

City of Seattle Boards & Commissions Notice of Appointment

Appointee Name:									
Katie Freeman									
Board/Commission Name: Seattle Transit Advisory Board		Position Title: Member							
	City Council Confirmation required? Yes No								
☐ City Council ☐ Mayor	Term of Position: * 8/3/2024 to 8/2/2026 □ Serving remaining term of a vacant position								
	Zip Code: C	ontact Phone No.:							
Green Lake	98115								
Background: Katie is a social worker managing a network of more than 80 Parkinson's disease support groups across the Northwest and supporting older adults and people with disabilities access services.									
Authorizing Signature (original signature):	Appointing Signatory:								
	Bruce A. Harrell								
Bure O. Hanell	Mayor of Seattle								
Date Signed (appointed): July 30 th , 2024									

^{*}Term begin and end date is fixed and tied to the position and not the appointment date.

Katie Freeman, MSW

EDUCATION

Master of Social Work — University of Washington

September 2021—June 2023

Bachelor of Arts, English Literature — Seattle University

September 2007—June 2011

-Graduated Summa Cum Laude

SOCIAL SERVICE EXPERIENCE

American Parkinson Disease Association: Manager of Programs and Community Engagement

July 2023—Present

- -Managed a network of more than 80 Parkinson's disease support groups across the Northwest
- -Supported the development of seven new support groups through facilitator trainings, marketing and outreach
- -Increased APDA's information and referral services by offering one-on-one consultations for people with Parkinson's
- -Led in-person and virtual educational programs in a variety of settings, ranging from groups of three to 150.
- -Assisted in organizing and promoting fundraising events, such as our annual Gala and Optimism Walk

UW Medicine Memory and Brain Wellness Center: Social Work Intern

September 2022—June 2023

- -Facilitated regular support groups for adults with dementia, atypical Parkinson's disease, and their family caregivers
- -Strategized outreach and implementation of Dementia Friends public awareness program in King County
- -Organized events for the memory loss community, such as a Resource and Education Day for adults with Younger Onset Alzheimer's Disease
- -Supported the Dementia Action Collaborative's efforts to update the WA State Plan to Address Alzheimer's and Other Dementias through data analysis and participation in regular work group meetings

Northaven Senior Living: Life Enrichment Coordinator | Social Work Intern

September 2021—September 2022

- -Developed and facilitated activities program to meet the social, emotional, cognitive, and physical needs of residents, including an LGBTQ+ Seniors group, and weekly mindfulness meditation
- -Organized regular Resident Council and helped facilitate communication between residents and staff
- -Worked with staff Social Worker to fulfill the generalist practicum requirement for UW's MSW program

Greenwood Senior Center: Memory Loss Program Coordinator

March 2019—September 2021

- -Facilitated The Gathering Place, a nationally recognized Early Stage Memory Loss (ESML) enrichment program
- -Successfully adapted The Gathering Place and other ESML programs to a virtual format during the COVID-19 pandemic
- -Developed varied enrichment programs for seniors with ESML, including a dementia friendly art appreciation group
- -Collaborated with other organizations that provide opportunities for seniors with memory loss to develop larger events

Full Life Care: High Volume Case Manager

April 2018—March 2019

- -Managed a caseload of 60 high need clients an Adult Day Health Center in South Seattle
- -Coordinated client needs with interdisciplinary staff care team, professional caregivers and family members
- -Worked one on one with clients to develop strategies for reaching health and lifestyle goals
- -Developed meaningful activity groups designed to improve physical and cognitive abilities

Elderwise: Program Coordinator

May 2017—April 2018

- -Oversaw day to day operations of an arts based day program for older adults living with memory loss
- -Performed all intake interviews and determined who would be an appropriate fit for the program
- -Assisted management in creating and facilitating a quarterly Care Partners Night to provide therapeutic support to our community of care partners

Seattle Transit Advisory Board

12 Members: Pursuant to Resolution 31572, all members subject to City Council confirmation, 2-year terms:

- 7 Mayor-appointed
- 5 City Council- appointed

Roster:

*D	**G	RD	Position No.	Name		Term Begin Date	Term End Date	Term #	Appointed By	
3	М	3	1.	Member	Sandro R. Pani	8/3/24	8/2/26	3	City Council	
1	F	4	2.	Member	Shirley Chu	hu 8/3/24 8/2/26 1		1	City Council	
6	T/NB	4	3.	Member	Deborah Barnard	8/3/24	8/2/26	1	City Council	
4	М	2	4.	Member	Dexter Jenkins 8/3/23		8/2/25	1	City Council	
1	F	7	5.	Member	Priyadharshini Balan	8/3/23	8/2/25	1	City Council	
6	NB	6	6.	Member	Katie Freeman 8/3/24 8/2		8/2/26	1	Mayor	
1	М	3	7.	Member	Ashwin Bhumbla	8/3/24	8/2/26	2	Mayor	
1	М	1	8.	Member	Arthur Kuniyuki	8/3/24	8/2/26	3	Mayor	
6	F	5	9.	Member	Carolyn Tillinger	8/3/23	8/2/25	1	Mayor	
6	M/T/ NB	4	10.	Member	Dana Coppernoll- Houston	8/3/23	8/2/25	1	Mayor	
6	М	7	11.	Member	Zachary Burton	8/3/23	8/2/25	1	Mayor	
2	М	2	12.	Get Engaged Member	Braxton Williams	9/1/23	8/31/24	1	Mayor	

SELF-IDENTIFIED DIVERSITY CHART					(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Male	Female	Transgender	NB/O/U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non- Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	5	1	1	2	2	1				4			
Council	2	2	1	1	2	1	1			1			
Other													
Total	7	3	2	3	4	2	1			5			

Key:

Diversity information is self-identified and is voluntary.

^{*}D List the corresponding Diversity Chart number (1 through 9)

^{**}G List gender, M= Male, F= Female, T= Transgender, NB= Non-Binary, O= Other, U= Unknown

RD Residential Council District number 1 through 7 or N/A