

City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: Ely Hernandez										
Board/Commission Name:		Position Title:								
Seattle LGBTQ Commission		Commission Member								
Council Confirmation required?										
Appointment <i>OR</i> Reappoint	ment	Yes No	K—————————————————————————————————————							
Appointing Authority:	Date	Date Appointed:		Term of Position: *						
⊠ Council	2/13/	2018	到/1/2017 概							
Mayor		•	to							
Other: Fill in appointing authority		•	10/3 1/2019							
determining detrients			4/3	o M						
Residential Neighborhood:	Zip Co	ode:	le: Contact Phone No.:							
Neighborhood District #5	98133	3								
Background: Ely has felt a devotion and interest to advance social justice from a young age while living in Mexico. After moving to the U.S., Ely noticed that her passionate nature would be best utilized by working as a psychotherapist with historically marginalized communities. Now, Ely is an Intern Supervisor and Clinician in a child and family counseling agency where she specializes in seeing transgender youth and delivering gender affirming care. Ely's determination is for the City of Seattle to always take into consideration the most oppressed individuals within the LGBTQ community such as transgender people and LGBTQ people of color so that services, legislation and administration are inclusive, welcoming and sensitive.										
Authorizing Signature (original signature	e):	Councilme	Appointing Signatory: Councilmember Lisa Herbold Seattle City Council							

Elizabeth Hernandez

SUMMARY

Committed Social Worker with strong direct service experience with youth at risk, children and families. Strong interest and expertise in working with Spanish speaking, people of color, low income and TBLGQIA individuals. Fluent in Spanish and strong cultural competence. Demonstrated ability to promptly create strong rapport with clients.

EDUCATION

University of Michigan, Ann Arbor MI

MSW, July 2015

Interpersonal Practice in Mental Health Concentration

University of Washington, Seattle WA

BSW, May 2013

Professional Experience

Catholic Community Services Clinician Tukwila, WA

- Provide individual therapy to children ages 3-18 for various diagnoses.
- Provide family therapy.
- Provide case management services for clients.
- Manage average caseload of 35 children.
- Co-facilitate parenting class for court ordered and non-court ordered parents.
- Assist staff with scheduling and or coordinating care with families in Spanish.
- Attend required and non-required trainings and workshops available.
- Conduct intake assessments and screenings in Spanish and English.
- Be in charge of crisis phone line once a month.
- Engage in supervision once a week.
- Attend staff meetings once a week for 2 hours.

Connally Counseling - Private Practice

August 2015- May 2016

Gender Therapist

Ann Arbor, MI

- Provide evaluation and treatment of LGBTQIA children, adolescents, and adults. Provide individual, couples, family, and group psychotherapy.
- Provide assessment, short-term and long-term intervention and referral.
- Facilitate transgender teen support group.
- Provide recommendation letters for hormone treatment and sex reassignment surgery in accordance with the WPATH Standards of Care.

• Engage in supervision weekly for two hours.

University of Michigan Counseling and Psychological Services Clinical Social Work Intern

August 2014- May 2016

Ann Arbor, MI

- Provide individual and group counseling to undergraduate and graduate students within a brief treatment model.
- Manage average caseload of 8-10 clients of diverse backgrounds and with a wide range of presenting concerns, including interpersonal difficulties, family of origin conflicts, academic distress, social anxiety, adjustment difficulties, racial and sexual identity development, eating disorders, trauma, clinical depression, anxiety, physical and sexual abuse and bereavement.
- Conduct weekly intake interviews including diagnosis, assessment, and triage.
- Co-facilitate in an undergraduate process group.
- Crisis assessment and intervention for high risk students.
- Engage in twice a week individual supervision with licensed clinician where video/audio recordings where processed with supervisor.
- Participated in seminars such as practice issues, multicultural awareness, group therapy, and outreach practices.
- Led outreach presentations for students regarding stress management.
- Led outreach presentation for faculty and staff on how to help students in distress and on CAPS 101
- Delivered a presentation to CAPS' staff regarding existing suicide prevention practices in other universities and recommendations based on those practices.
- Delivered a case presentation to CAPS' staff.
- Attended "Hal Korn" trainings.

Family Care Network and DHS

January 2014- August 2014

Supportive Visitation Worker and Parent Educator

Livonia, Michigan

- Provided direct services to families, including court ordered supervised visits and in-home services.
- Developed supportive relationships with families and monitors the safety of the children.
- Taught group parent education classes to parents and families referred by the Department of Human Services.
- Sent reports of every visit that was supervised to case workers, which is then shared with CASA workers, lawyers and the court.
- · Appeared at court if subpoenaed and testify on what was observed during court ordered visits.
- Worked in close proximity with CASA workers, lawyers, courts, CPS workers and case workers.

