

King County Overdose Response

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City of Seattle Housing & Human Service Committee
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2024-2029 Public Health Strategic Plan Priorities



Learn more: www.kingcounty.gov/health/strategicplan



Emerging Threats to Community Health & Well-being

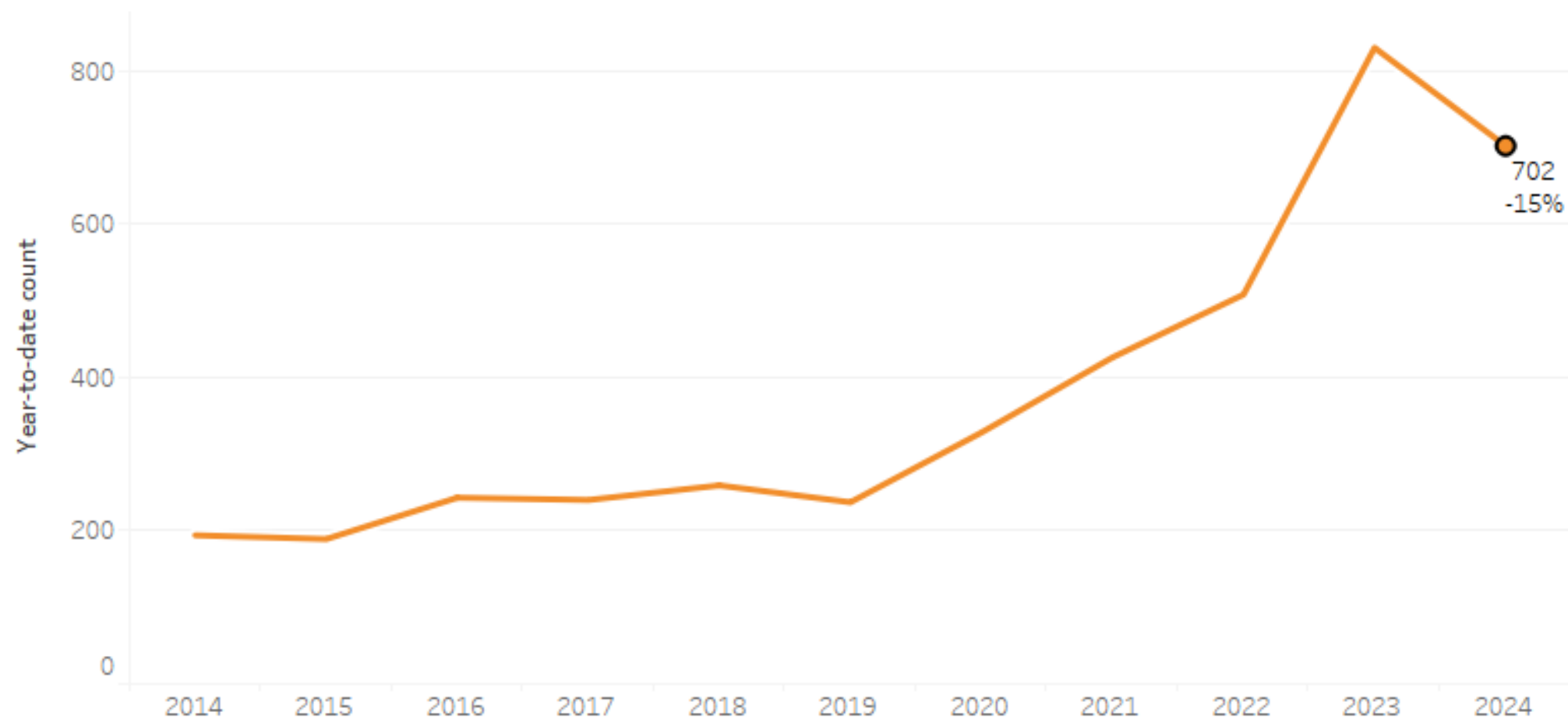
Overdose Prevention and Well-being for People Who Use Drugs

GOAL: Make evidence-based, culturally appropriate services accessible for every individual who uses drugs while reducing stigma around substance use disorders and reducing overdose deaths.

