City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: *Elliott McMurray*		
Board/Commission Name: *Seattle Disability Commission*		**Position Title:** *Member*
☒ **Appointment** ***OR*** ☐ **Reappointment**	**Council Confirmation required?** ☒ Yes ☐ No	
Appointing Authority: ☒ Council ☐ Mayor ☐ Other: *Fill in appointing authority*	**Date Appointed:** *mm/dd/yy.*	**Term of Position: *** 5/1/2025 **to** 4/30/2027 ☒ *Serving remaining term of a vacant position*
Residential Neighborhood: *Ballard*	**Zip Code:** *98107*	**Contact Phone No.:**
Background: *Elliott's professional background in clinical social work has focused primarily on mental health. He graduated from UW in 2021 and has worked in a wide range of environments with a wide range of people over the past eight years. He has served with Americorps, mentored youth, assisted in founding the Seattle Trans and Nonbinary Choral Ensemble (STANCE), and volunteered for many smaller projects. As a politicized healer, he believes that mental health is not an individual endeavor. He currently works in private practice, specializing in working with other trans folks, disabled folks, and trauma survivors.*		
Authorizing Signature (original signature): Debora Juarez **Date Signed (appointed):** 11.17.2025	**Appointing Signatory:** *Councilmember Debora Juarez* *Seattle City Council*	

**Term begin and end date is fixed and tied to the position and not the appointment date.*

Elliott McMurray

Summary of Qualifications

- Nine years' experience creating training and group curriculums
- Seven years' experience in de-escalation and relational rupture and repair
- Six years program development and implementation experience
- Four years' experience running and maintaining a business

Education and Certifications

- MSW, Clinical Concentration
  - *University of Washington*, Seattle WA, June 2021
  - *LSWAIC (Currently eligible to apply for LICSW)*
- BA in Psychology, Cum Laude
  - *Seattle Pacific University*, Seattle WA, June 2016

Relevant Experience

Pixel Therapy LLC, Therapist/Business Owner, Seattle WA, March 2022-Present

- Conducted outpatient telehealth individual and group therapy
- Created and implemented group curriculum
- Received additional training in multiple areas, including decolonization, HAES, and harm reduction
- Coordinated referrals for clients needing higher levels of care and/or additional supports
- Conducted bio-psycho-social-spiritual assessments and provided diagnosis
- Created and maintained treatment plans, clinical documentation, accounting, and consent forms

Seattle Trans and Nonbinary Choral Ensemble, Board Secretary (Remote role), Seattle WA, Jan 2022-June 2023

- Created and presented training on Consensus model of decision-making
- Assisted group in implementing Consensus-decision making model
- Arrived promptly to meetings and took accurate notes available to chorus members
- Assisted in creation and implementation of regular feedback surveys and channels for chorus members
- Conducted audit of organization's adherence to social justice values and mapped paths to take action
- Contributed to the development of the organization and helped get it off the ground

University of Washington, Adjunct Professor, Seattle WA, December 2023-March 2024

- Created social work curriculum for working with families and groups
- Taught 30+ students online and in-person 2x/ week for ten weeks
- Assisted students in identifying the specific actions and behaviors needed to practice in accordance with ethics and social justice values, including discussions about social workers as "soft cops"
- Collaborated with social work professionals and another class to provide a social work panel for students
- Assisted students in clarifying and working towards career goals
- Held weekly virtual open office hours

YWCA of Clark County, Sexual Assault Program Therapist, Vancouver WA, September 2021-August 2022

- Conducted individual outpatient telehealth and in-person therapy
- Commended on attention to detail and timely communication
- Received additional training on bottom-up therapy, dynamics of domestic violence and sexual assault, and working with Latinx/Latine communities
- Incorporated cultural humility at every level of therapy
- Grew skills in identifying and responding quickly to nuanced dynamics of power and oppression to identify and assist survivors of IPV and sexual violence

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Seattle Disability Commission
December 2025

21 Members: Pursuant to *SMC 3.14.920,* all members subject to City Council confirmation, 2-year terms except for the Get Engaged member who will serve a 1-year term pursuant to SMC 3.51:

- *8*City Council-appointed
- *9*Mayor-appointed (includes 1 Get-engaged Mayor position)
- *4*Other Appointing Authority-appointed (specify): Commission-appointed

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
1	F	7	1.	Member	Samiya Nasim	5/01/25	4/30/27	1	Mayor
6	M	3	2.	Member	Marc G Côté	5/01/25	4/30/27	1	City Council
6	M	2	3.	Member	Scot Nelson	5/01/25	4/30/27	1	Mayor
6	NB	6	4.	Member	Elliott McMurray	5/01/25	4/30/27	1	City Council
			5.	Member	VACANT	11/1/25	10/31/27	1	Mayor
			6.	Member	VACANT	11/1/25	10/31/27	1	City Council
			7.	Member	VACANT	11/1/25	10/31/27	1	Mayor
			8.	Member	VACANT	11/1/25	10/31/27	1	Commission
3	F	3	9.	Member	Balvina E Cortez	5/01/24	4/30/26	1	City Council
6	F	6	10.	Member	Julia Thompson	5/01/24	4/30/26	1	Mayor
6	F	4	11.	Member	Naomi Snow	5/01/24	4/30/26	1	City Council
6	F	5	12.	Member	Sawyer Stearns	5/01/24	4/30/26	1	Mayor
3	F	7	13.	Member	Bianca Gallegos	11/1/24	10/31/26	1	City Council
6	M	3	14.	Member	Zachary Dar	11/1/24	10/31/26	1	Mayor
6	F	7	15.	Member	Jessica Jensen	11/1/24	10/31/26	1	City Council
1	M		16.	Get Engaged	Charlie Nguyen	9/1/25	8/31/26	1	Mayor
			17.	Member	VACANT	5/01/24	4/30/26	2	City Council
6	F	7	18.	Member	Linda W. Finkle	11/1/24	10/31/26	1	Mayor
6	F	7	19.	Member	Shelby Dey	5/01/24	4/30/26	2	Commission
			20.	Member	VACANT	11/1/24	10/31/26	1	Commission
6	F	1	21.	Member	Kaitlin Skilton	11/1/24	10/31/26	3	Commission

SELF-IDENTIFIED DIVERSITY CHART

	(1) Male	(2) Female	(3) Transgender	(4) NB/ O/ U	(5) Asian	(6) Black/ African American	(7) Hispanic / Latino	(8) American Indian/ Alaska Native	(9) Other	Caucasian/ Non-Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	3	4			2					4			
Council	2	4		1			2			4			
Other		2								2			
Total	5	10		1	2		2			10			

Key:

*D List the corresponding *Diversity Chart* number (1 through 9)
**G List *gender*, M= Male, F= Female, T= Transgender, NB= Non-Binary O= Other U= Unknown
RD Residential Council District number 1 through 7 or N/A

Diversity information is self-identified and is voluntary.

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