



City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: <i>Nicole Negron</i>		
Board/Commission Name: <i>Seattle Women's Commission</i>		Position Title: <i>Member</i>
<input checked="" type="checkbox"/> Appointment OR <input type="checkbox"/> Reappointment		Council Confirmation required? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Appointing Authority: <input type="checkbox"/> Council <input checked="" type="checkbox"/> Mayor <input type="checkbox"/> Other: <i>Fill in appointing authority</i>	Date Appointed: <i>8/15/2017</i>	Term of Position: * <i>7/2/2017</i> to <i>7/1/2019</i>
Residential Neighborhood: <i>District 3</i>	Zip Code: <i>98122</i>	Contact Phone No.: <i>N/A</i>
Background: <p><i>Nicole is a certified Integrative Women's Health, Nutrition and lifestyle Consultant. She studied at the Institute of Integrated Nutrition through the State University of New York, and American Association of Drugless Practitioners. Nicole continued her education studying functional nutrition, Full Body Systems, with Andrea Nakayama and is currently attending the Integrative Women's Health Institute. She teaches prevention of disease, hormonal imbalance, and weight-loss through proper nutrition.</i></p> <p><i>She established her own practice as a women's health/behavioral counselor & serves a diverse base of clients & stakeholders.</i></p>		
Authorizing Signature (original signature): 		Appointing Signatory: <i>Edward B. Murray</i> <i>Mayor of Seattle</i>

FILED
 CITY OF SEATTLE
 2017 AUG 30 PM 1:26
 CITY CLERK

*Term begin and end date is fixed and tied to the position and not appointment date.

Nicole Negron

PROFILE

Highly motivated bilingual wellness professional with a proven ability to effectively promote, implement, and evaluate health and wellness programs for working professionals. Successfully established a practice that serves a diverse base of clients and stakeholders. Independent with exceptionally strong attention to detail and organizational skills.

RELATED EXPERIENCE

Women's Health/Behavioral Counselor, Nicole Negron WHNL Services, Seattle, WA AUG 2012 - CURRENT

- Developed a health coaching practice for women who struggle with stress, weight management, mental focus, menstrual cycle, chronic fatigue and other health issues
- Successfully maintain a strong client portfolio of an average of 25 to 30 clients per month
- Effectively monitor and evaluate individual client progress
- Sought after by fortune 100 companies, non-profits and other organizations for guidance on developing company policies, and creating a work environment that promotes a healthy lifestyle for employees
- Designed and created workshops offered monthly to the public on topics relevant to the modern day women professional

Physician Recruitment Coordinator, Providence Service & Development, Seattle, WA MAR 2016 - SEP 2016

- Served as a recruitment representative for Montana and Alaska Regions by leading the team through candidate identification, interviewee coaching, and post interview process
- Scheduled and managed all details related to candidates interview and site visit process, including recruitment interview, itineraries, travel arrangements, as well as connections to local resources for relocation and community tours
- Built strong and trusting relationships with regional partners and recruiters to bring the best provider candidates on board
- Maintained database and reported progress against targets for system objectives; administered SelectSurvey tool for constant quality improvement
- Acted independently and with discretion to solve problems expeditiously in favor of the value proposition
- Worked collaboratively with multiple departments/services areas/regions to achieve objectives and various priorities

Operations/HR Generalist, State Farm, Austin, TX JUN 2010 - JUN 2012

- Managed all calendars and coordination between administrative and field managers.
- Effectively assisted field managers in day-to-day coordination and management of operational activities.
- Conducted administration portion of new-hire orientation as necessary
- Implemented and administered HR programs and initiatives that supported our business objectives, such as performance management, training and development, compensation philosophy and policies. Along with updated and maintained legal operational policies and procedures

EDUCATION

Integrative Nutrition, State University of New York, New York, NY 2012 - 2015

Holistic Psychology, Austin Community College, Austin TX 2010 - 2012

Seattle Women's Commission

21 Members: Pursuant to *SMC 3.14.920*, all members subject to City Council confirmation, 2-year terms:

- 9 City Council-appointed
- 10 Mayor-appointed
- 2 Other Appointing Authority-appointed: Commission-appointed

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
		3	1.	Member	Nicole Negron	7/02/17	7/01/19	1	Mayor
2	F		2.	Member	Teresa Springer	7/02/16	7/01/18	2	Mayor
			3.	Member		7/02/17	7/01/19		Mayor
9	F	7	4.	Member	Loida C. Erhard	7/02/16	7/01/18	2	Mayor
2	F		5.	Member	Tracey Whitten	7/02/17	7/01/19	2	Mayor
6	F		6.	Member	Erica J. Soelling	7/02/17	7/01/19	2	Mayor
			7.	Member	Tara Cookson	7/02/15	7/01/18	1	Mayor
6	F		8.	Member	Morgan R. Beach	7/02/15	7/01/18	2	Mayor
			9.	Member		7/02/17	7/01/19		Mayor
9	F		10.	Member	Idabelle Fosse	7/02/15	7/01/18	1	City Council
1	F		11.	Member	K.Min Pease	7/02/17	7/01/19	1	City Council
			12.	Member		7/02/15	7/01/17		City Council
			13.	Member	Xochitl Makovich	7/02/16	7/01/18	1	City Council
2	F		14.	Member	Mergitu Argo	7/02/16	7/01/18	3	City Council
			15.	Member		7/02/17	7/01/19		City Council
2	F		16.	Member	Rokea Jones	7/02/17	7/01/19	1	City Council
5	F		17.	Member	Ruchika Tulshyan	7/02/16	7/01/18	1	City Council
2	F		18.	Member	Lakeisha Jackson	7/02/16	7/01/18	2	City Council
6	F		19.	Member	Michele Maureen Frix	7/02/16	7/01/18	3	Commission
			20.	Member		7/02/17	7/01/19	1	Commission
1	F		21.	Get Engaged	Vivian Lee	9/01/17	8/31/18	1	Mayor

SELF-IDENTIFIED DIVERSITY CHART

			(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)		
	Men	Women	Transgender	Unknown	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non- Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	0	6			1	2	0	0	0	2	0	0	1
Council	0	7			1	3	0	0	1	1	0	0	1
Comm	0	1			0	0	0	0	0	1	0	0	0
Total	0	14			2	5	0	0	1	4	0	0	2

Key:

- *D List the corresponding *Diversity Chart* number (1 through 9)
- **G List *gender*, M = Male, F= Female, T= Transgender, U= Unknown O = Other
- RD Residential Council District number 1 through 7 or N/A

Diversity information is self-identified and is voluntary.