- **Objective 1:** By 2025 and every two years thereafter, **evaluate ongoing overdose prevention activities** and explore research on emerging and existing overdose prevention best practices and apply those findings to implement changes in service delivery, training, communications strategies, and harm reduction supplies.
- **Objective 2:** By 2026, **conduct 36 trainings per year and produce at least one communication campaign/strategy** to improve community knowledge about overdose risks and protective factors, empathy, and understanding of the impact of stigma.
- **Objective 3:** By 2029, expand reach of health strategies that reduce harm by **increasing the distribution of harm reduction resources and supplies** from Public Health and partners by 15% per year.
- **Objective 4:** By 2029, increase access and linkage to evidence-based **medications for opioid use disorder (MOUD)**.

Trends in overdose deaths that occurred to date (Jan 1 - Aug 6) in King County, 2014-2024

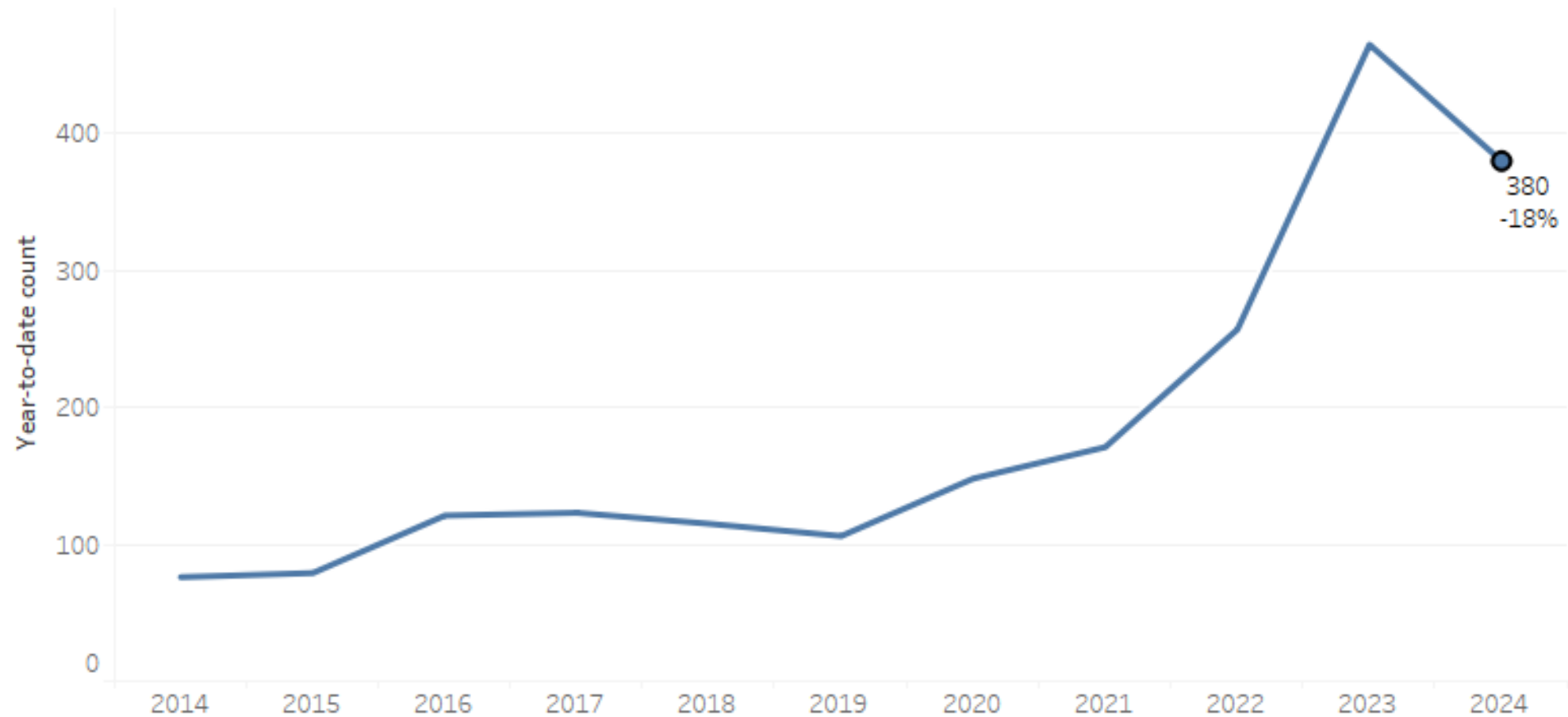
Data source: Medical Examiner's Office data



Note: Numbers include confirmed overdose deaths and probable overdose deaths that are pending toxicology.

