



City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: <i>Kristina M. Sawyckyj</i>		
Board/Commission Name: <i>Seattle Disability Commission</i>		Position Title: <i>Member</i>
<input type="checkbox"/> Appointment OR <input checked="" type="checkbox"/> Reappointment		Council Confirmation required? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Appointing Authority: <input checked="" type="checkbox"/> Council <input type="checkbox"/> Mayor <input type="checkbox"/> Other:	Date Appointed:	Term of Position: * 5/1/2022 to 4/30/2024 <input type="checkbox"/> <i>Serving remaining term of a vacant position</i>
Residential Neighborhood: <i>Homeless</i>	Zip Code: <i>N/A</i>	Contact Phone No.:
Background: <i>Kristina is a Seattle University senior working on an Interdisciplinary Studies degree with hopes on going to law school. She has seven children from 14-29 years of age. She is multicultural, holding many identities close to heart. Kristina was in the US NAVY from 1987-1992 from which she became a disabled veteran. She is active on many issues including homelessness, emergency management and disaster preparedness, transit, food insecurity, and grassroots organizing. Kristina is interested in working on policies and legislation that affects individuals and families with disabilities. Since 2018, Kristina has been serving as a Commissioner on the Seattle Commission for People with disAbilities and looks forward to her continued work.</i>		
Authorizing Signature (original signature): 	Appointing Signatory: <i>Councilmember Tammy Morales</i> <i>Seattle City Council</i>	

**Term begin and end date is fixed and tied to the position and not the appointment date.*

KRISTINA M. SAWYCKYJ, LPN

EDUCATION

Community College of Denver
Licensed Practical Nurse

2003

Seattle Central College
Transfer credits
Estimated graduation date

2018

Applying for transfer to either University of Washington, Seattle Pacific University or Seattle University.

Red Rocks Community College & Federal Emergency Management Agency

Classes in Disaster Management including Emergency Planning, Exercise design, EOC Management and Operations, and Disaster Leadership classes.

MILITARY EXPERIENCE-HOSPITALCORPSMAN –EMT/CPR INSTRUCTOR, EMERGENCY ROOM & FIELD MEDICAL TRIANING, FIRE FIGHTING EXPERINCE, PERSONNEL MANAGEMENT

USNAVY

June 1987 – August 1987

USNAVY

June 1988 – September 1988

USNAVY RESERVES

May 1987 – November 1992

VETERANS AFFAIRS RATED 70% SERVICE CONNECTED

VOLUNTEER EXPERIENCE

Disability Right's Washington-Mental Health Advisory Council-Chair

2014-Current

Washington State Mental Health Advisory Council

2014-Current

Phi Theta Kappa-Honor Society

2015-Current

**Washington Low Income Housing Alliance-Resident Action Network
& Emerging Advocates Network**

2015-Current

Co-chair

Seattle Central College-Student Government Associated Student Council
Communication representative

2016-2017

Seattle Central College-Student Veterans Association

2015-2017

President-2016-2017

Treasurer-2015-2016 Student Organization of the Year at Seattle Central

Colorado Cross Disability Coalition (CCDC)-Board Member

2009-2012

CCDC advocates for Social Justice for people with all types of disabilities.

National Alliance for the Mental Illness (NAMI)-Colorado NAMI Veterans Council Representative

2008-2011

**National Alliance for the Mental Illness (NAMI)-Colorado Springs Board Member &
Colorado NAMI Veterans Council Representative**

2007-2008

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need.

Parent to Parent of Colorado-Advisory Board Member 2007-2012

Parent to Parent of Colorado is a non-profit organization committed to quality parent to parent support across Colorado.

Colorado State Mental Health Planning Council- Family Board Member	2011
El Paso County Department of Human Services-Community Advisory Board	2010-2011
Colorado Department of Vocational Rehabilitation-State Rehab Council (SRC) The SRC is to review analyze, and advise the Division of Vocational Rehabilitation regarding the performance of its responsibilities under the Rehabilitation Act.	2004-2006
Federation of Families for Children’s Mental Health-Denver/Aurora Chapter –Board Member	2001-2002
Colorado Springs Early Intervention Council	2004-2007
People United for Families-Board Member Non-profit dedicated to advocacy and protection of programs for low-income Americans.	1999-2004
Arizona Behavioral Health Consumer and Family Council	1996-1999

RELATED EXPERIENCE

Citizens Emergency Response Trained-2013

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations.

