



City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: *Cadence Sagan*

Board or Commission Name: *Seattle LGBTQ Commission*

Position Title: *Member*

☒ **Appointment** ☐ **Reappointment**

***Term of Position:** *5/1/2026 to 4/30/2028*

☐ *Serving partial term (eligible for full terms thereafter)*

Appointing Authority: ☐ City Council ☒ Mayor ☐ Other: *Insert Appointing Authority*

City Council Confirmation Required? ☒ Yes ☐ No

Residential Neighborhood: *University District*

Appointee brief overview:

Cadence Sagan is a queer, transgender, polyamorous wife & mother to two wonderful toddlers and a chosen daughter in college. She has a long history of environmental, healthcare, and queer advocacy spanning over 20 years. She moved to Seattle after transition because of the strength of the LGBTQ community here. When she's not volunteering, working, or being a mom, Cadence enjoys making art and music.

Cadence is committed to helping our local government officials understand the needs and experiences of LGBT people to benefit our community. As a transgender person who has been unhoused in Seattle and now as a polyamorous mother, she is especially interested in lifting up the needs of those intersectional communities. Cadence's years of experience as a marketer and business consultant will help her advise the commission & council members on how to effectively communicate these needs to the public.

Appointing Authority Signature:

Date Signed: *7/13/26*

Appointing Authority Printed Name and Title:

*Katie B. Wilson
Mayor of Seattle*

Cadence Sagan

Employment History

Chiro One, *Chiropractic technician*

2024 – current

- Medical billing, scheduling, and record-keeping
- Teaching and overseeing physical therapies
- Marking x-rays, completing visual exams
- Greeting patients, new patient intake

Peer Workforce Development, *Community stakeholder*

2024

- Helped revise the training manual for Peer Counselor certification with head writer
- Led groups of stakeholders through the revision process

Bootstrap Commercial Arts, *Co-owner*

2009 – 2023

- Analyzed new clients' businesses to create complex, multi-phased proposals
- Collaborated & managed multiple independent contractors
- Business consulting & organization development
- Website development, deployment, security management, and SEO

Waterbirth Solutions, *Warehousing & kit assembly*

2013 – 2015

- Received, assembled, and shipped water birthing kits/products to hospitals and birthing centers

Applied Colors, Automotive paint technician

2010 – 2012

- Assembled automotive paint repair kits in warehouse

University of Alaska Fairbanks, *Graphic artist*

2006 – 2008

- Graphic artist creating posters, banners, and tickets for all student services

Omni Logistics, *Tarmac worker*

2005 – 2006

- Fleet operations on the tarmac

Orange Paradise, *Co-owner*

2004

- Computer component selection, assembly, and testing
- Communicated with clients via email, phone, and in-person meetings
- Financial duties including reporting to both state and federal agencies

McDonald's, *Cook & cashier*

2002 – 2003

- Cooked, assembled sandwiches, cleaned equipment
- Took orders at drive-thru, cashier at front counter & drive-thru

Education

University of Alaska Fairbanks 2009

- Bachelor of Arts in Art
- Music minor

Certifications & Awards

- Certified Peer Counselor
- Microsoft Office User Specialist
- Eagle Scout
- A+ Certification

Volunteering

- Ingersoll Gender Center
- People's Harm Reduction Alliance
- HRC (Human Rights Campaign)
- Peer Support Advisory Group

Skills

Leadership & Management

- Managing employees & contractors
- Written & verbal communication
- Multitasking & effective prioritization
- Well-organized, creating practical plans
- Leading meetings & presentations

Medical & Behavioral Health

- Patient intake & assessment
- Motivational interviewing
- HIPAA compliance
- Medical billing

Organizational Development

- Policy creation & codification
- DEI consultation
- Mission/vision statement creation & implementation

Information Technology

- Database management
- IT networking administrator
- Software & hardware tech support

Board Experience

Jefferson County Public Health Department, *Board member* 2023 – 2024

- Seated as the “Consumer of Public Health”
- Re-initiated & lead the subcommittee on new member onboarding materials

Northwind Arts Center, *Board member* 2017 – 2020

- Created processes for board members to document institutional knowledge
- Created policy and procedure manuals for staff
- Oversaw migration to modern SaaS collaboration and workflow tools

Fund for Women & Girls, *Board member* 2015 – 2017

- Created policy & procedure manual for marketing & communications
- Oversaw migration to modern SaaS collaboration and workflow tools

SEATTLE LBGTQ COMMISSION

21 Members: Pursuant to SMC 3.14.920, all members subject to City Council confirmation, with 2-year terms except for the Get Engaged member who will serve a 1-year term pursuant to SMC 3.51.

- 8 City Council-appointed
- 9 Mayor-appointed
- 4 Other Appointing Authority-appointed:

Roster as of July 2026

Position Number	Position Title	Appointee Name	Term Begin Date	Term End Date	*Term Number	Appointed By
1	Member	Jesse Gavrielle Davis	5/1/25	4/30/27	1	City Council
2	Member	VACANT	5/1/25	4/30/27	1	Mayor
3	Member	Sinomi Adeleine Sison	5/1/25	4/30/27	1	City Council
4	Member	Robert Parkstone	5/1/25	4/30/27	1	Mayor
5	Member	Jeremy Erdman	5/1/25	4/30/27	2	City Council
6	Member	Carl G Harris	11/1/25	10/31/27	1	Mayor
7	Member	Kody Allen	11/1/25	10/31/27	2	Commission
8	Member	Cadence Sagan	5/1/26	4/30/28	1	Mayor
9	Member	VACANT	5/1/26	4/30/28	1	City Council
10	Member	VACANT	5/1/26	4/30/28	1	Mayor
11	Member	Sawyer McCrabb	5/1/26	4/30/28	1	City Council
12	Member	VACANT	5/1/26	4/30/28	1	Mayor
13	Member	VACANT	5/1/26	4/30/28	1	City Council
14	Member	Barry Fuentes	11/1/24	10/31/26	1	Mayor
15	Member	Dominic Del Castillo	11/1/25	10/31/27	1	City Council
16	Get Engage	VACANT	9/1/25	8/31/26	1	Mayor
17	Member	Ashley E. Ford	5/1/26	4/30/28	2	City Council
18	Member	Scott Humphreys	11/1/25	10/31/27	1	Mayor
19	Member	Chris Curia	11/1/25	10/31/27	1	Commission
20	Member	Andrew Ashiofu	5/1/26	4/30/28	3	Commission
21	Member	VACANT	5/1/26	4/30/28	1	Commission

Self-identified diversity chart

Appointing Authority	Male	Female	Transgender	Non-Binary	N/A	Asian	Black/ African American	American Indian/ Alaska Native	White/ non-Hispanic	Hispanic/ Latinx	Pacific Islander	Middle Eastern	Multi-racial	N/A
Mayor														
Council														
Other														
Total														

City Council districts represented

Council District	District 1	District 2	District 3	District 4	District 5	District 6	District 7	N/A
Total	2			2	2		1	

**For most boards and commissions, the term begin and end date is fixed and tied to the position and not the appointment date.*