Trends in overdose deaths that occurred to date (Jan 1 - Aug 6) in Seattle, 2014-2024

Data source: Medical Examiner's Office data



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Five Priorities for Action to Prevent Overdoses in 2024

PRIORITY 1

Treatment and community-based, recovery-focused care for all.

PRIORITY 2

Behavioral health beds and facilities.

PRIORITY 3

Overdose reversal medication and fentanyl testing.

PRIORITY 4

A robust, diverse behavioral health workforce.

PRIORITY 5

Reduced disproportionality in overdoses.

Priority 1: Treatment & Community-Based Recovery-Focused Care For All

- Launch a 24/7 Buprenorphine Prescribing Line
- Enable Community Behavioral Health Providers to provide buprenorphine induction and ongoing treatment through Medicaid funding
- Increase the number of 24/7 youth and adult mobile crisis programs
- Invest in 6 new community navigators to link people to treatment and support harm reduction.

Priority 2: Behavioral Health Beds and Facilities

- Partner with Pioneer Human Services to open a 16-bed residential treatment program for people with co-occurring mental health and substance use disorders
- Partner with the City of Seattle to permanently site and re-open a 24/7 sobering center
- Partner with City of Seattle, Downtown Emergency Service Center (DESC), and University of Washington to open a post-overdose recovery center

Priority 3: Overdose Reversal Medication and Fentanyl Testing

- Expand the number of fire departments that provide leave-behind naloxone at sites of overdoses where people are at high risk
- Convene a county-wide Overdose Fatality Review process
- Test up to 1,000 drug samples annually to reduce accidental drug poisonings
- Distribute 45,000 naloxone kits and 100,000 test strips through a new centralized harm reduction supply center and vending machines

Priority 4: A Robust, Diverse Behavioral Health Workforce

- Add approximately 100 new apprenticeships statewide with half of the opportunities in King County. Apprenticeship tracks include behavioral health technicians, substance use disorder professionals, and peer counselors

Priority 5: Reduce disproportionality in overdoses

- Distribute \$2 million in overdose prevention grants from opioid settlement funds to disproportionately impacted and underserved populations

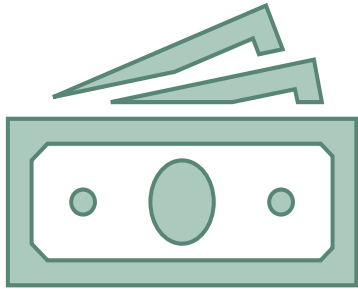
City of Seattle Public Health Investments

- **Needle Exchange Treatment Engagement - 2023**
 - 41 clients enrolled in methadone treatment
 - 925 months of treatment
 - 18 clients enrolled in ACA insurance plans.
- **Bupe Pathways Program - 2023**
 - 543 individual clients, 290 were new clients
 - 2,866 office visits
 - 964 appointments were walk in clients
 - 73% of clients served reported to fall in a homeless category
 - 40% of clients reported “street” as homeless status
 - 2,393 total Buprenorphine prescriptions provided
- **Community Based Harm Reduction Service Support - 2023 (6 month period)**
 - >4,350 client interactions, through fixed site encounters and outreach encounters
 - >2,672 naloxone kits distributed + education and training provided
 - >3,707 fentanyl test strips distributed
 - >2,358 interventions for HIV and HCV prevention
 - >15 overdose reversals done by staff
 - 111 referrals or warm handoffs to MOUD

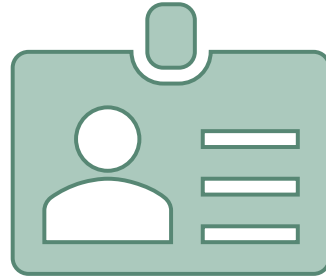
City of Seattle DCHS Investments

- **Sobering Center Services**
 - Sobering case management
- **Emergency Services Patrol**
- **Youth Prevention/Intervention**
 - Family Intervention and Restorative Services (FIRS)
 - Multi-Systemic Therapy (MST)

