

# **DOWNTOWN EMERGENCY SERVICE CENTER**

**SUMMARY OF CLINICAL PROGRAMS WITH A FOCUS ON OUR  
CRISIS RESPONSE AND OUTREACH & ENGAGEMENT SERVICES**

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# DESC Continuum of DESC Services Overview

Program	Crisis	Post-crisis	Engagement and long-term case management
Crisis Solutions Center: MCT, CDF, CDIS	X		
Homeless Outreach Stabilization and Transition (HOST)	X	X	X
Street Medicine Team	X	X	X
Crisis Response Team (co-response with SPD)	X	X	X
Peer Pathfinder Program	X	X	
Opioid Treatment Network (OTN)	X		X
Community Outreach and Advocacy Team (COAT)		X	X
Services and Housing to Access Recovery Program (SHARP)		X	X
Crisis Respite Program (CRP)		X	
Program of Assertive Community Treatment (PACT)			X
Support, Advocacy, Growth, and Employment (SAGE) & Substance Use Team		X	X

# Crisis Solutions Center

Location: 1600 South Lane Street

- **The Crisis Solutions Center** is comprised of three programs, mobile crisis team, crisis diversion facility, and crisis diversion interim facility. These programs work in an integrated model to divert eligible individuals, impacted by mental illness and substance abuse, from inappropriate admission to hospitals and jails by providing a more appropriate therapeutic alternative.
- **Referral Source:** Law Enforcement & Fire Department agencies in King County, Hospital Emergency Rooms, Mobile Crisis Team, Crisis Connections, and Designated Crisis Responders (DCR)
- **Contract and Funding:** All three programs funded by King County using MIDD and Medicaid funds. MCT has new gap and expansion funding from City of Seattle.

Mobile Crisis Team (MCT): 39 FTE  
North Team: 1600 South Lane Street  
South Team: 1600 Meeker Ave W.

- **Program Description:** The MCT operates 24/7 and is available to assist King County Police and Medics, Designated Mental Health Professionals, Hospital Emergency Room Staff, in providing community-based assessments and crisis intervention services. MCT also provides transportation for clients to appropriate resources. Additionally, MCT may assist CDF/CDIS staff in mental health and substance use assessments and case management functions when not on an outreach. The MCT does all its community outreach in teams of two, and in all weathers and locations within King County.

# Crisis Diversion Facility (CDF): 29 FTE

- **Program Description:** Referrals from hospitals, DCRs, and first responders; jail and hospital diversion. Considered an RTF (Residential Treatment Facility); clients stay for up to 72 hours and receive short-term MH and medical care. Refer to CDIS if needed.

# Crisis Diversion Interim Services (CDIS): 29 FTE

- **Program Description:** The CDIS is a multifaceted environment that focuses on intensive case management and provides key services for individuals who are admitted to the facility. The CDIS provides recovery-based services to assist consumers to resolve crises in the least-restrictive manner.

# Behavioral Health Response Team (BHRT): 7 FTE

Location: 1600 Meeker Ave W. & 1600 S. Lane St

- **Program Description:** Post crisis response and takes into consideration the individual and the community they identify with when making treatment recommendations and referrals to address mental health and substance use. This team collaborates with existing outreach teams and agencies that are operating throughout King County. The team will work with individuals up to three-month period to establish long term linkages in the community and has a cap of 30 individuals at a time on their caseload.
- **Referrral Source:** Local law enforcement; City of Seattle and South King County to triage/dispatch process. Team goes out without LE assistance and makes linkages in the community.
- **Contract and Funding:** **South Team:** Mental health Field Response Team grant, administered through Washington Association of Sheriffs and Police Chiefs. The funding flows from City of Des Moines to King County. **North Team:** City of Seattle-Human Service Division funding, administered by King County.

# Homeless Outreach Stabilization and Transition (HOST): 18 FTE

Location: 216 James Street (team outreaches in the community)

- **Program Description:** This program focuses on individuals with untreated mental illness, amongst the most vulnerable, and living unhoused in the community. These individuals are not accessing formal mental health services, and are also living with untreated substance abuse, and medical issues. This program helps transition individuals to long-term mental health & case management programs, help secure housing.
- **Referral Source:** Concerned community members, hospitals, jails, business owners, outreach providers, other MH programs, family, crisis responders.
- **Contract and Funding:** City of Seattle; HSD (Human Services Department) Project for Assistance in Transition from Homelessness (PATH), and Non-Medicaid Behavioral Health State Contract administered by King County.