Denver, CO

Depression and Bipolar Alliance of Colorado Springs-2009 Parent Group Leader

TRAININGS

- ◆ American Red Cross Trainings-Trained in Mass Care 1(1995), Emergency Assistance to Families 1 & 2 (1996), Financial Assistance (1996), International Social Services (1996), Referral to Military Aid Societies (1996), Disaster Public Affairs 1 (1996), Public Affairs 1 (1996), Disaster Action team Workshop (2000), and Disaster Liaison 1 (2000).
- ◆ Parents Anonymous-Parent Educator-1995-1998
- ◆ Family Support Facilitator-Northern Arizona State University 1998
- ◆ Partner’s in Policymaking-Arizona training 1998
Training in advocacy for parents with special needs children.
- ◆ NAMI Young Family Facilitator Training 1998
- ◆ City and County of Denver-Citizens Police Academy 2001
- ◆ The Advocacy Project with Lee Mizer 2000-2001
Advocacy training
- ◆ Partner’s in Leadership-Colorado training 2001-2002
Training in advocacy for parents with special needs children.
- ◆ The Coaching Project 11 weeks Training 2003
- ◆ Resident Leadership Facilitation by Annie E. Casey Foundation 2004
- ◆ 0-3 Early Intervention Training-Peak Parent Center 2005
Training in early intervention services for kids birth to 3
- ◆ Colorado Cross Disability Coalition Advocacy training-2007
- ◆ NAMI Family to Family Facilitator Training 2008
Training for NAMI’s program for working with families with members with mental illness.

- ◆ Leaderships Pikes Peak-Women's Community Leadership Incentive Program-2009
- ◆ NAMI Vision's Facilitator Training 2009
Training for NAMI's program for working with young families with members with mental illness.
- ◆ City and County of Denver-Citizen's Emergency Responder (CERT)certified-2013

MEMBERSHIPS

Paralyzed Veterans of America-Lifetime Member

Disabled American Veterans-Lifetime Member

National Alliance of Mental Illness-Member 1992-current

9 to 5 Alliance for Working Women-Member 1999-currrent

Service Woman's Action Network-2012/2013 Participant

Project Wise (Women empowerment support)-Member 1999-2014

Seattle Disability Commission

May 2022

21 Members: Pursuant to SMC 3.14.920, all members subject to City Council confirmation, 2-year terms:

- 8 City Council-appointed
- 9 Mayor-appointed (includes 1 Get-engaged Mayor position)
- 4 Other Appointing Authority-appointed (specify): Commission-appointed

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
			1.	Member	VACANT	5/01/21	4/30/23	1	Mayor
			2.	Member	VACANT	5/01/21	4/30/23	1	City Council
			3.	Member	VACANT	5/01/21	4/30/23	1	Mayor
6	F	6	4.	Member	Christine Lew	5/01/21	4/30/23	1	City Council
			5.	Member	VACANT	11/1/21	10/31/23	1	Mayor
			6.	Member	VACANT	11/1/21	10/31/23	1	City Council
			7.	Member	VACANT	11/1/21	10/31/23	1	Mayor
6	F		8.	Member	April Snow	11/1/21	10/31/23	1	Commission
4	F		9.	Member	Kristina M. Sawyckj	5/01/22	4/30/24	3	City Council
			10.	Member	VACANT	5/01/22	4/30/24	1	Mayor
			11.	Member	VACANT	5/01/22	4/30/24	1	City Council
			12.	Member	VACANT	5/01/22	4/30/24	1	Mayor
			13.	Member	VACANT	11/1/20	10/31/22	1	City Council
			14.	Member	VACANT	11/1/20	10/31/22	1	Mayor
	F	5	15.	Member	Taylor Woods	11/1/20	10/31/22	1	City Council
6	F	4	16.	Get Engaged	Taylor Ladd	9/1/21	8/31/22	1	Mayor
			17.	Member	Heyiwot Amare	5/01/20	4/30/22	1	City Council
			18.	Member	VACANT	11/1/20	10/31/22	1	Mayor
			19.	Member	VACANT	5/01/22	4/30/24	1	Commission
	F	3	20.	Member	Dawn Dailey	11/1/20	10/31/22	1	Commission
6	F	1	21.	Member	Kaitlin Skilton	11/1/20	10/31/22	1	Commission

SELF-IDENTIFIED DIVERSITY CHART

	(1)		(2)		(3)		(4)		(5)		(6)		(7)		(8)		(9)	
	Male	Female	Transgender	NB/ O/ U	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial					
Mayor		1								1								
Council		3								1								
Other		3								1								
Total	1	7								3								

Key:

- *D List the corresponding *Diversity Chart* number (1 through 9)
 - **G List *gender*, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown
 - RD Residential Council District number 1 through 7 or N/A
- Diversity information is self-identified and is voluntary.*