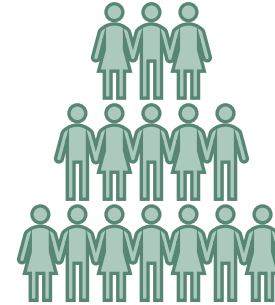
King County's Behavioral Health Efforts



Annual budget of
\$465+ million



210 people on staff



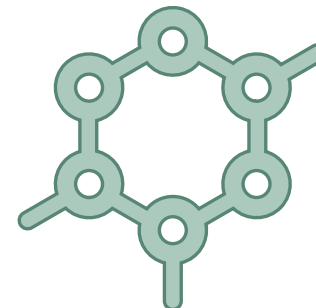
Serve **60,000** people
annually



Lead the **Crisis Care
Centers** Initiative



Oversee **MIDD**
Initiative



Partner on **KCICN**

2023 Substance Use Disorder Treatment Reach



**Outpatient SUD
Services**

**4,581
CLIENTS SERVED**



**SUD Residential
Services**

**1,796
INDIVIDUALS SERVED**



**Medication for Opioid
Use Disorder (MOUD)**

**11,000 +
INDIVIDUALS SERVED**



**Withdrawal
Management Services**

**1,065
INDIVIDUALS SERVED**

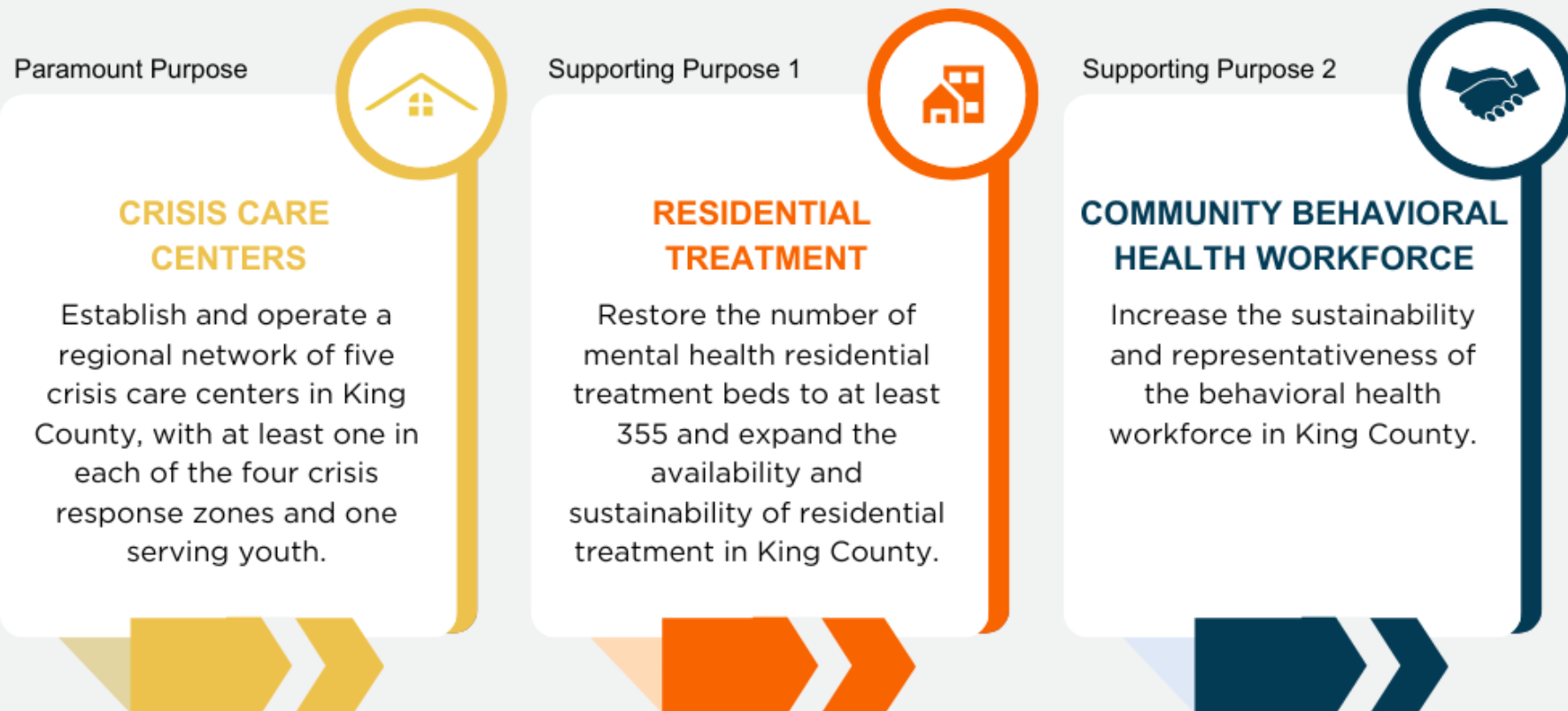


Sobering Services

**8,000 +
INDIVIDUALS SERVED**

CRISIS CARE CENTERS

Levy Purposes



CRISIS CARE CENTERS LEVY

Early Investments Starting in 2024



Increase Community-Based Crisis Response Capacity

- Expand mobile crisis services for adults and youth
- Embed behavioral health counselors in 911 call centers



Reduce Fatal Opioid Overdoses

- Expand access to opioid overdose reversal medication
- Capital facility funding to expand substance use services



Residential Treatment Facility Capital Investments

- Preserve existing capacity
- Build new capacity



Behavioral Health Workforce Investments

- Community behavioral health career pathways
- Labor-management workforce development partnerships
- Crisis workforce development

Mobile Rapid Response Crisis Teams (MRRCT): A Best Practice

- Outreach Team Composition:
 - Include Certified Peer Counselors (CPC) as part of the outreach team.
 - Mental Health Care Provider (MHCP), BA level staff, may be part of the outreach team.
 - Mental Health Professional (MHP) may be part of the team, or available to the team for consultation.
- Provide follow up to mobile crisis outreaches.
- Provide face-to-face crisis de-escalation, intervention, and stabilization services in the community where the individual is located, including:
 - Safety planning appropriate to the need of the individual.
 - Referring to necessary behavioral health and/or other social and healthcare services.
 - Providing and/or arranging for any needed transportation as appropriate.
 - Provide Follow-Up

MRRCT Implementation Update

- MRRCT to be delivered in 3 Primary Service Areas:
 - Central/West
 - North/East
 - South
- RFP Resulted in 2 Provider Applications:
 - DESC
 - Sound
- Centralized MRRCT Dispatch – Crisis Connections