# Street Medicine Team (SMT):

Location: Mobile Medical Van all over King County

- This team primarily serves unhoused individuals living in encampments. They provide medical, mental health, and substance abuse services in an outreach and engagement model. This is a partnership between Public Health and DESC.
- **Referral Source:** Take referrals from anyone in the community, and through outreach and engagement efforts in encampments.
- **Contract and Funding:** King County Public Health contract for 1FTE DESC

# Crisis Response Team (CRT): 5 FTE

Location: Seattle Police Headquarters

- **Program Description:** Seattle Police Department (SPD) contracts with DESC to provide Mental Health Professionals to work directly in coordination to help reduce individuals' contacts with 911 system. This team is made up of 4 MHP, and a MHP Supervisor.
- **Contract and Funding:** The program is funded through City of Seattle, Human Service Division which directly contracts w/ DESC. Embedded and works with SPD

# Crisis Respite Program (CRP):

Location: Red Lion Shelter

- **Program Description:** Shelter program; short-term case management services for Individual's coming out of inpatient mental health treatment. Provide medication monitoring, primary care services, and case management services to strengthen linkages in the community.
- **Referral Source:** Inpatient hospital programs
- **Contract and Funding:** King County General Funds, Non-Medicaid Behavioral Health State Contract administered through King County, and HSD through shelter services.

# Community Outreach and Advocacy Team (COAT):

Location: 1618 Lane Street

- **Program Description:** Multidisciplinary team comprised of specialty positions to address individuals many needs. Specialty roles are Occupational Therapist, Mental Health Professional, Behavioral Health Case Management, and Medical Services (RN and Provider). Focuses on ESJ and those affected by the criminal justice system.
- **Referral Source:** Trueblood participant list
- **Contract and Funding:** Trueblood Settlement Funding

# Services and Housing to Access Recovery Program (SHARP):

Location: 1618 Lane Street

- **Program Description:** Multidisciplinary team; outreach and engagement for clients with co-occurring and SUD. Supports in obtaining Permanent Supportive Housing (PSH) and provides outreach post-housing for overall maintenance.
- **Referrals** accepted through Coordinated Entry for All.
- **Contract and Funding:** CABI funding, KC MIDD, HARPS, Foundational Community Support (FCS)

# Substance Use Disorder Programs

Location: 222 Wall Street, 515 3rd Street, 216  
James Ave

- **Program Description:** Empowering individuals that want to address their substance use from a harm reduction, trauma informed, & strength-based model, by respecting an individual's personal choice around their recovery or 'best life'.
- **SUD Outpatient services:** 10 (FTE) This program is a fee for service program and member of the larger King County Provider Network (KCICN).
- **Referral Source:** Walk-in's, Outreach teams, Emergency Room, DESC internal referrals.
- **Contract and Funding:** Contract with King County Provider Network

# Peer Pathfinder Program: 4FTE

Location: 505 3rd Ave

- **Program Description:** Program works with individuals that are using opiates and approaches the work through peer services, harm reduction approach to addressing substance use. The team primary works with unhoused individuals that use opiates to assist individuals with basic needs, and to establish long term connections in the community with service providers and connection to housing.
- **Contract and Funding:** Federal Pathfinder, substance abuse block grant

# Opioid Treatment Network (OTN): 6.2 (FTE)

Location: 216 James Street

- **Program Discription:** This program provides medicated assisted treatment for individual that are actively using opiates using a low barrier approach in which an individual does not need to be connected to SUD OP services.
- **Referral Source:** Self-referral, internal DESC programs, outside agency partners
- **Contract and Funding:** 5.2 FTE OTN Grant ad 1.0 FTE KC-MIDD



# Program of Assertive Community Treatment (PACT):

Location: 222 Wall Street

- **Program Description:** Integrated team approach to serve individuals that are living with severe and persistent mental illness, often complicated by substance abuse and acute medical conditions. The team is made of the following roles: Psychiatrist, Nurses, MHPs, Substance Abuse Professionals, Vocational Specialist, Behavioral Health Case Management, and Peer Specialists. Services provided off-site and in the community.
- **Referral Source:** King County waitlist
- **Contract and Funding:** Medicaid and Non-Medicaid funding, and HARPS housing subsidy

# Support, Advocacy, Growth, and Employment (SAGE):

**Location: 222 Wall Street, 216 James Street, 515  
3rd Avenue**

- Outpatient mental health program that is a member of the larger King County Provider Network (KCICN).
- Harm reduction, trauma informed, and person-centered approach.
- Essential services provided; crisis de-escalation and same day services, consulting with internal DESC teams, payee services, basic needs, day services, recovery groups, individual case management, psychiatric assessments and medication prescribing and monitoring, therapeutic interventions.
- Community and office based. Sited case managers in various housing projects; CM's outreach to shelter and community settings.
- **Referral Source:** Self-referral, hospital, jails, permanent supportive housing, crisis/post crisis services.
- **Contract and Funding:** Contract with King County Provider Network, Medicaid and Non-Medicaid funding.