in the wellness and fitness industries.

Dedicated to improving the life and health of others through mindfulness and mindful movement education, uplifting communities in general and of color in particular, advocating for healthy communities and connection with nature.

Mission-oriented learner / educator, who is self-motivated, organized, driven, and collaborative, with a keen interest in bringing mindfulness, mindful movement, and wellness strategies to the workplace and advocacy groups to incentivize inclusion, equity, and equality. Certified Ayurvedic Wellness Counselor, Certified Pilates and Yoga Instructor, and promoter of Mexican and Latino culture through annual retreats to Mexico.
https://www.meditationinmotiontoday.com/

Authorizing Signature (original signature): Dionne Foster **Date Signed (appointed):** 2/26/2026	**Appointing Signatory:** *Dionne Foster* *Council Member, Seattle City Council*

**Term begin and end date is fixed and tied to the position and not the appointment date.*

Diana Garcia (Dhyana)
International Performing and Teaching Artist

[redacted]

Summary

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Skills

- **Collaborating** efficiently with artist, team members and colleagues to coordinate projects
- **Teaching** movement and dance for over 20 years
- **Performing** for over 30 years
- **Organizing** successful events and projects for different communities in Chicago and Seattle
- **Passion for promoting positive health behaviors** and life-work balance
- **Experience as grant writing and grant reviewer**
- **Experienced in remote communication**
- **Mindfulness and mindful movement advocate**
- **Warm, friendly, engaging, and positive personality**
- **Currently working on anti-racism** somatic/movement-bases programs
- **Interested in learning build, and sustain wealth within communities**.

Experience

DAIPANButoh Collective| Seattle, WA
Co-founder, Performer and Graphic Designer
06/2009 - Current

Performing, teaching, touring and organizing the annual Seattle Butoh Festival

- Advocating for butoh, an avant-garde performance practice with Japanese origins (1960's) as a healing and transformative practice.
- Co-directing workshops, festivals and residencies for the collective.
- Designing various graphic design projects

MEDITATION IN MOTION Yoga and Pilates| Seattle, WA
Co-founderm Co-Director & Lead Teacher
07/2020 - Current

Mentoring clients looking for effective guidance to improve their physical and mental health.

- Crafting and leading one-on-one personalized sessions, as well as large group classes.
- Recommending exercise and created personalized movement-based programs with nutrition, mindfulness and life-stile components.

ONIXBLOOM Retreats | Seattle / Mexico
Co-founder, Co-Director & Project manager
06/2019 - Current

In charge of designing, developing, and delivered wellness retreats for 10-20 individuals in Mexico, meeting 100% enrollment goal.

- Developing open and professional relationships with team members and participants enabling more effective issue resolution and engagement.
- Leading, teaching and public speaking skills and communication abilities to facilitate highest quality experiences for participants.

UNIVERSITY OF WASHINGTON Seattle
Part-Time Faculty/ Visiting Artist
Program of Dance
09/2006 -3/2023

Leading courses and master classes on Butoh, a Japanese avant-garde practice for healing and transformation that it is my specialty

- Teaching in -person and virtually
- Monitored student performance and offered feedback to support goals. achievement, engagement and creativity
- Evaluated student progress and adjusted learning plans to foster progress.

UNIVERSITY OF WASHINGTON Bothell
Part-Time Faculty
School of Interdisciplinary Arts and Sciences
09/2011 - -3/2022

Planned, designed and led 2-4 carefully crafted dance-based interdisciplinary courses a year for over 12 years. In-person, online and study abroad formats

- Exposed and trained 15-35 students on each curse, in various dance techniques and mindful-movement practices from the perspective of dance and performance as social technologies for healing and transformation.
- Assessed students' progress and structured lesson plans to facilitate continued learning and a an accountable growth mind

Education and Training

University of Washington | Seattle, Washington 07/2008
Master of Fine Arts: Dance Education

Universidad Autonoma Metropolitana | Mexico City, Mexico 08/1998
Bachelor's Degree: Communication Design

Shakti Vinyasa Yoga | Seattle, Washington 06/2009
Vinyasa Flow Yoga Teacher

Vitality Pilates | Seattle, Washington 06/2010
Certified Pilates Instructor

Forrest Yoga | Onalaska, Washington 06/2009
Advance Forest Yoga Teacher

Kerala Ayurveda Academy | Milpitas, California 09/2018
Level I Ayurvedic Health Counselor Certification Program (AHC)

Seattle Arts Commission Roster

Seattle Arts Commission Roster

16 Members: Pursuant to ordinance 121006, all members subject to City Council confirmation, 2-year terms (Get-Engaged member serves a 1-year term):

- 7 City Council-appointed
- 7 Mayor-appointed
- 1 Commission-appointed
- 1 Get-Engaged

(Roster as of 1/30/2026)

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
2	M	2	1.	At-Large	Ed King	01/01/25	12/31/26	1st	City Council
6	F	7	2.	At-Large	Megan Kiskaddon	01/01/26	12/31/27	2nd	City Council
3	F	1	3.	At-Large	Vanessa Villalobos	01/01/25	12/31/26	3rd	City Council
3	F	1	4.	At-Large	Linda Chavez-Lowry	01/01/26	12/31/27	2nd	City Council
6	M	5	5.	At-Large	Ricky Graboski	01/01/26	12/31/27	3rd	City Council
3	F	6	6.	At-Large	Diana Garcia (Dhyana)	01/01/26	12/31/27	2nd	City Council
6	F	5	7.	At-Large	Kate Nagle-Caraluzzo	01/01/25	12/31/26	1st	City Council
4	F	N/A	8.	At-Large	Yolanda Spencer	01/01/26	12/31/27	2nd	Commission
			9.	At-Large	vacant				Mayor
2 & 9	F	1	10.	At-Large	Avery Barnes	01/01/26	12/31/27	2nd	Mayor
			11.	At-Large	vacant				Mayor
			12.	At-Large	vacant				Mayor
			13.	At-Large	vacant				Mayor
1	F	N/A	14.	At-Large	Yoon Kang-O'Higgins	01/01/26	12/31/27	2nd	Mayor
1, 4, & 6	F&O	7	15.	At-Large	Jo Mikesell	01/01/25	12/31/26	1st	Mayor
6	M		16.	Get-Engaged	Jack Nash	09/01/25	08/31/26	One	Mayor

SELF-IDENTIFIED DIVERSITY CHART

	Men	Women	Transgender	Other/ Unknown	(1) Asian	(2) Black/ African America n	(3) Hispanic/ Latino	(4) American Indian/ Alaska Native	(5) Other (Specification Optional)	(6) Caucasian / Non-Hispanic	(7) Pacific Islander	(8) Middle Eastern	(9) Multiracial
Mayor	1	3		1	2	1		1		2			1
Council	2	5				1	3			3			
Other		1						1					
Total	*3*	*9*		*1*	*2*	*2*	*3*	*2*		*5*			1

Key:

***D** List the corresponding *Diversity Chart* number (1 through 9)

****G** List *gender*, **M** = Male, **F**= Female, **T**= Transgender, **U**= Unknown, **O**= Other

RD Residential Council District number 1 through 7 or N/A

Diversity information is self-identified and is voluntary.