- Mobile Crisis Expansion for Youth – YMCA (CCORS)

Timeline

- September 1, 2024: Contract/Amendments in place
- 90-day transition/ramp-up
- December 1, 2024: Begin transition from MCT to MRRCT services – complete by early 2025

Behavioral Health Crisis Resources

King County Resources:

24-Hour Regional Crisis Line: 866-427-4747

Provides immediate help to individuals, families, and friends of people in emotional crisis. This crisis line can help you determine if you or your loved one needs professional consultation or connection to mental health or substance use services like mobile crisis or a next-day appointment.

24/7 Bupe Line: 206-289-0287

Talk to a doctor to receive a buprenorphine prescription any time any day for opioid use disorder.

Behavioral Health & Recovery Div. Client Services: 800-790-8049

For people interested in mental health services.

SUD Residential Phone Line: 855-682-0781

For information about King County substance use residential services, Monday-Friday 9am-5pm.

Overdose Prevention Supplies, Training, Resources, and Data

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week:

www.kingcounty.gov/overdose

National Resource:

988 National Suicide & Crisis Lifeline

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Behavioral Health Crisis Resources (Continued)

Washington State Resources:

WA Recovery Help Line: 866-789-1511

A 24/7 anonymous and confidential help line that provides crisis intervention and referral services for Washington State residents. *Who answers:* Professionally trained volunteers and staff.

WA Warm Line: 877-500-WARM (9276)

Confidential peer support help line for people living with emotional and mental health challenges. *Who answers:* Specially-trained volunteers who have lived experience with mental health challenges.

Washington 211: Dial 211

Who answers: A highly-trained information and referral specialist will assess your needs and provide a list of referrals to available resources in your community.

Youth & LGBTQ+ Resources:

Teen Link: 866-833-6546

Confidential and anonymous help line for teens in Washington state. *Who answers:* Trained teen volunteers.

Trevor Project: 866-488-7386

24/7 free, confidential and anonymous national help line for LGBTQ+ young people. *Who answers:* Trained counselors.

TRANS Lifeline: 877-565-8860

24/7 hotline run by trans people, for trans people to connect people to community support and resources needed to survive and thrive.

Questions?