



City of Seattle Boards & Commissions Notice of Appointment

Appointee Name: *Sawyer McCrabb*

Board or Commission Name: *Seattle LGBTQ Commission*

Position Title: *Member*

☒ **Appointment** ☐ **Reappointment**

***Term of Position:** *5/1/2026 to 4/30/2028*

☐ *Serving partial term (eligible for full terms thereafter)*

Appointing Authority: ☒ City Council ☐ Mayor ☐ Other: *Insert Appointing Authority*

City Council Confirmation Required? ☒ Yes ☐ No

Residential Neighborhood: *Capitol Hill*

Appointee brief overview:

Sawyer McCrabb (he/him) is a newer Seattleite, who moved from Washington, D.C. to Washington State with his partner in 2025 to find more security, joy in nature, and plant roots in community. Throughout his time in D.C., he worked for his hometown's Representative from Connecticut for six years, a team with which he built a career grounded in coalition work and direct community engagement. He departed his work in the federal government to pursue these values at the local and state level. Though a New Englander most of his life, Sawyer believes in the power of connecting with people regardless of their background, walk of life, or geographic location. He currently serves as the Executive Director for Fix Democracy First, a nonprofit focused on enhancing civic engagement and voter power in Washington state.

Appointing Authority Signature:

Date Signed: *6/30/2026*

Appointing Authority Printed Name and Title:

*Councilmember Dionne Foster
Seattle City Council*

Sawyer McCrabb

Topline: Former Congressional professional with six years of experience, now based in Seattle, seeking to leverage federal expertise and invest in the power of local systems. Currently balancing part-time work while planting community roots through Seattle-based volunteer groups.

Professional Experience

Office of Congressman Joe Courtney (CT-02) | Washington, D.C. (January 2020 – August 2025)

Legislative Assistant

- Policy Portfolio: LGBTQ+/Civil Rights; Elections; Oversight; Government Reform; Energy; Environment; Technology & AI; Water; Telecomms; Consumer Rights; Judiciary; Small Business.
- Spearheaded Congressman's leadership on 5 bills, maneuvering the legislative process to pass 3 in the full House or committee, despite being in the minority party.
- Researched, framed, and synthesized information to brief the Congressman on official votes, policy recommendations, committee proceedings, presidential administration activity, and meetings.
- Represent Member interests into 3-6 daily meetings, collaborating across hundreds of stakeholders to discuss policy, assess district issues, identify key considerations, and update constituencies.
- Strategized elevation of Member priorities, envisioned opportunities for positive publicity, advised on district events, conducted outreach to stakeholders, and drafted communications materials.
- Collaborated with staff to enhance Member's engagement through Congressional Equality Caucus.
- Tracked emerging LGBTQ+ policy issues across all three branches of the federal government, providing internal analysis and leveraging constituent support to recommend legislative responses.

Legislative Correspondent & Staff Assistant

- Researched and drafted 1,800+ constituent letters while curating a library of 20,000 letters, continually refining messaging to align with legislative activities, district priorities, and political dynamics.
- Developed sustainable office procedures to manage a constituent mail program, reducing a two-year-old mail backlog by 82% in one month, and creating an eloquent congressional record statement program.
- Administered office's CRM to analyze, process, judge the importance of, and respond to up to 4,000 constituent messages per week.

LGBT Congressional Staff Association | Washington, D.C. (February 2023 – April 2024)

Board of Directors – Community Engagement

- Planned and executed a panel event, facilitating a trilateral partnership with key stakeholders.
- Built a coalition of 13 government staff associations for networking events, attracting 1000+ attendees

Courtney for Congress | Norwich, CT (July 2018 – November 2018)

Field Organizer

- Recruited 300+ volunteers to contact 17,000 voters through NGP VAN by attending community events, engaging stakeholders, and deploying relational organizing tactics across 15 towns.
- Planned and hosted unified, daily voter engagement events by leveraging relationships to manage territorial stakeholder dynamics up and down the ballot.

Education

University of Connecticut | Storrs, CT
Bachelor of Arts in Political Science

Magna Cum Laude
Student Government President

SEATTLE LGBTQ COMMISSION

21 Members: Pursuant to SMC 3.14.920, all members subject to City Council confirmation, with 2-year terms except for the Get Engaged member who will serve a 1-year term pursuant to SMC 3.51.

- 8 City Council-appointed
- 9 Mayor-appointed
- 4 Other Appointing Authority-appointed:

Roster as of July 2026

Position Number	Position Title	Appointee Name	Term Begin Date	Term End Date	*Term Number	Appointed By
1	Member	Jesse Gavrielle Davis	5/1/25	4/30/27	1	City Council
2	Member	VACANT	5/1/25	4/30/27	1	Mayor
3	Member	Sinomi Adeleine Sison	5/1/25	4/30/27	1	City Council
4	Member	Robert Parkstone	5/1/25	4/30/27	1	Mayor
5	Member	Jeremy Erdman	5/1/25	4/30/27	2	City Council
6	Member	Carl G Harris	11/1/25	10/31/27	1	Mayor
7	Member	Kody Allen	11/1/25	10/31/27	2	Commission
8	Member	Cadence Sagan	5/1/26	4/30/28	1	Mayor
9	Member	VACANT	5/1/26	4/30/28	1	City Council
10	Member	VACANT	5/1/26	4/30/28	1	Mayor
11	Member	Sawyer McCrabb	5/1/26	4/30/28	1	City Council
12	Member	VACANT	5/1/26	4/30/28	1	Mayor
13	Member	VACANT	5/1/26	4/30/28	1	City Council
14	Member	Barry Fuentes	11/1/24	10/31/26	1	Mayor
15	Member	Dominic Del Castillo	11/1/25	10/31/27	1	City Council
16	Get Engage	VACANT	9/1/25	8/31/26	1	Mayor
17	Member	Ashley E. Ford	5/1/26	4/30/28	2	City Council
18	Member	Scott Humphreys	11/1/25	10/31/27	1	Mayor
19	Member	Chris Curia	11/1/25	10/31/27	1	Commission
20	Member	Andrew Ashiofu	5/1/26	4/30/28	3	Commission
21	Member	VACANT	5/1/26	4/30/28	1	Commission

Self-identified diversity chart

Appointing Authority	Male	Female	Transgender	Non-Binary	N/A	Asian	Black/ African American	American Indian/ Alaska Native	White/ non-Hispanic	Hispanic/ Latinx	Pacific Islander	Middle Eastern	Multi-racial	N/A
Mayor	3				2				3					2
Council	3	2	3		1	1			2	1				2
Other	2				1		1		2					
Total	8	2	3		4	1	1		7	1				4

City Council districts represented

Council District	District 1	District 2	District 3	District 4	District 5	District 6	District 7	N/A
Total	2		1	2	2		1	

**For most boards and commissions, the term begin and end date is fixed and tied to the position and not the appointment date.*