Columbia Legal Services

September 2012- January 2013

Social Media, Communications and Development

Seattle, Washington

- Developed trainings to help lawyers find individual donors to fund their specific projects and legal advocacy efforts.
- · Worked in close proximity with grant writer (Supervisor) on fund development plans.
- Conceptualized, developed, maintained and promoted agency's first Facebook and Twitter page.
- Served as photographer/videographer/interviewer for agency's events. The media collected is used for annual reports, e-newsletter, Facebook page, website and other CLS's publications.
- Interviewed and photographed agency's entire staff across the state.

- · Planned and coordinated Annual Pro Bono Event.
- Interpreted and translated in Spanish when needed.

Northwest Defenders Association Clinical Social Work Intern

June 2012- June 2013

Seattle, Washington

- Conducted Bio-Psycho-Social assessments for in and out of custody clients.
- Conducted regular visits to in-custody clients to establish rapport and monitor their bio-psycho social functioning.
- · Applied for social services on behalf of in-custody clients.
- · Updated clients on their status in any ongoing application for in or out of custody treatment.
- Wrote court mitigation reports to assist legal strategy that would include a comprehensive diagnosis and treatment recommendations..
- · Referred in and out of custody clients to social service agencies.
- · Attended trainings that reinforced current knowledge and introduced newknowledge.
- Worked as part of the legal team.

Girl Scouts of Western Washington

January 2009- June 2012

Program Supervisor

Seattle, Washington

- Train, support and supervise volunteers, practicum students and program assistants at multiple troop locations.
- Develop monthly program plans directed to the prevention and intervention of youth at risk
- Promote and grow programs to provide progressive educational opportunities for girls through the
 active recruitment of girls, adult leaders and agency partners.

VOLUNTEER EXPERIENCE

Open Door Legal Services—Gospel Mission Spanish Interpreter Seattle, Washington

January 2013- December 2014

Seattle Lesbian, Gay, Bisexual, Transgender and Queer Commission January 2018

16 Members: Pursuant to SMC 3.14.920, all members subject to City Council confirmation, 2-year terms:

- 7 City Council-appointed
- 8 Mayor-appointed
- 1 Other Appointing Authority-appointed: Commission-appointed

Roster:

*D	**G	RD	Position No.	Position Title	Name	Term Begin Date	Term End Date	Term #	Appointed By
			1.	Member	Julia Ikaura Ricciardi	5/1/17	4/30/19	2	City Council
			2.	Member	Katrina Sanford	5/1/17	4/30/19	1	Mayor
		×	3.	Member	Ann Luetzow	5/1/17	4/30/19	1	City Council
			4.	Member	Latosha Correll	5/1/17	4/30/19	1	Mayor
			5.	Member	Ely Hernandez	5/1/17	4/30/19	1	City Council
			6.	Member	Manuel Venegas	11/1/17	10/31/19	3	Mayor
			7.	Member	Kari Lerum	11/1/17	10/31/19	1	Commission
			8.	Member	Lauren Boling	11/1/17	10/31/19	1	Mayor
			9.	Member	Nikki Hurley	5/1/16	4/30/18	1	City Council
			10.	Member	Mitchell Chen	5/1/16	4/30/18	1	Mayor
			11.	Member	Joseph Suttner	5/1/16	4/30/18	1	City Council
			12.	Member	Ray Corona	5/1/16	4/30/18	1	Mayor
			13.	Member	Taylor Wisor	11/1/16	10/31/18	1	City Council
			14.	Member	lan Irving Bradshaw	11/1/16	10/31/18	1	Mayor
			15.	Member	Deepa Sivarajan	11/1/17	10/31/19	1	City Council
			16.	Get Engaged	Jessi Murphy	09/01/17	8/31/18	1	Mayor

SELF-I	DENT	TIFIED (DIVERSITY	CHART	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Men	Women	Transgender	Unknown	Asian	Black/ African American	Hispanic/ Latino	American Indian/ Alaska Native	Other	Caucasian/ Non- Hispanic	Pacific Islander	Middle Eastern	Multiracial
Mayor	2	4				1	3		1	2			1
Council		1			1								1
Comm		1								1		,	
Total	2	6			1	1	3		1	3			2

Key:

Diversity information is self-identified and is voluntary.

^{*}D List the corresponding Diversity Chart number (1 through 9)

^{**}G List gender, M = Male, F= Female, T= Transgender, U= Unknown

RD Residential Council District number 1 through 7 or N/A